



The Stotty School News 17.7.2026



1 -

Part of The Four Stones Gateway Trust

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If viewing on a phone and you can't see all the text just swipe up on the writing.

Diary dates for the week ahead



Upcoming Diary Dates	
Saturday 18 th July	Chorley Chapel Cream Teas
Tuesday 21 st July	SGN Holiday Club - 8am to 5.30pm
Wednesday 22 nd July	
Tuesday 28 th July	SGN Holiday Club - 8am to 5.30pm
Wednesday 29 th July	
Tuesday 18 th Aug.	SGN Holiday Club - 8am to 5.30pm
Wednesday 19 th Aug.	
Tuesday 25 th Aug	SGN Holiday Club - 8am to 5.30pm
Wednesday 26 th Aug	
Tuesday 1 st September	PD Day - School and holiday club not open
Wednesday 2 nd September	Welcome Back! 1 st Day of Autumn 2026 Term

Thank you



Staff would like to relay their thanks for gifts and cards today. Whilst we do not expect this, we are grateful for the gesture. We wish everyone a lovely summer holiday and look forward to seeing you all in September (refreshed and ready to start a new year).

FoSPS - Fete Fundraising Success



*We are delighted to announce that, following the success of this year's fête, we have raised **in the region of £3,400**. This amazing amount will be shared between **FoSPS** and **the Church**.*

We could not have achieved this without the incredible help, support, generosity, and hard work of our volunteers, stallholders, donors, and everyone who attended. Thank you to all who contributed to making the day such a wonderful success. Your support is greatly appreciated and has helped make a real difference.

Leavers Service

What a wonderful celebration of our Year 6 children (well done Severn class). The singing was amazing and there was a lovely mix of poetry and instrumental performances. We wish you continued success as you take the next step to Secondary. Be brave, be curious, be kind and never forget just how much potential you have.





Learning to Grow Food 2026 Competition



The school took part in this year's Cleobury Gardeners 'Learning to Grow Food Competition', we are delighted to say that we were 'runners up' in the pre-school and the school's categories:

Pre-School: Runner up - Stottesdon Gateway Nursery

Schools: Runner up - Stottesdon Gardening Club and Rea Class

The judges commented: 'the outcomes were of a very high standard, and it was hard for us to make our final decisions'.

The competition was sponsored by The Rotary Club of Ludlow, who supplied the fabulous prizes which included a tumbling composter, a heated propagator and gardening tools.





Sports Day

On Tuesday this week children took part in our annual Sports Day, the sun shone on what was a fun-filled morning.

The children encouraged and supported their teams brilliantly throughout the event, displaying fantastic teamwork and sportsmanship.

It was lovely to see such a wonderful turnout, with so many family members attending to cheer the children on. Thank you to everyone who came along and helped make the morning so special.

Congratulations to **Highland**, our winning team on the day! Well done to all the children for their enthusiasm, effort and participation.



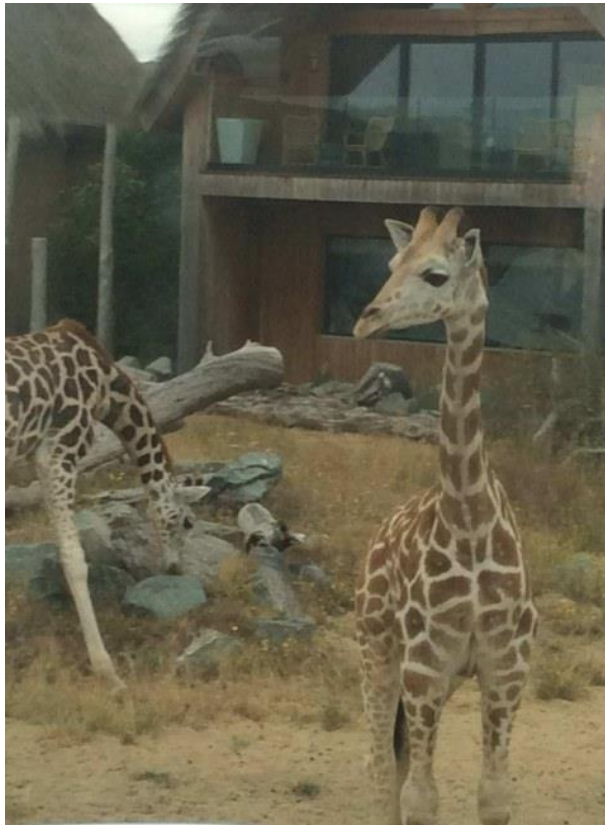


Teme & Rea Class Trip to West Midlands Safari Park



*On **Monday 13th July**, children in **Teme and Rea Classes** enjoyed a visit to **West Midlands Safari Park**. During the visit, they were accompanied by a **Safari Ranger** as they explored the animal park, followed by a **discovery session**.*

*We are incredibly grateful to **FoSPS** for generously covering the majority of the trip costs.*







Nursery Graduation

Thank you to all of our families who joined us for the Nursery Graduation and Sports Day.

It was a wonderful opportunity to celebrate the children's achievements, growth and successes throughout the year. We were so proud to see the children taking part with such enthusiasm, confidence and determination, whether competing in the sports activities, kindness to younger siblings, singing beautifully or proudly receiving their graduation certificates.

Your support, encouragement and attendance helped make the day so special.







Teme & Rea DT Lesson

Teme & Rea Class enjoyed using their new skills of the claw grip, the bridge hold, using peelers and juicers to design, make and evaluate colourful healthy salads. We hope you enjoyed sampling them at home.







Mobile Phones in School : Policy Update for September 2026

*As part of the Four Stones Gateway Trust's commitment to providing calm, safe and purposeful learning environments, all Trust schools will be mobile-free throughout the school day from September 2026. This is in response to the DfE's statutory guidance which states that schools should be "**mobile phone-free environments by default**" and should have policies that **prohibit the use of mobile phones throughout the school day**. It also notes that schools may choose systems including pupils **handing phones in on arrival** and having them stored securely until the end of the day.*

Whilst this change will have the greatest impact in secondary schools (and it is good for primary parents to know about this), our expectations for primary pupils remain largely unchanged: we do not expect pupils to bring mobile phones or other personal communication devices to school.

However, we recognise that, in a small number of exceptional circumstances, parents and carers may feel that a mobile phone is necessary, for example where a child travels independently to and from school. If a pupil brings a mobile phone to school, it **must be handed in to the school office immediately on arrival**. The device will be stored throughout the school day and can be collected from the office at the end of the day. Mobile phones **must not be kept in pupils' bags, pockets or classrooms during the school day**.

If you have any questions regarding this policy, please contact the school office. Thank you for your support.

Great British Summer Savings



From 25th June to 1st September the Government is temporarily cutting VAT from 20% to 5% on children's meals in restaurants, children and family tickets to cinemas, theatres, concerts and exhibitions, and admission to a wide range of attractions. Combined with free bus travel during August for children aged 5 to 15 in England, families and young people will be able to enjoy experiences that make summer special, including visits to the kinds of cultural and educational attractions that enrich children's lives outside the classroom.

As part of this campaign, we have launched an **attraction finder** website which allows families to type in their postcode and find participating venues near them to make the most of summer savings. To use the attraction finder, please visit <https://summersavings.gov.uk>.

Thank you



© Designalike

We would like to extend our thanks to the following people:

Mrs Crook for the lovely bedding plants she provided the school with, they have made the entrance to the school so much more colourful and bright.

Mrs Roberts for providing the school with some tomato plants, the children are nurturing these, so hopefully they will soon be bearing fruits.

Mrs Kennett for coming into school each week to read with the children in Corve Class. It is so beneficial to the children.

Mrs Joanne Beattie for very kindly giving up her time to help with the swimming sessions this term.

We are extremely grateful for your donations and time, it is much appreciated.

Asthma

NHS
Shropshire, Telford
and Wrekin

BACK TO SCHOOL

If your child has asthma, remember to schedule their yearly review before school restarts.

Every September, we see a rise in asthma attacks. Asthma reviews can check lung health and support children to keep their asthma under control.

Get ahead of asthma - book a review with your GP practice.

TO DO LIST

- ☒ New uniform
- ☒ New bag
- ☐ Asthma review
- ☐
- ☐

NHS
Shropshire Community Health
NHS Trust

1

Make sure your child has an ASTHMA ACTION PLAN

Children with an asthma action plan are four times less likely to have to go to hospital for their asthma.

2

Make sure you know HOW TO USE AN INHALER

Getting the inhaler technique right with a spacer or facemask is one of the most important things you can do to help your child stay well.

3

ATTEND YOUR CHILD'S ASTHMA REVIEW

Scheduling an asthma review once a year (and after every attack) can help children and young people manage their symptoms.

4

CONSIDER AIR POLLUTION AND ITS IMPACT

Air pollution can trigger asthma, but knowing the triggers can help children and young people to manage their condition.

The Community Children's Asthma Nurse Team have asked us to share the information attached to this week's school news.

If you child has asthma:

- *Make sure your child has an asthma action plan - **please get in touch with the school office to update any existing plan you have***
 - *Make sure your child knows how to use an inhaler*
 - *Schedule an asthma review once a year to help manage your child's symptoms*
-

Term Dates 2026 / 2027 and 2027 / 2028

Please find attached term dates for 2026 / 2027 and 2027 / 2028.

We hope you appreciate advance notice of the 2027 / 2028 dates in order to book holidays out of term time.

SGN Summer Holiday Club



The SGN Summer Holiday Club will, subject to bookings, be available on the following dates:

Tuesday 21st July - Pool Meadow - Children 3yrs old and above

Wednesday 22nd July - Making pizza

Tuesday 28th July - Bike and scooter club

Wednesday 29th July - Pool Meadow - Children 3yrs old and above

Tuesday 18th August - Baking cupcakes

Wednesday 19th August - Tye Dye - Please bring a white tshirt

Tuesday 25th August - Pool Meadow - Children 3yrs old and above

Wednesday 26th August - Baking jam tarts

If you would like your child to attend any of these sessions, would you please book via Arbor.

HAF Programme



Shropshire Council's Holiday Activities and Food (HAF) Programme is running throughout this summer.

Fully funded by the DfE, the HAF Programme provides free holiday clubs and healthy meals to eligible families across the county from 20th July to the 28th August.

Children aged 4 to 16 who receive benefits-related free school meals, or are referred by professionals due to them experiencing financial hardship, can join exciting activities like sports, crafts, cooking, and outdoor games in community venues across the county.

Taking part in the activities is free for eligible children and young people and each session includes a nutritious meal, with plenty of opportunities to learn about healthy eating.

To check eligibility and to book, visit the [HAF website](#). Eligible families will need a unique HAF code from their school or referral professional. All places must be booked in advance and eligibility checks will apply.

Notification of an increase to Nursery & Wrap Around Care Fees

In line with the increase to the free funding rates, the Nursery and Wrap Around Care Hourly Rate is being increased to £6.00 an hour from September 2026.

*Tax Free Childcare can be used for Nursery and Wrap Around Care Fees:
<https://www.gov.uk/tax-free-childcare>*

Notification of increase in price of Nursery Meals



Please see the attached letter from Innovate regarding a price increase to nursery meals from September 2026.

Nursery meals will increase to £2.95.

Chorley Chapel Cream Teas



On Saturday 18th July from 2pm - 4pm there is a cream tea community event at Chorley Chapel.

Thank you to those of you that have volunteered to help.

We have split the children into two groups - a 2pm to 3pm group and a 3pm to 4pm group, the office will have notified you of the shift you have been allocated. Mrs Jones will be there to supervise and support.

This is a fantastic way to feel part of the community and get involved in multi-generational events.

Parenting Signposts



The Best Start in Life campaign, aims to increase awareness of the importance of early years in a child's development and the role of early years education.

Please visit their website (formerly Childcare Choices): <https://www.beststartinlife.gov.uk/>

The website contains a wealth of information from pregnancy through to starting school.



Please find link below to the excellent guide that has been produced to support parents in their decision making and oversight of what children are doing online:

<https://www.childrenscommissioner.gov.uk/resource/what-i-wish-my-parents-or-carers-knew-a-guide-for-parents-and-carers-on-managing-childrens-digital-lives/>

Understanding Your Child with SEND - Autumn 2026

Understanding Your Child with SEND

From Toddler to Teen

"I met others going through the same things. It really helped me feel less alone."
"The group boosted my confidence as a parent."

Join our friendly, relaxed group!

Join our friendly, free group for parents and carers of children with SEND. Connect with others, deepen your understanding of your child, and explore what's going well and what you'd like to change. Small changes make big differences!

Upcoming Sessions (once a week over 10 weeks, excl. half terms and bank holidays)

- 22nd September 2026 from 5.00 to 7.00pm Online via MS Teams
- 25th September 2026 from 9.30 to 11.30am Online via MS Teams

SEND groups are for parents/carers of children who may have special educational needs or disabilities. No formal diagnosis is needed.

What We'll Talk About

- Communication and building confidence in your relationship with your child
- Exploring routines such as sleep and bedtime
- Understanding behaviour and emotional regulation
- Child development and ways you can support it

Want to Join Us?

Email: parenting.team@shropshire.gov.uk
Call: 01743 250950
Visit: [The Parenting Team | Shropshire Council](#)

Prefer flexible online learning?

Try our free online learning pathways at [Becoming Togetherness - Togetherness](#)



Understanding Your Child Groups - Autumn 2026



Understanding Your Child

0 – 5 years

"I met others going through the same things. It really helped me feel less alone."

"The group boosted my confidence as a parent."

Join our friendly, relaxed group!

Parenting can be full of ups, downs, big feelings and lots of learning — for both you and your child! Your child's early years are full of change and transition, such as starting nursery or school and moving into the next phase of development. In our weekly sessions we will explore ways how you can support your child through these transitions and other tricky moments. Join us and other parents and carers to share simple ideas that can make life calmer and more positive.

Upcoming Session

- starts Monday 21st September, 12.30–2.30pm at The Lantern, Shrewsbury, SY1 4NG

the group meets once a week over 10 weeks, excl. half terms and bank holidays with the last session being on Monday 30th November 2026.

What We'll Talk About

- Transition periods in your family's life
- Communicating and building connection with your child
- Routines like sleep and bedtime and any other routines you have as a family
- Understanding behaviour and big emotions
- Child development and how you can support it

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Understanding Your Child

From Toddler to Teen

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"The group boosted my confidence as a parent."

Join our friendly, relaxed group!

Parenting can be full of ups, downs, big feelings and lots of learning — for both you and your child! Come and join us as we chat about what's going on for you and your family. Together we'll make sense of tricky moments and share simple ideas that can make life calmer and more positive.

Upcoming Sessions (once a week over 10 weeks, excl. half terms and bank holidays)

- 21st September 2026 from 9.15 to 11.15am at Brown Clee Primary School, Bridgnorth (WV16 6SS)
- 21st September 2026 from 9.00 to 11.00am at St Giles Primary School, Shrewsbury (SY2 5NL)
- 22nd September 2026 from 12.45pm to 2.45pm at Sundorne Infants School, Shrewsbury (SY1 4QN)
- 23rd September 2026 from 9.15 to 11.15am at Coleham Primary, Shrewsbury (SY3 7EN)
- 23rd September 2026 from 1.15 to 3.15pm at St Laurence Primary School, Ludlow (SY8 1TP)
- 24th September 2026 from 1.00 to 3.00pm at Bishops Castle Primary School (SY9 5PA)
- 25th September 2026 from 12.30 to 2.30pm Online via MS Teams

What We'll Talk About

- Communicating and building connection with your child
- Routines like sleep and bedtime and any other routines you have as a family
- Understanding behaviour and big emotions
- Child development and how you can support it

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[Becoming Togetherness - Togetherness](#)



Understanding Your Child - Male Carer Group - Autumn 2026



Understanding Your Child

A group for dads, grandads and any male carer of children and teens

"I met others going through the same things. It really helped me feel less alone."

"The group boosted my confidence as a parent."

Join our friendly, relaxed group!

Parenting can be challenging, whatever age your child is. This group offers practical ideas, straight-talking support, and a chance to hear what has helped other parents in real life.

Join Peter and Tracy from the Parenting Team and other parents and carers, to explore what's happening for your child, understand tricky behaviour, and pick up simple strategies to make family life feel calmer and more manageable.

Upcoming Sessions

- Starts Tuesday 22nd September 2026, 5.00pm to 7.00pm in Shrewsbury - venue to be confirmed

The group meets once a week over 10 weeks, excl. half terms and bank holidays with the last session being on Tuesday 1st December 2026.

What We'll Talk About

- Communicating and building connection with your child
- Routines like sleep and bedtime and any other routines you have as a family
- Understanding behaviour and big emotions
- Child development and how you can support it

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[Becoming Togetherness - Togetherness](#)




Sleep Tight Work Shops - Autumn 2026



Free Sleep Tight Groups

"It's been eye opening to see how many different things can affect children's sleep. I have learnt so much and now have new ideas to try out."

"I feel more confident in bedtime routines, and less alone in the fact my child struggles with sleep"

Join our friendly, relaxed group!

We all know how important a good night's sleep is for your child's growth and development. When children sleep well, it helps them do better at school, react more quickly, build stronger memories, and learn and solve problems more effectively. It can also help them stay healthier, feel less irritable, and manage their behaviour more positively.

There are many different factors that can affect your child's sleep, and it can sometimes feel hard to know where to start. Join us to learn more, share experiences, and pick up helpful tips to support your child in getting the rest they need.

Upcoming Sessions (once a week over 5 weeks, excl. half terms and bank holidays)

24th September 2026
 Sleep Tight Group
 from 9.30 to 11.30am
 Virtually via MS Teams
 or
 12th November 2026
 Sleep Tight SEND Group
 from 9.30 to 11.30am
 Virtually via MS Teams

The SEND groups are suitable for parents/carers of children who have special educational needs and disabilities, no formal diagnosis is needed to attend our groups.

What We'll Talk About

- Benefits of good sleep for our health and emotional wellbeing
- Sleep and bedtime routines for the whole family
- Sleep diaries
- Nutrition and food and their impact on healthy sleep and bedtime routines
- Meet other parents/carers to share and discuss experiences

Want to Join Us?

Email: parenting.team@shropshire.gov.uk
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'Kids' Shropshire Universal Autism Support Service



Shropshire Universal
Autism Support Service

Kids offer warm, supportive services for parent carers and families of children and young people with additional needs and disabilities across Shropshire. We help provide families with practical tools, emotional support and confidence to help families thrive.

"Kids are here to support families every step of the way."



Families can access a bespoke package of support including:

- Riding the Rapids programme
- Coffee mornings and drop-in sessions
- Neurodivergency workshops
- Autism, ADHD and Demand Avoidance Workshops
- EBSA workshops
- Sleep support
- Behaviour workshops
- One-to-one support

Child and young person:

- Understanding Me - group sessions
- LEGO® therapy sessions
- Managing emotions and feelings
- therapeutic activities/sessions



Disabled children
say we can

Registered office: 249 Birmingham Road, Wyde Green, Sutton Coldfield B72 1JA
Company limited by guarantee no: 1346252
Registered charity number: 275935

Tel: 01743 644506
Email: kids.shropshire@kids.org.uk

This is a commissioned **free support service** providing information, advice and guidance to parent carers, families, and children/young people up to the age of 19.

The support is offered by friendly staff with lived experience across several platforms to ensure maximum accessibility – online peer support groups and training sessions, drop in coffee and chats in our communities, in person family events and on line resources.

The support is available to all Shropshire families, no diagnosis is necessary and we warmly encourage parent carers and families to talk to Kids and access their support offer as early as possible, they provide a wide range of support covering sleep, sensory issues, emotional based school avoidance, Lego therapy & parent workshops. Professionals support workshops are also available to staff.

Please see link [Shropshire Universal Autism Support Service - Kids](#)

Parenting Help & Support Line

Shropshire Parenting Help and Support Line

01743 250950

Mon - Thurs, 9.30am - 4.30pm

Fri, 9.30am - 3.30pm

No judgment, just support.



Shropshire Public Health Nursing Team



Follow Us on Facebook

For Our Latest Public Health Information & Updates

 @ShropshirePublicHealthNursingService



SHROPSHIRE 0-19 PUBLIC HEALTH NURSING SERVICE

Shropshire Family Information Service



What is Shropshire Family Information Service:

The Shropshire Family Information Service (FIS) is a brilliant universal service. The FIS brings together loads of useful, local information for families, to help take the stress out of things like finding:

- Childcare or baby and toddler groups
- Holiday clubs, events and things to do as a family
- Parenting, relationships, and emotional health and wellbeing support
- Cost of Living info and advice

FIS use our social media channels to bring families news, events and handy information, which links through to our [Family Information Directory](#). Families are welcome to contact us directly for help with anything to do with family life. We have created a brand new short video to explain who we are and what we do. You can view it here on YouTube

https://youtu.be/7t1jBqJTI8?si=LeOiNag8_LeSPzX0

What we would love you to do:

1. Follow us on social media. We use social media as a key tool for reaching parents and professionals, so give us a follow and we will follow you back.

[Family Info Service Facebook](#)

[Family Info Service Instagram](#)

[Family Info Service Twitter](#)

2. Subscribe to our newsletter <https://orlo.uk/5RvZN>



From 1 December, a new, free 24/7 mental health text support service is available for people of all ages living in Shropshire, Telford and Wrekin (STW), delivered by qualified mental health professionals. The service is delivered by SHOUT on behalf of Midlands Partnership University NHS Foundation Trust (MPFT) who are commissioned by NHS Shropshire, Telford and Wrekin. Why is it important? The service expands access to immediate mental health support, complementing existing services such as NHS 111 option 2, and supports the national transformation of NHS mental health care by improving responsiveness, inclusivity and accessibility.

How to access?

Text **'STW'** to **85258**, free of charge and at any time, to start a conversation with a trained mental health professional.

Benefits to Patients

- **Easy access.** No need to speak on the phone or wait for an appointment. Text at any time from anywhere.
- **24/7 support.** Available day and night, including weekends and holidays.
- **Mental health-focused.** Tailored to people experiencing mental health difficulties, delivered with compassion and understanding.
- **Discreet and private.** Ideal for those who prefer not to talk on the phone or need support in a public place.
- **Inclusive and equitable.** Helps reduce inequalities by offering support to anyone across STW.
- **Integrated with local services.** If needed, text responders can help you signpost to local services like NHS 111, crisis teams, or other community-based mental health support.

If someone feels unsafe or at immediate risk, they should call 999, as the text service is not intended for urgent emergencies. Individuals already receiving mental health support should contact their named worker first, in accordance with their care plan.

Further information can be found by following this link:

<https://www.shropshiretelfordandwrekin.nhs.uk/news/mental-health-text-service-launch/>

BeeU Emotional Health and Wellbeing



Are you a parent/carer to a child under the age of five?

Are you concerned about meeting their emotional needs or some challenging behaviours that you are seeing?

Would you like to have a better relationship with your baby or child?

Do you worry about your bond or attachment with your baby or child?

Do you worry that you are not able to meet the needs of your baby or child?

Here at BEEU we can help you explore the answers to some of these questions and many more issues that you may be affected by

Our practitioners can offer a listening ear and help you make sense of some of the thoughts and feelings you have around your relationship with your baby/child.

We may also be able to offer a therapeutic intervention if you wish and is appropriate

We have two practitioners who are trained in Video Interaction Guidance (VIG) therapy which is an evidence-based approach to supporting better relationships with parents and their baby/infants in the early years. You can find out more about VIG at [What is VIG? | AVIGuk](#)

If you would like to find out more about our service and if it is right for you or would like to speak to one of our practitioners please contact BeeU via email:

beeuearlyyears@mpft.nhs.uk

We welcome contact from parents/carers directly.

Togetherness for better emotional health (previously known as the Solihull Approach):

Togetherness is an online learning environment developed by psychologists and health practitioners providing accessible learning about emotional health and wellbeing, proven to positively impact mental health, behaviour and relationships.

To find out more about the free online courses please visit:

<https://inourplace.co.uk/shropshire/>

For more information on the change from 'Solihull Approach' to 'Togetherness' please visit:

<https://inourplace.co.uk/becoming-togetherness/>



How to sign up:

Residents can access these courses for free by entering the Shropshire and Telford & Wrekin

Access Code:

DARWIN18

at inourplace.co.uk.

inourplace 

Bridgnorth Community Information Drop In Sessions

Family Drop-In

Here to help

Free information, advice and support

You can chat, have a drink and see how we can all help you with:

- Family Life
- Children's health and wellbeing
- Drug and alcohol support
- Housing Support
- Domestic abuse support
- Financial advice
- Home fire safety
- Healthy living advice
- Help with getting back to work

Bridgnorth Youth Centre
45 Innage Lane, Bridgnorth WV16 4HS

Every Tuesday from 1.30pm—4pm



Supporting families with children aged 0-19 years (up to 25 years for young people with special educational needs and disabilities)

We aim to make it easier for you to ask for help and get support when you need it.



www.shropshire.gov.uk





COFFEE & CHAT

Stay & Play

Every Tuesday
1pm until 3pm

Bridgnorth Library, 67 Listley Street,
Bridgnorth, WV16 4AW

All families within the local area welcome

Free information, support
& advice around:

- Family Life
- Housing & Finance
- Special Education Needs and/or Disabilities (SEND)
- Parenting Support
- Training & Employment
- Domestic Abuse Support
- And much more...

REFRESHMENTS WILL BE PROVIDED
"PLEASE BRING YOUR OWN SEALED CUP/TRAVEL MUG"



shropshire.gov.uk/early-help



Highley Community Drop In Sessions

Community Drop-ins

How can we help you?

Come along to:
Highley Library, Halo Severn Centre, Bridgnorth Road,
Highley, WV16 6JG

The fourth Friday
of each month
9.30am-12.30pm



Free information, advice
and support around;

- Housing support
- Getting older
- Family Life
- Domestic Abuse
- Special Educational Needs and/or Disabilities (SEND) support
- Parenting support
- Finance support
- Healthy living, and much more!

Sponsored by:



halo



OneplusOne



Introducing the Separating better app, a **free** self-guided mobile app for separating parents, designed to facilitate a smoother separation journey and promote positive co-parenting. This app is filled with expert advice, video resources, practical parenting, and budgeting plans, as well as co-parenting tips. It offers an easy-to-follow journey where you can track your progress and unlock app sections as you go.

Find out more and download the mobile app, now:

https://www.oneplusone.org.uk/separating-better?utm_source=referral&utm_medium=social&utm_campaign=sbaffiliate

For face to face support, go to [Getting on better | Shropshire Council](#) and select Free Courses and Workshops.



An online course to help parents communicate better with each other

Arguing better

Disagreements are a normal part of life, and most couples argue from time to time. How you deal with disagreements can make a big difference to you, your partner, and your children.

This free online course can help you learn to manage difficult conversations, avoid conflict, and improve things for your whole family.



Create your free account at www.oneplusone.org.uk/parents or scan the QR code
To access the course, you will need a good internet connection and a smartphone, tablet, or computer.

oneplusone 1 / 3



An online course for separating parents to help manage conflict and minimise the impact on children

Getting it right for children

When separated parents argue, it's common for children to feel like they are caught in the middle. This free online course is designed to help separated parents communicate better with each other and parent co-operatively after parting.

You will learn positive communication skills like staying calm, seeing things differently, and speaking for yourself so that you can sort out disagreements with your child's other parent and find solutions together. You can do the course on your own, at your own pace.



Create your free account at www.oneplusone.org.uk/parents or scan the QR code

To access the course, you will need a good internet connection and a smartphone, tablet, or computer.




An online course for new and expectant parents

Me, You and Baby too

Tiredness and stress are common when you're caring for a baby. If parenthood is leading to more arguments between you and your partner, this free online course could help.

With tips and advice on how to talk about difficult topics, share stress, and prevent arguments, this short course will help you and your partner navigate challenging times together.



Create your free account at www.oneplusone.org.uk/parents or scan the QR code

To access the course, you will need a good internet connection and a smartphone, tablet, or computer.

Pharmacy First can help families – a new service available in Shropshire, Telford and Wrekin

Pharmacy First can help families with minor illnesses and seven common conditions. If appropriate, treatment can be offered without a prescription for seven common conditions, and it can be quicker to see a pharmacist than a GP. Normal prescription charges and exemptions (those who do not have to pay, including children) will apply.

A pharmacy is a great place to get healthcare advice and treatment. Pharmacies are easy to reach, usually located within local communities, and often open evenings and weekends. This service may help children and colleagues get well and back to nursery/school/work quicker.

Integrated Care System
Shropshire, Telford and Wrekin

NHS
Shropshire, Telford and Wrekin

Kiley, Alex, Chelsie, Jayne, Jasdeep, Karen

Worried about your child's health?
Think 'Pharmacy First'

You can now get treatment for a variety of common conditions and minor illnesses from your local community pharmacy.

Your pharmacy can help with:

- Earache (ages 1-17)
- Infected insect bites (from age 1)
- Impetigo (from age 1)
- Sore throat (from age 5)
- Hay fever (all ages)
- Conjunctivitis (all ages)

If you don't know whether a pharmacist can help with what you need, give them a call first or just pop in.

If you get a prescription through your pharmacy, you'll never pay more than if you had seen your GP.

Health Visiting Information

Every family with children under 5 has access to a health visitor.

Families can access advice and support up until the age of 5 years old by calling **The Single Point of Access on 0333 358 3654**.

If parents don't want to talk to someone, they can send a text and one of the team will get back to them on **07520 635212**

This is a Monday to Friday service 09:30am until 4pm where a Health Visitor is on the line to offer the appropriate advice and support and referrals can be made to the appropriate practitioner.

If parents need extra support or support for potty training, behaviour, sleep, eating we have two Healthy Child practitioner who they can be referred to who will come out to their home or to a clinic to support the family with these issues.

This referral can be completed through the single point of access and sent to the appropriate team.

If it is specialised targeted work the family will be seen by a Health visitor for example low mood or complex development issues, safeguarding or specialised referrals.

All children are seen universally at one years and at two years and they are offered a full health growth and development review via a letter with an appointment.

These are now completed at Cleobury Mortimer Health Centre, Ludlow or Bridgnorth depending on where they live.

PARENT CARER COUNCIL PACC SHROPSHIRE

Accessing Support

Knowing how to access support and who to speak to can be overwhelming and difficult at times. We have created this information sheet of charities and organisations that can provide help and support. You can also contact PACC for support and information on info@paccshropshire.org.uk

Shropshire IASS
Inclusion Advice & Support Service
We provide information, advice and support to parents and carers of children aged 0 to 25, and young people aged 16 to 25 who have, or may have, special educational needs or disabilities (SEND).

autism west midlands
We are the leading charity in the West Midlands for Autistic adults, children, young people and those who love and care for them. Our passionate, expert staff and volunteers work across a range of age groups and abilities.

contact for families with disabled children
We're here for families wherever they live in the UK, and whenever they need us.

SHROPSHIRE LOCAL OFFER
The SEND local offer is a single place for information, services, and resources for children and young people aged 0-25 with special educational needs and/or disabilities, their families, and the practitioners who support them.

PREPARATION PACC FOR ADULTHOOD
The PACC Preparation for Adulthood (PFA) Navigator service is available to help SEND families understand the options available for young people with SEND on their preparation for adulthood journey.

IPSEA
IPSEA is a registered charity in England that provides free legal advice and support to families of children with special educational needs and disabilities (SEND).

PACC (Parent Carer Council) have created an information sheet of charities and organisations that can provide help and support.

Please let us know if you would like a copy.

Otherwise please contact PACC for support and information on info@paccshropshire.org.uk

Celebrating Children's Achievements



The children representing all the hard work and positive attitudes in our school this week.



Sports Stars:

Teme: **Teme** class for embracing their swimming lessons this term!

Rea: **Boyd** for good effort in PE / **Freddie** for making good progress in PE

Corve: **Lincoln** for brilliant encouragement at swimming.

Severn: **All of Severn Class** for their excellent attitude towards rounders.



Pride and Presentation: Award for pupil focus on presentation of work across the curriculum.

Teme: **Caleb** for his effort with using a peeler to make courgette ribbons for his DT Healthy Salad!

Rea: **Alfie D** for his writing in English.

Corve: **Phoebe R** for her poem in RE.

Severn: **Isabelle B** for her maths.



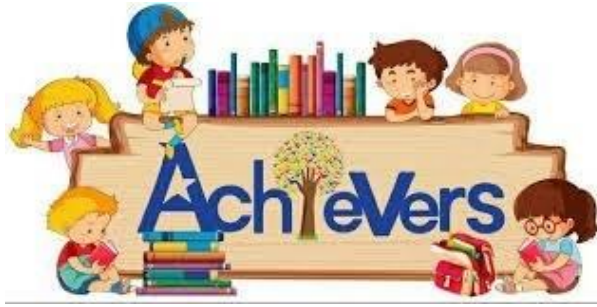
Great Sentence using words of the week:

Teme: The bird ate all of the bird seeds **before** the rat got them. **Tommy**

Rea: On Monday we went to the safari park and the lion crossed the road and looked **both** ways. **Luke**

Corve: I was very **eager** to hear the results for sports day. **Harriet**

Severn: The **arrogant** fighter was quickly humbled. **Spencer**



Class Achievers:

Teme: **All of Teme Class** for their superb knowledge about habitats and their behaviour on the Safari Park trip.

Rea: **Cordelia** for her work in phonics / **Isabella E** for great water safety skills.

Corve: **All of Corve Class** for their hard work and determination all year.

Severn: **All of Severn Class** for their super performance in church today.



Children selected for growing kindness.

Reception: **Teme Class** for always making Mrs RH and Mrs Smith smile! (The endless questions and conversations have been a joy!)

Year 1: **Freddie** for helping a friend.

Year 2: **Ophelia** for looking after a younger pupil when she was upset.

Year 3: **Raith** for voluntarily helping tidy up the playtime boxes.

Year 4: **Hugo** for his positive attitude towards others and learning.

Year 5: **Ottilie** for sharing her equipment with someone who didn't have any.

Year 6: **Charlie** for being so kind and caring towards others.