



The Stotty School News 10.7.2026



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Part of The Four Stones Gateway Trust

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If viewing on a phone and you can't see all the text just swipe up on the writing.

Diary dates for the week ahead



Diary Dates for next week	
Monday 13 th July	Teme / Rea Trip to West Midlands Safari Park - Children will need a packed lunch / water bottle / Sun hat / Sun Screen
Tuesday 14 th July	Sports Morning @ 9am - Would children please bring in a t-shirt in their house colour to wear for the sports: Highland=Green / Shetland=Blue / Shire=Yellow / Dartmoor=Red
Wednesday 15 th July	Nursery Graduation / Sports Day - Parents / family welcome to attend from 2pm Science After School Club - postponed from last week
Thursday 16 th July	Swimming Lessons at Highley for Reception / Year 1 / Year 2 / Year 3 & Year 4 children plus a few older children. Children in Reception and Year 1 will need a packed lunch. Children will need a one-piece swimming costume (no bikini's or tankini's) / trunks, goggles if you have them / if children have long hair a swimming hat is preferable / towel and waterproof bag. If the weather is sunny children will need suncream / sunhat.
Friday 17 th July	Year 6 Leavers Assembly at St. Mary's Church, Stottesdon @ 9.30am Swimming Lessons at Highley - Details as above. Older Children (not those in Reception & Year 1) will be doing lifesaving during this session would children please therefore bring in a pair of shorts (not denim) and a t-shirt as well as their swim wear.
Upcoming Diary Dates	
Saturday 18 th July	Chorley Chapel Cream Teas
Tuesday 21 st July Wednesday 22 nd July	SGN Holiday Club - 8am to 5.30pm - Subject to bookings
Tuesday 28 th July Wednesday 29 th July	SGN Holiday Club - 8am to 5.30pm - Subject to bookings
Tuesday 18 th Aug. Wednesday 19 th Aug.	SGN Holiday Club - 8am to 5.30pm - Subject to bookings
Tuesday 25 th Aug Wednesday 26 th Aug	SGN Holiday Club - 8am to 5.30pm - Subject to bookings
Tuesday 1 st September	PD Day - School and holiday club not open
Wednesday 2 nd September	Welcome Back! 1 st Day of Autumn 2026 Term

Moving up days - taking the next step

All children had a positive session/sessions as they imagined it was September, practised being in their new year group and, for some, with their new teacher and classroom. Children showed themselves to be positive and excited about their next step. In addition to these formal sessions there has been a number of other activities supporting transition (e.g. teacher and TA contact with pupils, deliberate grouping of swimming sessions, SEND provision map evaluation and set up for the new year, teacher hand over of information). If you have any queries please don't hesitate to be in touch.

Great British Summer Savings



From 25th June to 1st September the Government is temporarily cutting VAT from 20% to 5% on children's meals in restaurants, children and family tickets to cinemas, theatres, concerts and exhibitions, and admission to a wide range of attractions. Combined with free bus travel during August for children aged 5 to 15 in England, families and young people will be able to enjoy experiences that make summer special, including visits to the kinds of cultural and educational attractions that enrich children's lives outside the classroom.

*As part of this campaign, we have launched an **attraction finder** website which allows families to type in their postcode and find participating venues near them to make the most of summer savings. To use the attraction finder, please visit <https://summersavings.gov.uk>.*

Severn Class Picnic / Buffet

On the last day of term Severn Class (years 5 and 6) will be having a shared picnic buffet on the field (weather permitting).

Each of the children are starting to put their name down on a list saying what they will be bringing in to share.

Therefore year 5 and 6 children will not need to order a hot lunch or bring in a packed lunch on Friday 17th July (would you please amend their requirements on Impact accordingly - many thanks).

NB: YEAR 6 CHILDREN ONLY - NON-UNIFORM ON 17th July

Swimming

We have secured an additional swimming session (at no further cost to parents) on

*Friday 17th July. The older children (**not those in Reception and Year 1**) will be doing lifesaving during the final swim session, which is due to take place on Friday 17th July. Would the older children therefore please bring in a pair of shorts (not denim) and a t-shirt as well as their swim wear.*

Thank you



© Designalike

We would like to extend our thanks to the following people:

***Mrs Crook** for the lovely bedding plants she provided the school with, they have made the entrance to the school so much more colourful and bright.*

***Mrs Roberts** for providing the school with some tomato plants, the children are nurturing these, so hopefully they will soon be bearing fruits.*

***Mrs Kennett** for coming into school each week to read with the children in Corve Class. It is so beneficial to the children.*

We are extremely grateful for your donations and time, it is much appreciated.

School / Community Fete

A huge thank you to everyone who worked so hard to organise and run what was a truly brilliant school and community event.

From the planning and preparation to the activities on the day, your time, energy and commitment helped make it such a success. We were incredibly fortunate with the weather, the turnout was fantastic, and the atmosphere throughout was warm, friendly and welcoming.

It was wonderful to see so many families, friends and members of the community coming together and enjoying the evening. **None of it would have been possible without the dedication of our organisers, volunteers, staff and supporters.**

Thank you all so much for your hard work and contribution – it was a memorable event and a real celebration of our school and community.

A special thank you to Clare Tibbits, who very generously donated the meat for the BBQ in memory of her husband, **Chris**, who sadly passed away last year.

Chris was a dedicated school governor and worked tirelessly to support our church community. His commitment, kindness, and service touched many lives, and this generous donation is a wonderful way to honour his memory.







Corve Class Activity Days / Residential

The logo for Shropshire Adventures is centered on a teal square background. The word "SHROPSHIRE" is in a bold, black, sans-serif font, and the word "ADVENTURES" is in a bold, white, sans-serif font directly below it.

**SHROPSHIRE
ADVENTURES**

On Monday 6th July & Tuesday 7th July 2026, children enjoyed an action packed stay at Shropshire Adventures.

They took part in Archery / challenge zone / orienteering / caving / laser tag / bushcraft and water sports.

Everyone had a wonderful time as you can see from the pictures below











Sending Books Home

As we reach the end of the academic year, teachers will be sending children's books home next week. Please could children bring a strong bag from home so that they can carry their books safely.

Asthma

NHS
Shropshire, Telford
and Wrekin

BACK TO SCHOOL

If your child has asthma, remember to schedule their yearly review before school restarts.

Every September, we see a rise in asthma attacks. Asthma reviews can check lung health and support children to keep their asthma under control.

Get ahead of asthma - book a review with your GP practice.

TO DO LIST

- ☒ New uniform
- ☒ New bag
- ☐ Asthma review
- ☐
- ☐



The Community Children's Asthma Nurse Team have asked us to share the information attached to this week's school news.

If you child has asthma:

-
- *Make sure your child has an asthma action plan - **please get in touch with the school office to update any existing plan you have***
 - *Make sure your child knows how to use an inhaler*
 - *Schedule an asthma review once a year to help manage your child's symptoms*
-

Term Dates 2026 / 2027 and 2027 / 2028

Please find attached term dates for 2026 / 2027 and 2027 / 2028.

We hope you appreciate advance notice of the 2027 / 2028 dates in order to book holidays out of term time.

School Games 2025/2026



We are delighted to announce that we, Stottesdon CofE Primary School, have achieved the School Games GOLD LEVEL Mark Award for the 2025/26 academic year.

The School Games Mark is a Government-led award scheme launched in 2012, facilitated by the Youth Sport Trust to reward schools for their commitment to the development of competition across their school and into the community, and we are delighted to have been recognised for our success.

We are extremely proud of our pupils for their dedication to all aspects of school sport, including those young volunteers, leaders and officials who made our competitions possible.

As part of our application, we were asked to fulfil criteria in the areas of participation, competition, workforce and clubs, and we are pleased that the hard work of everyone at our school has been rewarded this year.

SGN Summer Holiday Club



The SGN Summer Holiday Club will, subject to bookings, be available on the following dates:

Tuesday 21st July - Pool Meadow - Children 3yrs old and above

Wednesday 22nd July - Making pizza

Tuesday 28th July - Bike and scooter club

Wednesday 29th July - Pool Meadow - Children 3yrs old and above

Tuesday 18th August - Baking cupcakes

Wednesday 19th August - Tye Dye - Please bring a white tshirt

Tuesday 25th August - Pool Meadow - Children 3yrs old and above

Wednesday 26th August - Baking jam tarts

If you would like your child to attend any of these sessions, would you please book via Arbor.

HAF Programme



Shropshire Council's Holiday Activities and Food (HAF) Programme is running throughout this summer.

Fully funded by the DfE, the HAF Programme provides free holiday clubs and healthy meals to eligible families across the county from 20th July to the 28th August.

Children aged 4 to 16 who receive benefits-related free school meals, or are referred by professionals due to them experiencing financial hardship, can join exciting activities like sports, crafts, cooking, and outdoor games in community venues across the county.

Taking part in the activities is free for eligible children and young people and each session includes a nutritious meal, with plenty of opportunities to learn about healthy eating.

To check eligibility and to book, visit the [HAF website](#). Eligible families will need a unique HAF code from their school or referral professional. All places must be booked in advance and eligibility checks will apply.

Notification of an increase to Nursery & Wrap Around Care Fees

In line with the increase to the free funding rates, the Nursery and Wrap Around Care Hourly Rate is being increased to £6.00 an hour from September 2026.

Tax Free Childcare can be used for Nursery and Wrap Around Care Fees:

<https://www.gov.uk/tax-free-childcare>

Mrs Leverett Williams



Following our earlier communication at the beginning of last half term, we would like to remind parents that Mrs Leverett Williams has made the decision to begin a new chapter in her life and will be leaving her teaching post at the end of this academic year.

Mrs Leverett Williams has been a much-loved and valued member of our school community. Through her passion for Music and RE, she has inspired countless pupils, encouraged their creativity, and helped to build their confidence. Her kindness and commitment have made a real difference to the life of the school, and she will be greatly missed by both staff and children alike.

We would like to present her with a gift as a token of our appreciation; if parents would like to contribute, please hand any donations into the school office.

We are sure you will join us in thanking Mrs Leverett Williams for everything she has given to our school and in wishing her every happiness and success in this exciting new chapter.

Chorley Chapel Cream Teas



***On Saturday 18th July from 2pm - 4pm** there is a cream tea community event at Chorley Chapel.*

If there are any children who would like to be helpers (preparing cream teas, taking orders, serving tables and clearing up) please email the office to let me know.

As we have been doing for the 'warm hub', we will split the children into two groups - a 2pm to 3pm group and a 3pm to 4pm group, please let me know which shift you would prefer. Mrs Jones will be there to supervise and support.

This is a fantastic way to feel part of the community and get involved in multi-generational events.

Teme & Rea Class Trip to West Midlands Safari Park



On **Monday 13th July**, children in **Teme and Rea Classes** will be visiting **West Midlands Safari Park**. During the visit, they will be accompanied by a **Safari Ranger** as they explore the animal park, followed by a **discovery session**.

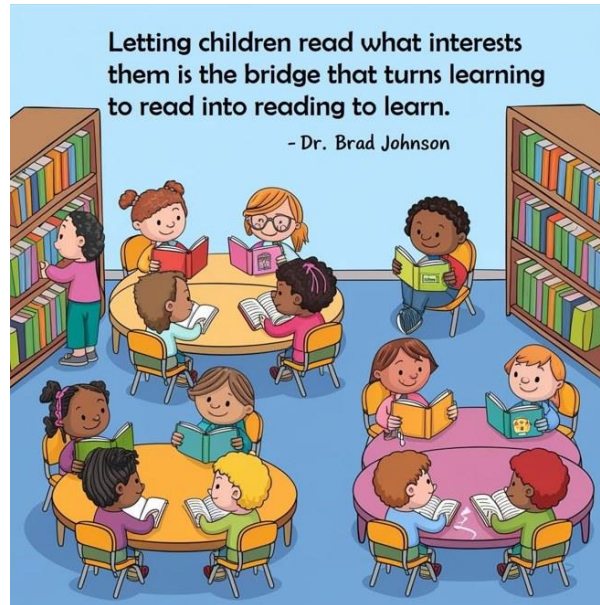
We are incredibly grateful to **FoSPS** for generously covering the majority of the trip costs. However, we kindly request a **voluntary contribution of £7.27** to help cover the remaining balance.

Please could you provide consent and make the contribution via **Arbor** as soon as possible.

Thank you for your continued support.

Celebrating Reading





Reading

Reading with children is one of the most powerful gift parents can give. The development of language, creativity and cultural understanding from reading, discussing and sharing is HUGE so if you are giving this gift thank you for helping to keep this powerful, essential activity 'alive'. Reading is also very powerful as it reduces stress (for the child and the adult!).

Teme: 100%

Rea: 68%

Corve: 77%

Severn: 68%

Nursery & Reception News

Transition Week

This week, our learning has focused on transitions, helping both our current Reception children prepare for their move to Year 1 and welcoming our new Reception cohort. We are incredibly proud of how confidently and enthusiastically the children have embraced this

exciting change. The Reception children enjoyed spending time in their new Year 1 classroom, meeting their new teachers and becoming familiar with the routines and expectations for September. They have shown excellent resilience and independence throughout the process.

On Monday and Tuesday, we were delighted to welcome our new Reception cohort for their transition visits. The children enjoyed exploring the classroom, meeting the team and taking part in a range of activities designed to help them feel comfortable and excited about starting school in September. It has been wonderful to see so many smiling faces, and we look forward to September. Well done to all of the children for making this week such a successful and positive transition experience.

See PDF Welcome to Reception PowerPoint attached to Newsletter

Reminders for Parents

-
- *Please ensure your child brings a named sun hat to school each day*
 - *Apply sun cream before nursery / school*
 - *Send a named water bottle daily*
 - *Please remember that toys from home should stay at home or in the car and are not to be brought into school.*
-

Thank you for your support.

Teme & Rea Class DT



Teme and Rea Class are working towards making a fresh fruit salad as part of their DT curriculum.

They will be practicing how to use equipment safely to cut, peel and chop before designing their very own combination of fruits.

We are asking for a voluntary contribution of £1 per child to cover the cost of fruit needed. (The contribution is to be made via Arbor please).

Please can you send in a NAMED Tupperware (or similar) container with a lid to avoid spills in which they can mix, dress and bring home their salad.

They will need their container on Thursday 16th July.

Parenting Signposts



The Best Start in Life campaign, aims to increase awareness of the importance of early years in a child's development and the role of early years education.

Please visit their website (formerly Childcare Choices): <https://www.beststartinlife.gov.uk/>

The website contains a wealth of information from pregnancy through to starting school.



Please find link below to the excellent guide that has been produced to support parents in their decision making and oversight of what children are doing online:

<https://www.childrenscommissioner.gov.uk/resource/what-i-wish-my-parents-or-carers-knew-a-guide-for-parents-and-carers-on-managing-childrens-digital-lives/>

Understanding Your Child with SEND - Autumn 2026

Understanding Your Child with SEND

From Toddler to Teen

"I met others going through the same things. It really helped me feel less alone."
"The group boosted my confidence as a parent."

Join our friendly, relaxed group!

Join our friendly, free group for parents and carers of children with SEND. Connect with others, deepen your understanding of your child, and explore what's going well and what you'd like to change. Small changes make big differences!

Upcoming Sessions (once a week over 10 weeks, excl. half terms and bank holidays)

- 22nd September 2026 from 5.00 to 7.00pm Online via MS Teams
- 25th September 2026 from 9.30 to 11.30am Online via MS Teams

SEND groups are for parents/carers of children who may have special educational needs or disabilities. No formal diagnosis is needed.

What We'll Talk About

- Communication and building confidence in your relationship with your child
- Exploring routines such as sleep and bedtime
- Understanding behaviour and emotional regulation
- Child development and ways you can support it

Want to Join Us?

Email: parenting.team@shropshire.gov.uk
Call: 01743 250950
Visit: [The Parenting Team | Shropshire Council](#)

Prefer flexible online learning?

Try our free online learning pathways at [Becoming Togetherness - Togetherness](#)



Understanding Your Child Groups - Autumn 2026



Understanding Your Child

0 – 5 years

"I met others going through the same things. It really helped me feel less alone."

"The group boosted my confidence as a parent."

Join our friendly, relaxed group!

Parenting can be full of ups, downs, big feelings and lots of learning — for both you and your child! Your child's early years are full of change and transition, such as starting nursery or school and moving into the next phase of development. In our weekly sessions we will explore ways how you can support your child through these transitions and other tricky moments. Join us and other parents and carers to share simple ideas that can make life calmer and more positive.

Upcoming Session

- starts Monday 21st September, 12.30–2.30pm at The Lantern, Shrewsbury, SY1 4NG

the group meets once a week over 10 weeks, excl. half terms and bank holidays with the last session being on Monday 30th November 2026.

What We'll Talk About

- Transition periods in your family's life
- Communicating and building connection with your child
- Routines like sleep and bedtime and any other routines you have as a family
- Understanding behaviour and big emotions
- Child development and how you can support it

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From Toddler to Teen

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"The group boosted my confidence as a parent."

Join our friendly, relaxed group!

Parenting can be full of ups, downs, big feelings and lots of learning — for both you and your child! Come and join us as we chat about what's going on for you and your family. Together we'll make sense of tricky moments and share simple ideas that can make life calmer and more positive.

Upcoming Sessions (once a week over 10 weeks, excl. half terms and bank holidays)

- 21st September 2026 from 9.15 to 11.15am at Brown Cleve Primary School, Bridgnorth (WV16 6SS)
- 21st September 2026 from 9.00 to 11.00am at St Giles Primary School, Shrewsbury (SY2 5NL)
- 22nd September 2026 from 12.45pm to 2.45pm at Sundorne Infants School, Shrewsbury (SY1 4QN)
- 23rd September 2026 from 9.15 to 11.15am at Coleham Primary, Shrewsbury (SY3 7EN)
- 23rd September 2026 from 1.15 to 3.15pm at St Laurence Primary School, Ludlow (SY8 1TP)
- 24th September 2026 from 1.00 to 3.00pm at Bishops Castle Primary School (SY9 5PA)
- 25th September 2026 from 12.30 to 2.30pm Online via MS Teams

What We'll Talk About

- Communicating and building connection with your child
- Routines like sleep and bedtime and any other routines you have as a family
- Understanding behaviour and big emotions
- Child development and how you can support it

Want to Join Us?

Email: parenting.team@shropshire.gov.uk

Call: 01743 250950

Visit: [The Parenting Team | Shropshire Council](#)



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Try our free online learning pathways at

[Becoming Togetherness - Togetherness](#)



Understanding Your Child - Male Carer Group - Autumn 2026



Understanding Your Child

A group for dads, grandads and any male carer of children and teens

"I met others going through the same things. It really helped me feel less alone."

"The group boosted my confidence as a parent."

Join our friendly, relaxed group!

Parenting can be challenging, whatever age your child is. This group offers practical ideas, straight-talking support, and a chance to hear what has helped other parents in real life.

Join Peter and Tracy from the Parenting Team and other parents and carers, to explore what's happening for your child, understand tricky behaviour, and pick up simple strategies to make family life feel calmer and more manageable.

Upcoming Sessions

- Starts Tuesday 22nd September 2026, 5.00pm to 7.00pm in Shrewsbury - venue to be confirmed

The group meets once a week over 10 weeks, excl. half terms and bank holidays with the last session being on Tuesday 1st December 2026.

What We'll Talk About

- Communicating and building connection with your child
- Routines like sleep and bedtime and any other routines you have as a family
- Understanding behaviour and big emotions
- Child development and how you can support it

Want to Join Us?

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 Call: 01743 250950
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Prefer flexible online learning?

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[Becoming Togetherness - Togetherness](#)




Sleep Tight Work Shops - Autumn 2026



Free Sleep Tight Groups

"It's been eye opening to see how many different things can affect children's sleep. I have learnt so much and now have new ideas to try out."

"I feel more confident in bedtime routines, and less alone in the fact my child struggles with sleep"

Join our friendly, relaxed group!

We all know how important a good night's sleep is for your child's growth and development. When children sleep well, it helps them do better at school, react more quickly, build stronger memories, and learn and solve problems more effectively. It can also help them stay healthier, feel less irritable, and manage their behaviour more positively.

There are many different factors that can affect your child's sleep, and it can sometimes feel hard to know where to start. Join us to learn more, share experiences, and pick up helpful tips to support your child in getting the rest they need.

Upcoming Sessions (once a week over 5 weeks, excl. half terms and bank holidays)

24th September 2026
 Sleep Tight Group
 from 9.30 to 11.30am
 Virtually via MS Teams

or

12th November 2026
 Sleep Tight SEND Group
 from 9.30 to 11.30am
 Virtually via MS Teams

The SEND groups are suitable for parents/carers of children who have special educational needs and disabilities, no formal diagnosis is needed to attend our groups.

What We'll Talk About

- Benefits of good sleep for our health and emotional wellbeing
- Sleep and bedtime routines for the whole family
- Sleep diaries
- Nutrition and food and their impact on healthy sleep and bedtime routines
- Meet other parents/carers to share and discuss experiences

Want to Join Us?

Email: parenting.team@shropshire.gov.uk
 Call: 01743 250950
 Visit: [The Parenting Team | Shropshire Council](#)



'Kids' Shropshire Universal Autism Support Service



Shropshire Universal
Autism Support Service

Kids offer warm, supportive services for parent carers and families of children and young people with additional needs and disabilities across Shropshire. We help provide families with practical tools, emotional support and confidence to help families thrive.

"Kids are here to support families every step of the way."



Families can access a bespoke package of support including:

- Riding the Rapids programme
- Coffee mornings and drop-in sessions
- Neurodivergency workshops
- Autism, ADHD and Demand Avoidance Workshops
- EBSA workshops
- Sleep support
- Behaviour workshops
- One-to-one support

Child and young person:

- Understanding Me - group sessions
- LEGO® therapy sessions
- Managing emotions and feelings
- therapeutic activities/sessions



Disabled children
say we can

Registered office: 249 Birmingham Road, Wyde Green, Sutton Coldfield B72 3JA
Company limited by guarantee no: 1346252
Registered charity number: 275935

Tel: 01743 644506
Email: kids.shropshire@kids.org.uk

This is a commissioned **free support service** providing information, advice and guidance to parent carers, families, and children/young people up to the age of 19.

The support is offered by friendly staff with lived experience across several platforms to ensure maximum accessibility – online peer support groups and training sessions, drop in coffee and chats in our communities, in person family events and on line resources.

The support is available to all Shropshire families, no diagnosis is necessary and we warmly encourage parent carers and families to talk to Kids and access their support offer as early as possible, they provide a wide range of support covering sleep, sensory issues, emotional based school avoidance, Lego therapy & parent workshops. Professionals support workshops are also available to staff.

Please see link [Shropshire Universal Autism Support Service - Kids](#)

Parenting Help & Support Line

Shropshire Parenting Help and Support Line

01743 250950

Mon - Thurs, 9.30am - 4.30pm

Fri, 9.30am - 3.30pm

No judgment, just support.



Shropshire Public Health Nursing Team



Follow Us on Facebook

For Our Latest Public Health Information & Updates

 @ShropshirePublicHealthNursingService



SHROPSHIRE 0-19 PUBLIC HEALTH NURSING SERVICE

Shropshire Family Information Service



What is Shropshire Family Information Service:

The Shropshire Family Information Service (FIS) is a brilliant universal service. The FIS brings together loads of useful, local information for families, to help take the stress out of things like finding:

- Childcare or baby and toddler groups
- Holiday clubs, events and things to do as a family
- Parenting, relationships, and emotional health and wellbeing support
- Cost of Living info and advice

FIS use our social media channels to bring families news, events and handy information, which links through to our [Family Information Directory](#). Families are welcome to contact us directly for help with anything to do with family life. We have created a brand new short video to explain who we are and what we do. You can view it here on YouTube

https://youtu.be/7t1jBqJTI8?si=LeOiNag8_LeSPzX0

What we would love you to do:

1. Follow us on social media. We use social media as a key tool for reaching parents and professionals, so give us a follow and we will follow you back.

[Family Info Service Facebook](#)

[Family Info Service Instagram](#)

[Family Info Service Twitter](#)

2. Subscribe to our newsletter <https://orlo.uk/5RvZN>



From 1 December, a new, free 24/7 mental health text support service is available for people of all ages living in Shropshire, Telford and Wrekin (STW), delivered by qualified mental health professionals. The service is delivered by SHOUT on behalf of Midlands Partnership University NHS Foundation Trust (MPFT) who are commissioned by NHS Shropshire, Telford and Wrekin. Why is it important? The service expands access to immediate mental health support, complementing existing services such as NHS 111 option 2, and supports the national transformation of NHS mental health care by improving responsiveness, inclusivity and accessibility.

How to access?

Text '**STW**' to **85258**, free of charge and at any time, to start a conversation with a trained mental health professional.

Benefits to Patients

- **Easy access.** No need to speak on the phone or wait for an appointment. Text at any time from anywhere.
- **24/7 support.** Available day and night, including weekends and holidays.
- **Mental health-focused.** Tailored to people experiencing mental health difficulties, delivered with compassion and understanding.
- **Discreet and private.** Ideal for those who prefer not to talk on the phone or need support in a public place.
- **Inclusive and equitable.** Helps reduce inequalities by offering support to anyone across STW.
- **Integrated with local services.** If needed, text responders can help you signpost to local services like NHS 111, crisis teams, or other community-based mental health support.

If someone feels unsafe or at immediate risk, they should call 999, as the text service is not intended for urgent emergencies. Individuals already receiving mental health support should contact their named worker first, in accordance with their care plan.

Further information can be found by following this link:

<https://www.shropshiretelfordandwrekin.nhs.uk/news/mental-health-text-service-launch/>

BeeU Emotional Health and Wellbeing



Are you a parent/carer to a child under the age of five?

Are you concerned about meeting their emotional needs or some challenging behaviours that you are seeing?

Would you like to have a better relationship with your baby or child?

Do you worry about your bond or attachment with your baby or child?

Do you worry that you are not able to meet the needs of your baby or child?

Here at BEEU we can help you explore the answers to some of these questions and many more issues that you may be affected by

Our practitioners can offer a listening ear and help you make sense of some of the thoughts and feelings you have around your relationship with your baby/child.

We may also be able to offer a therapeutic intervention if you wish and is appropriate

We have two practitioners who are trained in Video Interaction Guidance (VIG) therapy which is an evidence-based approach to supporting better relationships with parents and their baby/infants in the early years. You can find out more about VIG at [What is VIG? | AVIGuk](#)

If you would like to find out more about our service and if it is right for you or would like to speak to one of our practitioners please contact BeeU via email:

beeuearlyyears@mpft.nhs.uk

We welcome contact from parents/carers directly.

Togetherness for better emotional health (previously known as the Solihull Approach):

Togetherness is an online learning environment developed by psychologists and health practitioners providing accessible learning about emotional health and wellbeing, proven to positively impact mental health, behaviour and relationships.

To find out more about the free online courses please visit:

<https://inourplace.co.uk/shropshire/>

For more information on the change from 'Solihull Approach' to 'Togetherness' please visit:

<https://inourplace.co.uk/becoming-togetherness/>



How to sign up:

Residents can access these courses for free by entering the Shropshire and Telford & Wrekin

Access Code:

DARWIN18

at inourplace.co.uk.

inourplace 

Bridgnorth Community Information Drop In Sessions

Family Drop-In

Here to help

Free information, advice and support

You can chat, have a drink and see how we can all help you with:

- Family Life
- Children's health and wellbeing
- Drug and alcohol support
- Housing Support
- Domestic abuse support
- Financial advice
- Home fire safety
- Healthy living advice
- Help with getting back to work

Bridgnorth Youth Centre
45 Innage Lane, Bridgnorth WV16 4HS

Every Tuesday from 1.30pm—4pm



Supporting families with children aged 0-19 years (up to 25 years for young people with special educational needs and disabilities)

We aim to make it easier for you to ask for help and get support when you need it.



www.shropshire.gov.uk





COFFEE & CHAT

Stay & Play

Every Tuesday
1pm until 3pm

Bridgnorth Library, 67 Listley Street,
Bridgnorth, WV16 4AW

All families within the local area welcome

Free information, support
& advice around:

- Family Life
- Housing & Finance
- Special Education Needs and/or Disabilities (SEND)
- Parenting Support
- Training & Employment
- Domestic Abuse Support
- And much more...

REFRESHMENTS WILL BE PROVIDED
"PLEASE BRING YOUR OWN SEALED CUP/TRAVEL MUG"



shropshire.gov.uk/early-help



Highley Community Drop In Sessions

Community Drop-ins

How can we help you?

Come along to:
Highley Library, Halo Severn Centre, Bridgnorth Road,
Highley, WV16 6JG

The fourth Friday
of each month
9.30am-12.30pm



Free information, advice
and support around;

- Housing support
- Getting older
- Family Life
- Domestic Abuse
- Special Educational Needs and/or Disabilities (SEND) support
- Parenting support
- Finance support
- Healthy living, and much more!

Sponsored by:



halo



OneplusOne



Introducing the Separating better app, a **free** self-guided mobile app for separating parents, designed to facilitate a smoother separation journey and promote positive co-parenting. This app is filled with expert advice, video resources, practical parenting, and budgeting plans, as well as co-parenting tips. It offers an easy-to-follow journey where you can track your progress and unlock app sections as you go.

Find out more and download the mobile app, now:

https://www.oneplusone.org.uk/separating-better?utm_source=referral&utm_medium=social&utm_campaign=sbaffiliate

For face to face support, go to [Getting on better | Shropshire Council](#) and select Free Courses and Workshops.



Arguing better

Disagreements are a normal part of life, and most couples argue from time to time. How you deal with disagreements can make a big difference to you, your partner, and your children.

This free online course can help you learn to manage difficult conversations, avoid conflict, and improve things for your whole family.



Create your free account at www.oneplusone.org.uk/parents or scan the QR code
To access the course, you will need a good internet connection and a smartphone, tablet, or computer.

 oneplusone 1 / 3



An online course for separating parents to help manage conflict and minimise the impact on children

Getting it right for children

When separated parents argue, it's common for children to feel like they are caught in the middle. This free online course is designed to help separated parents communicate better with each other and parent co-operatively after parting.

You will learn positive communication skills like staying calm, seeing things differently, and speaking for yourself so that you can sort out disagreements with your child's other parent and find solutions together. You can do the course on your own, at your own pace.



Create your free account at www.oneplusone.org.uk/parents or scan the QR code

To access the course, you will need a good internet connection and a smartphone, tablet, or computer.




An online course for new and expectant parents

Me, You and Baby too

Tiredness and stress are common when you're caring for a baby. If parenthood is leading to more arguments between you and your partner, this free online course could help.

With tips and advice on how to talk about difficult topics, share stress, and prevent arguments, this short course will help you and your partner navigate challenging times together.



Create your free account at www.oneplusone.org.uk/parents or scan the QR code

To access the course, you will need a good internet connection and a smartphone, tablet, or computer.

Pharmacy First can help families – a new service available in Shropshire, Telford and Wrekin

Pharmacy First can help families with minor illnesses and seven common conditions. If appropriate, treatment can be offered without a prescription for seven common conditions, and it can be quicker to see a pharmacist than a GP. Normal prescription charges and exemptions (those who do not have to pay, including children) will apply.

A pharmacy is a great place to get healthcare advice and treatment. Pharmacies are easy to reach, usually located within local communities, and often open evenings and weekends. This service may help children and colleagues get well and back to nursery/school/work quicker.



The poster features a group of six healthcare professionals (Kiley, Alex, Chelsie, Jayne, Jasdeep, and Karen) in NHS uniforms. The background is green and blue. The text on the poster is as follows:

Integrated Care System
Shropshire, Telford and Wrekin

NHS
Shropshire, Telford and Wrekin

Worried about your child's health?

Think 'Pharmacy First'

You can now get treatment for a variety of common conditions and minor illnesses from your local community pharmacy.

Your pharmacy can help with:

- Earache (ages 1-17)
- Infected insect bites (from age 1)
- Impetigo (from age 1)
- Sore throat (from age 5)
- Hay fever (all ages)
- Conjunctivitis (all ages)

If you don't know whether a pharmacist can help with what you need, give them a call first or just pop in.

If you get a prescription through your pharmacy, you'll never pay more than if you had seen your GP.

Health Visiting Information

Every family with children under 5 has access to a health visitor.

Families can access advice and support up until the age of 5 years old by calling **The Single Point of Access on 0333 358 3654**.

If parents don't want to talk to someone, they can send a text and one of the team will get back to them on **07520 635212**

This is a Monday to Friday service 09:30am until 4pm where a Health Visitor is on the line to offer the appropriate advice and support and referrals can be made to the appropriate practitioner.

If parents need extra support or support for potty training, behaviour, sleep, eating we have two Healthy Child practitioner who they can be referred to who will come out to their home or to a clinic to support the family with these issues.

This referral can be completed through the single point of access and sent to the appropriate team.

If it is specialised targeted work the family will be seen by a Health visitor for example low mood or complex development issues, safeguarding or specialised referrals.

All children are seen universally at one years and at two years and they are offered a full health growth and development review via a letter with an appointment.

These are now completed at Cleobury Mortimer Health Centre, Ludlow or Bridgnorth depending on where they live.

PARENT CARER COUNCIL PACC SHROPSHIRE

Accessing Support

Knowing how to access support and who to speak to can be overwhelming and difficult at times. We have created this information sheet of charities and organisations that can provide help and support. You can also contact PACC for support and information on info@paccshropshire.org.uk

Shropshire IASS Inclusion Advice & Support Service	We provide information, advice and support to parents and carers of children aged 0 to 25, and young people aged 16 to 25 who have, or may have, special educational needs or disabilities (SEND).	
autism west midlands	We are the leading charity in the West Midlands for Autistic adults, children, young people and those who love and care for them. Our passionate, expert staff and volunteers work across a range of age groups and abilities.	
contact for families with disabled children	We're here for families wherever they live in the UK, and whenever they need us.	
SHROPSHIRE LOCAL OFFER	The SEND local offer is a single place for information, services, and resources for children and young people aged 0-25 with special educational needs and/or disabilities, their families, and the practitioners who support them.	
PREPARATION PACC FOR ADULTHOOD	The PACC Preparation for Adulthood (PFA) Navigator service is available to help SEND families understand the options available for young people with SEND on their preparation for adulthood journey.	
IPSEA Inclusion Practice Support Education Advice	IPSEA is a registered charity in England that provides free legal advice and support to families of children with special educational needs and disabilities (SEND).	

PACC (Parent Carer Council) have created an information sheet of charities and organisations that can provide help and support.

Please let us know if you would like a copy.

Otherwise please contact PACC for support and information on info@paccshropshire.org.uk

Celebrating Children's Achievements



The children representing all the hard work and positive attitudes in our school this week.



Spelling Bee

Bronze:

Silver: **Leo D**



Sports Stars:

Teme: **Memphis, Renley** and **Tommy** for their effort in learning to push and glide in swimming.

Rea: **Harry & Alfie** for their effort and progress in improving their swimming.

Corve: **Ada** for her improvement in swimming.

Severn: **Oliver** for his batting / **Fletcher & Lucas** for their awareness / **Cash** for his reading of the game in rounders.



Pride and Presentation: Award for pupil focus on presentation of work across the curriculum.

Rea: **Tara** for her mind map about the evidence historians use from videos about the opening ceremonies of the Olympic games.

Corve: **Frankie** for continuous neat handwriting throughout all subjects.

Severn: **Izzy** for her artwork.



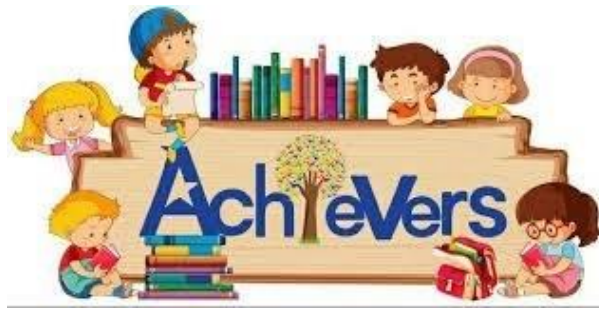
Great Sentence using words of the week:

Teme: When me and Theo were playing Rugby with Dad, Theo changed teams then I came **last**. **Caleb**

Rea: What an **adorable**, cute and brave lion you are! **Chloe**

Corve: I had a rush of **adrenaline** when I jumped off the fishing deck into the pond. **Isla**

Severn: The **palaeontologists** found the remains of a dinosaur. **Ottilie**



Class Achievers:

Teme: **Arthur** for excellent listening and following of instructions.

Rea: **Kai** for skills using the claw grip in DT.

Corve: **All of Corve Class** for being super ambassadors for the school on residential / **Ned** for playing a challenging guitar piece using plucking, double plucking and chords.

Severn: **Oliver** for his sketch of the school / **Teddy** for his enthusiasm, pronunciation and application of learning in French.



Children selected for growing kindness.

Reception: **Renley & River** for being Reception Experts and supporting our new cohort learn their new routines.

Year 1: **Cordelia** for being helpful to new year ones on transition day

Year 2: **Ophelia** for being helpful in our classroom.

Year 3: **Libby Grace** for lending another pupil a sun hat.

Year 4: **Joey** for lending a friend a towel after water sports.

Year 5: **Cash** for playing with the new reception children on the playground

Year 6: **Teddy** for independently volunteering and offering his coaching tips for bowling in cricket.