



The Stotty School News 13.3.2026



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Part of The Four Stones Gateway Trust

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If viewing on a phone and you can't see all the text just swipe up on the writing.

Diary dates for the week ahead



Diary Dates for next week	
Monday 16 th March	Drama After School Club
Tuesday 17 th March	Private Music Lessons with Mrs Leverett Williams Lunchtime Gardening Club Lacon Sports Coach Multi Sports After School Club SATs After School Club - 4pm finish
Wednesday 18 th March	Primary Swimming Gala at Lacon - details in newsletter Private Music Lessons with Mrs Leverett Williams Lunchtime Choir Club Dance After School Club
Thursday 19 th March	Yr 5 Taster Day - All Yr 5's will be transported to and from Lacon within the school day - Pupils to wear school uniform, they will need to take trainers and a water bottle - refreshments will be provided free of charge on the day Craft After School Club SATs Club - 4pm finish Numbots Parent Workshop with Mrs J Jones @ 3.30pm
Friday 20 th March	Teme / Rea Class Multisport Festival at Lacon - water bottle and waterproof coat required - within the school day FoSPS Easter Movie Night
Upcoming Diary Dates	
Saturday 21 st March	Chorley Chapel Warm Hub 11am to 1pm
Monday 23 rd March	Corve Class Cultural Arts Day at Lacon Childe
Wed. 25 th March	Year 5 Children attending 'Pupil Action Conference' @ Hereford
Friday 27 th March	Easter Celebration @ St. Mary's Church at 1.30pm
Thursday 21 st May	Severn Class Trip to Craven Arms Mosque

Happy Mother's Day

We wish all mothers and carers a very Happy Mother's Day. Reverend Sally has shared this lovely prayer for us all.

A Simple Loving Prayer for Mothering Sunday

God of love, on Mothering Sunday we thank you for all who have shown us care whoever they may be.

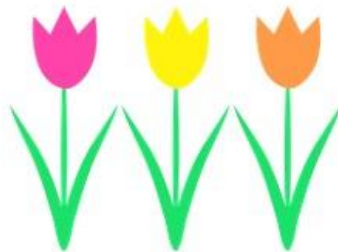
Be close to children who have lost their mum; and to mums who have lost a child. Strengthen mums who have to be dads, and dads who have to be mums.

Bless those who are fostered or adopted,
and those who foster or adopt.

Comfort those who long for children, and those who have chosen not to be parents. Bring peace where relationships with mums are strained, where contact has been lost, or where someone feels lonely, lost, or abandoned.

Be with mums and families living with illness their own or their child's and give them daily courage and hope.

And for those who love their mums deeply, help us to show our thanks in words and actions today and always. Amen.



Vision Screening - Reception children



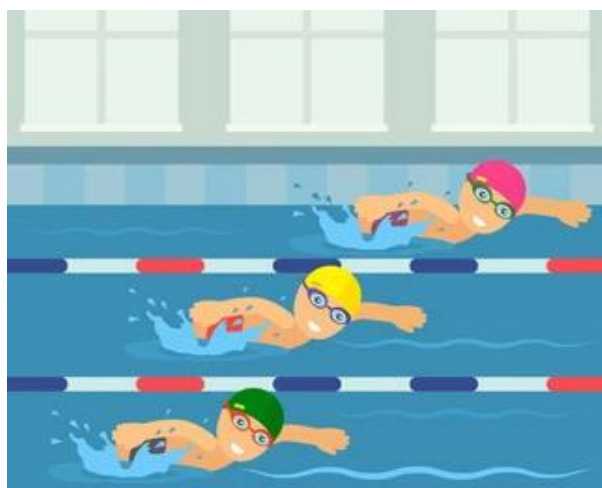
Date change:

Unfortunately the Orthoptist was not able to get to Stottesdon as planned on Monday 9th March - she has rearranged to attend on Monday 23rd March, she will be visiting school to carry out a routine eye test on children in Reception.

Please see attached letter for further details.

*If you agree to your child being screened you **DO NOT** need to take any action - should you wish to have your child excluded from the eye test please complete and return the attached 'opt out' form as soon as possible.*

Primary Schools Swimming Gala



The Primary School Swimming Gala is due to take place on Wednesday 18th March 2026.

The event will be held at Teme Leisure, Ludlow. SY8 1DR

Those children participating will be transported to the event within the school day, please ensure they arrive early as they will need to leave promptly at 8.45am.

They will require:

- *Swimming costume (no bikinis) / Trunks*
- *Swimming cap (if children wear them)*
- *2 x towels (one for pool side)*

- *Water bottle*
- *Packed lunch*
- *Fruit snack*

Parents are welcome to come along and support, the gala is due to start at 9.30am - strictly no photographs / filming.

FoSPS

On Friday 20th March, FoSPS are running a movie night, tickets are available from the office.

Price £5 per ticket to include drink and a snack of popcorn or crisps.



Trust Photography Competition

Earlier this year children and staff were invited to take part in the Four Stones Gateway Trust Photography Competition, they were asked to capture the spirit of the new Trust which has bought together seven schools across Worcestershire and Shropshire.

The theme was 'Togetherness', this included anything from friendships, celebrations, to the beautiful landscapes that connect Worcestershire and Shropshire.

The competition was judged by the members of Kidderminster Photography Club.

We are delighted to say that the following people from our school were picked out as winners:

The EYFS Team from Stottesdon / Clee Hill & Cleobury Mortimer

Otilie Mantle

Please see their winning entries below and a picture of Otilie with her certificate.





Helping Young Children Thrive by Reducing Screen Time

Helping Young Children Thrive by Reducing Screen Time

Phones and tablets are a big part of everyday life, and they're designed to grab our attention. But in the first five years, children's brains grow and develop at an incredible rate, and too much screen time—for children and the adults around them—can make it harder for little ones to build important skills.

Research shows that high levels of screen use can be linked to:

- *Delays in speech and communication*
 - *Less active, imaginative play*
 - *Difficulties with focus and attention*
 - *Fewer chances to learn how to manage emotions*
-

The good news? Small changes can make a big difference!

Here are some simple ways to help support your child's learning and wellbeing:

- ***Prioritise screen-free play each day.*** *There are a variety of great but simple activities here [Tiny Happy People - Activities](#) that promote child's development.*
 - ***Keep screens off during meals and before bedtime***
 - ***If your child is using a screen, watch together and talk about what you both see.*** *For example, if your child enjoys looking at family photos, encourage them to describe what they notice. Respond using full sentences, model new vocabulary, and gently extend their ideas to build language skills.*
 - ***Model healthy screen use as adults***
-

*Children copy what they see, so small changes in our own habits can make a big difference.
For example:*

- *Put your phone down during meals and chats so your child sees that people come first.*
 - *Say out loud what you're doing when you do use a device (e.g., "I'm checking the recipe for dinner" or "I'm sending a message to Grandma").*
 - *Choose a set time to check messages instead of constantly scrolling.*
-

***Most importantly, what young children need more than anything is real-life connection—
your voice, your time, and your attention.***

For more information: [12 Sept EY thrive.pdf](#)

Nursery Places Available



Stottesdon C of E Primary School and Nursery



NURSERY SPACES

Available for September 2026

What We Offer:

- A safe and nurturing atmosphere supported by dedicated and caring staff.
- High-quality provision with robust connections to facilitate a smooth transition to Reception.
- An incredible outdoor space, access to school facilities, and an off-site Forest area.

- Early Years Teacher led Nursery
- Play-based learning
- 15 & 30 funded hours available
- Holiday Club & Wraparound available

...we really care
and make learning fun.

admin@stottesdon-school.co.uk www.stottesdon-school.co.uk

School Lunches

We have noticed a few parents have started to miss the Sunday evening deadline for ordering meals for the week ahead.

Impact initially agreed to allow late orders, to enable parents to get used to the system and the ordering process, as we are now two months into the service, they are now asking parents to follow their normal procedures as outlined below:

PLEASE REMEMBER:

-
- *The cut off point for ordering is the **Sunday evening** for the following week -if you do not place an order before the cut off point, your child will not be able to have a meal **all week** - to provide the service the caterers need advance orders.*
 - *The school office are unable to add meals manually to the system*

- *If you order a meal by mistake parents need to email the primary support team (their email is on the initial invite - primary@impactfood.co.uk)*
 - *If your child is not able to attend school due to illness please inform the primary support team asking for the meal to be cancelled (email: primary@impactfood.co.uk)*
-
-

You will note from the above that the emphasis is very much on parents to ensure meals are ordered or cancelled.

SGN Holiday club - Advance Notice of reduction in opening hours

Advance Notice: Please be aware that going forward, from Easter 2026, the holiday club will only be open for 2 days a week (Tuesday & Wednesday).

This is due to staffing difficulties and low uptake.

Easter HAF (Holiday Activities & Food) Programme

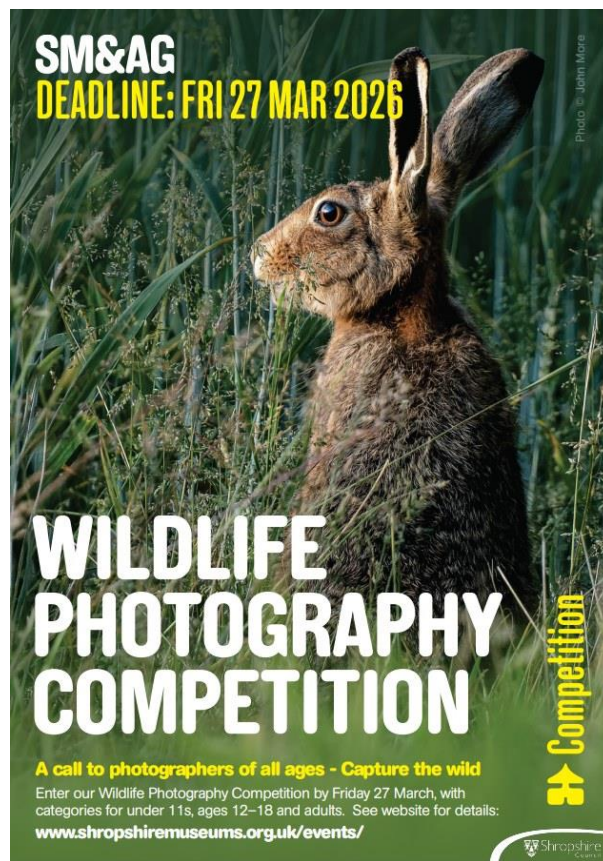


Bookings for the Spring / Easter HAF (Holiday Activities and Food) programme are now open.

As well as free places at clubs for HAF eligible children and young people, many of the HAF programmes also include paid places for children and young people who are not eligible for HAF. These are generally heavily subsidised and have been highlighted in the What's On Guide in the link below:

<https://next.shropshire.gov.uk/holiday-activities-and-food-programme-haf/haf-holiday-clubs/>

Wildlife Photography Competition



Wildlife Photography Competition, launched to celebrate the arrival of the **Natural History Museum's Wildlife Photographer of the Year** exhibition which will be at Shrewsbury Museum & Art Gallery from Saturday 25th April- Saturday 20th June.

This is a fantastic opportunity for pupils to:

- **Build confidence and creativity** through hands-on photography
- **Explore local wildlife and green spaces**, however big or small
- **Connect with nature** and develop their observation skills
- **Showcase their talents** in a public exhibition of shortlisted entries

Love exploring outside? Spotting birds, bugs, foxes—or cool textures on trees and plants? Now's your chance to capture the wild side of your local area!

We're inviting pupils *and teachers* to enter our Local Wildlife Photography Competition. No fancy camera needed—just curiosity, creativity, and a good eye for nature.

What to Photograph

- **Animals big or small**
- **Birds, insects, and other creatures**

- Trees, flowers, plants, and natural patterns
- Signs of wildlife in your community
- Creative close-ups of natural textures

How to Take Part

1. Head outdoors and look closely.
2. Snap an image that shows wildlife in a striking or surprising way.
3. Email your best photo to shropshiremuseums@shropshire.gov.uk with:
 - a. Your name, age and school
 - b. A title + short description
 - c. Where and when you took it

Key Dates

- **Deadline: Friday 27 March**
- **Winners announced: Friday 10 April**

Prizes

- **Winning photos displayed alongside the Wildlife Photographer of the Year exhibition at Shrewsbury Museum & Art Gallery (25 April–20 June)**
- **Free exhibition tickets for you and your family (up to 4)**

Rules

- **One entry per person**
- **Your own photo only**
- **Minor edits allowed (crop, brightness, etc.)**
- **Submit a JPEG under 10MB, minimum size 600×600. Keep your original/RAW files for printing**

How it works: Pupils can photograph any aspect of wildlife—from insects in the playground to birds in the park or pets at home. Entries can be taken on phones, tablets, or cameras. We welcome submissions from all year groups.

- **Categories:** Under 11s, age 12-18 and adults

Chorley Chapel Warm Hub



Chorley Chapel will be holding their next 'warm hub' on the following date:

Saturday 21st March 2026

The Chapel will be open from 11 till 1pm, serving bacon/sausage sandwiches, toasted teacakes etc.

If there are any children who would like to be helpers (taking orders, serving tables, clearing up) please email the office to let us know.

Children would need to arrive at 10.55pm and stay until approx. 1pm. Mrs Jones will be there to supervise and support.

This is a fantastic way to feel part of the community and get involved in multi-generational events.

Pupil Social Action Conference - Hereford Cathedral



On Wednesday 25th March some of the children in Severn Class (all year 5 children plus a couple of year 6 children) will be transported to Hereford Cathedral to attend a 'Pupil Social Action Conference' where they will have the opportunity to explore key social justice issues and opportunities for action.

Children will require a packed lunch, water bottle and waterproof coat.

To cover the cost of this trip we are asking for a voluntary contribution of £8.70 per pupil (we are very thankful to FoSPS for covering half of the cost for the transport) - those pupils eligible for benefit related FSM £4.35. We would be grateful if you would make this contribution via Arbor.

Indian Cultural Arts Day



On Monday 23rd March children in Corve Class will be taking part in a special fantastic Cultural Arts Day at Lacon Childe School.

Children will be transported to and from the event, they will need to bring a packed lunch, a snack for morning break and a bottle of water. Please send your child to school in their PE kit in line with our uniform policy (not branded).

The day has been planned to:

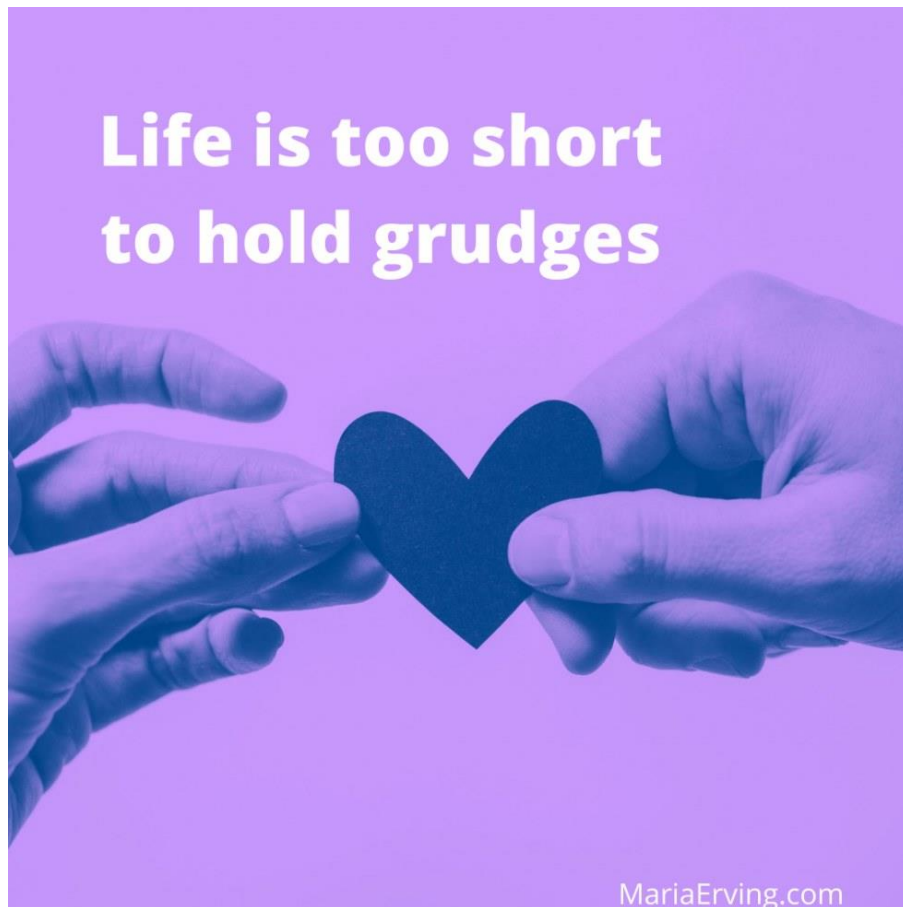
- *Celebrate our Trusts merging*
 - *Help children experience Indian culture*
 - *Experience the Character Academy offer through the Trust*
-

Please see the attached letter which details further information regarding the day.

As detailed in the letter, would you please complete the form in the following link by Friday 13th March to give consent for your child to take part: [Indian Cultural Arts Day – Fill in form](#)

Our Worship / Reflections this week:

Monday: We continued our theme of forgiveness by reflecting on that when someone has been taken responsibility for something and apologised that we have put the past behind us. We have to all move forward, not carry a grudge and 'let things go'.



Tuesday: As part of our No Outsiders culture (where every child no matter what their belief, origin, need, disability is welcome) we have had a focus on racism. KS2 had a separate assembly about what racism is and what we should do to eliminate it. KS1 used this book to reflect on everyone belonging: [All Are Welcome - Flipbook by monique.bowes | FlipHTML5](#)

The Ideal: An Accepting, Respectful Society

In our school, and in our country, we believe in:

- Respect
- Tolerance
- Celebrating difference
- Belonging for everyone

AND OUR ACTIONS SHOULD REFLECT THIS

It doesn't matter what someone's race, skin colour, religion, culture, language, background. Everyone deserves **kindness, fairness, safety, and friendship.**

There are no outsiders here. Everyone is welcome.

Pupil Pledge
 I will treat everyone with respect.
 I will stand up for others.
 I will celebrate differences.
 I will help our school be a place where everyone belongs.

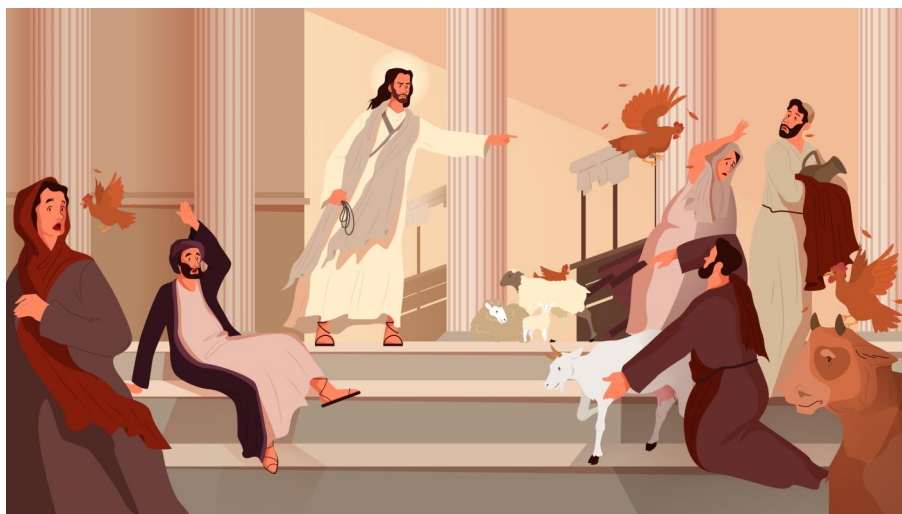
No Outsiders



Everyone different,
everyone welcome.



Wednesday: Open the book continued the Easter season with the story of Jesus getting cross in the Temple when they were treating the special place as a market. We reflected that we all have different feelings and emotions sometimes and it is okay to say when you don't agree with something or something is upsetting you. How we do that is also important.



Thursday: We looked at 'how might robots change our daily lives'. Just like past inventions changed how people lived, robots may shape the future in new and exciting ways. An important question is not just what robots can do, but how we choose to use them.



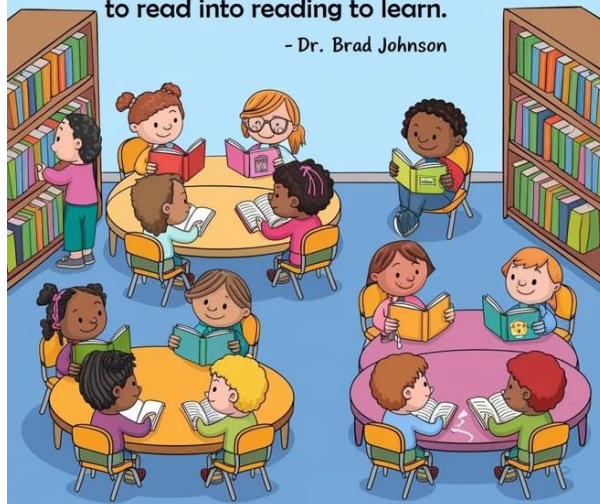
Dancing Robots at the Lunar New Year Gala!

Celebrating Reading



Letting children read what interests them is the bridge that turns learning to read into reading to learn.

- Dr. Brad Johnson



Reading

Reading with children is one of the most powerful gift parents can give. The development of language, creativity and cultural understanding from reading, discussing and sharing is HUGE so if you are giving this gift thank you for helping to keep this powerful, essential activity 'alive'. Reading is also very powerful as it reduces stress (for the child and the adult!).

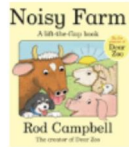


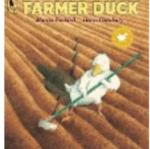
Teme: 83%

Rea: 87%

Corve: Yr3=100% / Yr4=94%

Severn: 100%

EYFS (Nursery and Reception) News

Spring 2: Down on the Farm		
<p>This week in EYFS, the children have been learning all about farm animals and their young. They enjoyed exploring pictures, stories, and songs to help them recognise different animals and match them with the names of their babies — such as cows and calves, sheep and lambs, horses and foals, ducks and ducklings, geese and goslings, and pigs and piglets. The children had great fun practising the new vocabulary during play too.</p>		
NURSERY		
<p>Talk for Writing Text:</p> 	<p>Makaton Sign of the Week: Cow</p> 	<p>Phonics Sound of the Week:</p>  <p>Pronunciation Phrase - r Show me your teeth to make a rrrr sound rrrr</p>
RECEPTION		
<p>Talk for Writing</p> 	<p>Mastering Number: This week, the children continued learning about how numbers within 10 are made, focusing on doubles—when two equal parts come together to make a whole. We revisited comparing sets to see if they were equal and used familiar representations like dice and fingers to explore this idea. The children also practised subitising and began to recall some doubles facts without needing visual resources.</p> <p>Gestures played an important role in our learning this week. When making double patterns on their fingers, the children were encouraged to match their fingers to check that the same number was shown on each hand. A simple 'circling' gesture also helped draw their attention to the double being made from both parts coming together. The language used this week related to understanding numbers additively. As they move into Key Stage 1, the children will learn to see doubles as 'the same number twice' or 'two times the number', and they will begin to connect addition and multiplication through both symbolic representation (e.g., $3 + 3 = 2 \times 3$) and language such as '2 groups of 3'.</p>	
<p>Phonics: This week, we revisited our Spring 1 phonics learning following the recent phonics assessments. Our main focus has been on tricky words. 5-6 tricky words have been added to your child's reading record for extra practice at home. Please also take a look at the parent guide shared on ClassDojo and included in your child's reading folder, which explains how we teach these words in school.</p>		

Rea Class - History Lesson

We would like to extend a big THANK YOU to Boyd's grandparents (Mr & Mrs Stewart) for coming into school on Monday to share their holiday memories / pictures as part of the children's History lesson.

Numbots



Please find attached information about the brilliant Numbots resource. Children, of all ages, regularly using this has massive positive impact on their mental maths fluency.

Mrs J Jones will be running a workshop for parents to help them support their children with Numbots on 19th March @ 3.30pm.

This will be a an opportunity for sharing training and guidance on how we use NumBots to support maths learning across the school.

During the session, we will cover:

- ***Why NumBots is important*** and how it helps build number confidence and fluency.
 - ***How it benefits children of all ages***, from developing early number sense to strengthening more advanced recall and understanding.
 - ***The types and levels of questions*** your child will encounter as they progress.
 - ***How you can use NumBots at home*** to support your child's learning in short, manageable bursts.
-

NumBots Raffle Coming Soon!

*To encourage regular use and celebrate children's effort, we will be running a **weekly school raffle.***

- ***Every child who completes 15 minutes of an active story or challenge per week*** will be entered into the draw.

- *We will draw one stationery prize per year group each Friday.*
 - *Keep an eye on next week's newsletter for full details.*
-

Parenting Signposts



The Best Start in Life campaign, aims to increase awareness of the importance of early years in a child's development and the role of early years education.

Please visit their website (formerly Childcare Choices): <https://www.beststartinlife.gov.uk/>

The website contains a wealth of information from pregnancy through to starting school.



Please find link below to the excellent guide that has been produced to support parents in their decision making and oversight of what children are doing online:

<https://www.childrenscommissioner.gov.uk/resource/what-i-wish-my-parents-or-carers-knew-a-guide-for-parents-and-carers-on-managing-childrens-digital-lives/>

Understanding Your Child with SEND - Summer 2026



Understanding Your Child with SEND

From Toddler to Teen

"I met others going through the same things. It really helped me feel less alone."
"The group boosted my confidence as a parent."

Join our friendly, relaxed group!

Join our friendly, free group for parents and carers of children with SEND. Connect with others, deepen your understanding of your child, and explore what's going well and what you'd like to change. Small changes make big differences!

Upcoming Sessions (once a week over 10 weeks, excl. half terms and bank holidays)

- 13th April 2026 - 10.00am-12.00pm - Online via MS Teams
- 16th April 2026 - 1.00pm-3.00pm - St Lucia's School, Upton Magna (SY4 4TZ)
- 17th April 2026 - 9.30am-11.30am - Whittington Primary School, (SY11 4DA)

SEND groups are for parents/carers of children who may have special educational needs or disabilities. No formal diagnosis is needed.

What We'll Talk About



- Communication and building confidence in your relationship with your child
- Exploring routines such as sleep and bedtime
- Understanding behaviour and emotional regulation
- Child development and ways you can support it

Want to Join Us?


Email: parenting.team@shropshire.gov.uk
Call: 01743 250950
Visit: [The Parenting Team | Shropshire Council](#)

Prefer flexible online learning?

Try our free online learning pathways at [Becoming Togetherness - Togetherness](#)

Understanding Your Child Groups - Summer 2026



Understanding Your Child

From Toddler to Teen

"I met others going through the same things. It really helped me feel less alone."
"The group boosted my confidence as a parent."

Join our friendly, relaxed group!

Parenting can be full of ups, downs, big feelings and lots of learning — for both you and your child! Come and join us as we chat about what's going on for you and your family. Together we'll make sense of tricky moments and share simple ideas that can make life calmer and more positive.

Upcoming Sessions (once a week over 10 weeks, excl. half terms and bank holidays)

- 13th April 2026 - 12.45-2.45pm - Belvidere Primary School, Shrewsbury (SY2 5YB)
- 13th April 2026 - 1.00-3.00pm - Ludlow Primary School (SY8 1HG)
- 15th April 2026 - 9.30-11.30am - Pontesbury Primary School (SY5 0TF)
- 15th April 2026 - 1.00-3.00pm - Wilfred Owen School, Shrewsbury (SY2 5SH)
- 15th April 2026 - 5.00-7.00pm - Online via MS Teams

What We'll Talk About



- Communicating and building connection with your child
- Routines like sleep and bedtime and any other routines you have as a family
- Understanding behaviour and big emotions
- Child development and how you can support it

Want to Join Us?

Email: parenting.team@shropshire.gov.uk
Call: 01743 250950
Visit: [The Parenting Team | Shropshire Council](#)

Prefer flexible online learning?

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Sleep Tight Work Shops - Summer 2026

Does your child struggle with their sleep?

Free Sleep Tight Groups

Join us on one of our virtual or face-to-face groups and:

- Find out why sleep is important for our health and emotional wellbeing
- Get support to help improve sleep and bedtime routines
- Meet other parents/carers to share and discuss experiences

Sleep Tight Universal Group 24th April 2026 from 10.00am to 12.00pm
Virtually Via MS Teams

Sleep Tight SEND Group 12th June 2026 from 10.00am to 12.00pm
at The Keystone Academy, Squinter Pip Way, Shrewsbury, SY3 8XQ

The groups run for 5 weeks excluding the school holidays and bank holidays.

Groups with SEND are suitable for parents/carers of Children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.

To book a place email Parenting.team@shropshire.gov.uk or call 01743 250950



'Kids' Shropshire Universal Autism Support Service

Kids Shropshire Universal Autism Support Service

Kids offer warm, supportive services for parent carers and families of children and young people with additional needs and disabilities across Shropshire. We help provide families with practical tools, emotional support and confidence to help families thrive.

"Kids are here to support families every step of the way."

Families can access a bespoke package of support including:

- Riding the Rapids programme
- Coffee mornings and drop-in sessions
- Neurodivergency workshops
- Autism, ADHD and Demand Avoidance Workshops
- EBSA workshops
- Sleep support
- Behaviour workshops
- One-to-one support

Child and young person:

- Understanding Me - group sessions
- LEGO® therapy sessions
- Managing emotions and feelings therapeutic activities/sessions

Kids Disabled children say we can

Registered office: 249 Birmingham Road, Wyldes Green, Sutton Coldfield B72 1EA
Company limited by guarantee no: 1346252
Registered charity number: 275935

Tel: 01743 644506
Email: kids.shropshire@kids.org.uk

This is a commissioned **free support service** providing information, advice and guidance to parent carers, families, and children/young people up to the age of 19.

The support is offered by friendly staff with lived experience across several platforms to ensure maximum accessibility – online peer support groups and training sessions, drop in coffee and chats in our communities, in person family events and on line resources.

The support is available to all Shropshire families, no diagnosis is necessary and we warmly encourage parent carers and families to talk to Kids and access their support offer as early as possible, they provide a wide range of support covering sleep, sensory issues, emotional based school avoidance, Lego therapy & parent workshops. Professionals support workshops are also available to staff.

Please see link [Shropshire Universal Autism Support Service - Kids](#)

Parenting Help & Support Line



Shropshire Public Health Nursing Team



Follow Us on Facebook

For Our Latest Public Health Information & Updates

 @ShropshirePublicHealthNursingService



SHROPSHIRE 0-19 PUBLIC HEALTH NURSING SERVICE

Shropshire Family Information Service

 Hello from the **Family Information Service** (FIS for short). Our job is to give you the info and resources you need to help your family life run a little smoother. We can help with:

- Childcare - finding it and advice on paying for it
- Local baby and toddler groups
- Events, clubs, activities, and fun things to do in the school holidays, for all ages
- Getting parenting and family support
- Finding health and wellbeing support

We cover everything and anything to do with family life, so if you have a question, chances are we'll be able to help, or if we can't, we'll point you in the direction of someone who can.

Follow us on social media for all the latest news and info.

 @ShropshireFamilyInfo

www.shropshire.gov.uk/fis

What is Shropshire Family Information Service:

The Shropshire Family Information Service (FIS) is a brilliant universal service. The FIS brings together loads of useful, local information for families, to help take the stress out of things like finding:

- Childcare or baby and toddler groups
- Holiday clubs, events and things to do as a family
- Parenting, relationships, and emotional health and wellbeing support
- Cost of Living info and advice

FIS use our social media channels to bring families news, events and handy information, which links through to our [Family Information Directory](#). Families are welcome to contact us directly for help with anything to do with family life. We have created a brand new short video to explain who we are and what we do. You can view it here on YouTube https://youtu.be/7t1jBqJJTl8?si=LeOiNag8_LeSPzX0

What we would love you to do:

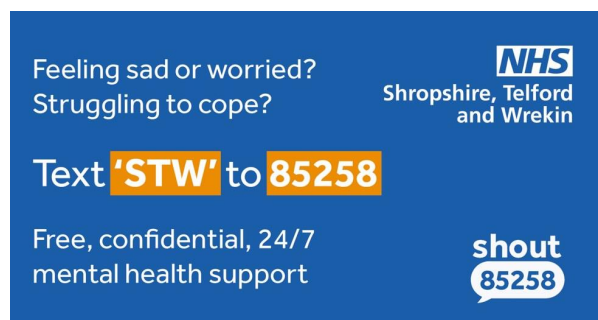
1. Follow us on social media. We use social media as a key tool for reaching parents and professionals, so give us a follow and we will follow you back.

[Family Info Service Facebook](#)

[Family Info Service Instagram](#)

[Family Info Service Twitter](#)

2. Subscribe to our newsletter <https://orlo.uk/5RvZN>



From 1 December, a new, free 24/7 mental health text support service is available for people of all ages living in Shropshire, Telford and Wrekin (STW), delivered by qualified mental health professionals. The service is delivered by SHOUT on behalf of Midlands Partnership University NHS Foundation Trust (MPFT) who are commissioned by NHS Shropshire, Telford and Wrekin. Why is it important? The service expands access to immediate mental health support, complementing existing services such as NHS 111 option 2, and supports the national transformation of NHS mental health care by improving responsiveness, inclusivity and accessibility.

How to access?

Text **'STW'** to **85258**, free of charge and at any time, to start a conversation with a trained mental health professional.

Benefits to Patients

- **Easy access.** No need to speak on the phone or wait for an appointment. Text at any time from anywhere.

- **24/7 support.** Available day and night, including weekends and holidays.
- **Mental health-focused.** Tailored to people experiencing mental health difficulties, delivered with compassion and understanding.
- **Discreet and private.** Ideal for those who prefer not to talk on the phone or need support in a public place.
- **Inclusive and equitable.** Helps reduce inequalities by offering support to anyone across STW.
- **Integrated with local services.** If needed, text responders can help you signpost to local services like NHS 111, crisis teams, or other community-based mental health support.

If someone feels unsafe or at immediate risk, they should call 999, as the text service is not intended for urgent emergencies. Individuals already receiving mental health support should contact their named worker first, in accordance with their care plan.

Further information can be found by following this link:

<https://www.shropshiretelfordandwrekin.nhs.uk/news/mental-health-text-service-launch/>

BeeU Emotional Health and Wellbeing



Are you a parent/carer to a child under the age of five?

Are you concerned about meeting their emotional needs or some challenging behaviours that you are seeing?

Would you like to have a better relationship with your baby or child?

Do you worry about your bond or attachment with your baby or child?

Do you worry that you are not able to meet the needs of your baby or child?

Here at BEEU we can help you explore the answers to some of these questions and many more issues that you may be affected by

Our practitioners can offer a listening ear and help you make sense of some of the thoughts and feelings you have around your relationship with your baby/child.

We may also be able to offer a therapeutic intervention if you wish and is appropriate

We have two practitioners who are trained in Video Interaction Guidance (VIG) therapy which is an evidence-based approach to supporting better relationships with parents and their baby/infants in the early years. You can find out more about VIG at [What is VIG? | AVIGuk](#)

If you would like to find out more about our service and if it is right for you or would like to speak to one of our practitioners please contact BeeU via email:

beeearlyyears@mpft.nhs.uk

We welcome contact from parents/carers directly.

TogetherNESS for better emotional health (previously known as the Solihull Approach):

TogetherNESS is an online learning environment developed by psychologists and health practitioners providing accessible learning about emotional health and wellbeing, proven to positively impact mental health, behaviour and relationships.

To find out more about the free online courses please visit:

<https://inourplace.co.uk/shropshire/>

For more information on the change from 'Solihull Approach' to 'TogetherNESS' please visit:

<https://inourplace.co.uk/becoming-togetherness/>



How to sign up:

Residents can access these courses for free by entering the Shropshire and Telford & Wrekin

Access Code:

DARWIN18

at inourplace.co.uk.

inourplace 

Bridgnorth Community Information Drop In Sessions

Family Drop-In

Here to help

Free information, advice and support

You can chat, have a drink and see how we can all help you with:

- Family Life
- Children's health and wellbeing
- Drug and alcohol support
- Housing Support
- Domestic abuse support
- Financial advice
- Home fire safety
- Healthy living advice
- Help with getting back to work

Bridgnorth Youth Centre
45 Innage Lane, Bridgnorth WV16 4HS

Every Tuesday from 1.30pm—4pm



Supporting families with children aged 0-19 years (up to 25 years for young people with special educational needs and disabilities)

We aim to make it easier for you to ask for help and get support when you need it.

Shropshire Council www.shropshire.gov.uk

Shropshire Supporting Families through Early Help





COFFEE & CHAT

Stay & Play

Every Tuesday
1pm until 3pm
Bridgnorth Library, 67 Listley Street,
Bridgnorth, WV16 4AW

All families within the local area welcome

Free information, support & advice around:

- Family Life
- Housing & Finance
- Special Education Needs and/or Disabilities (SEND)
- Parenting Support
- Training & Employment
- Domestic Abuse Support
- And much more...

REFRESHMENTS WILL BE PROVIDED
"PLEASE BRING YOUR OWN SEALED CUP/TRAVEL MUG"




shropshire.gov.uk/early-help

Shropshire Council

Highley Community Drop In Sessions

Community Drop-ins

How can we help you?

Come along to:
Highley Library, Halo Severn Centre, Bridgnorth Road,
Highley, WV16 6JG

The fourth Friday
of each month
9.30am-12.30pm



Free information, advice
and support around;

- Housing support
- Getting older
- Family Life
- Domestic Abuse
- Special Educational Needs and/or Disabilities (SEND) support
- Parenting support
- Finance support
- Healthy living, and much more!

Sponsored by:



OneplusOne



Introducing the Separating better app, a **free** self-guided mobile app for separating parents, designed to facilitate a smoother separation journey and promote positive co-parenting. This app is filled with expert advice, video resources, practical parenting, and budgeting plans, as well as co-parenting tips. It offers an easy-to-follow journey where you can track your progress and unlock app sections as you go.

Find out more and download the mobile app, now:

https://www.oneplusone.org.uk/separating-better?utm_source=referral&utm_medium=social&utm_campaign=sbaffiliate

For face to face support, go to [Getting on better | Shropshire Council](#) and select Free Courses and Workshops.



An online course to help parents communicate better with each other

Arguing better

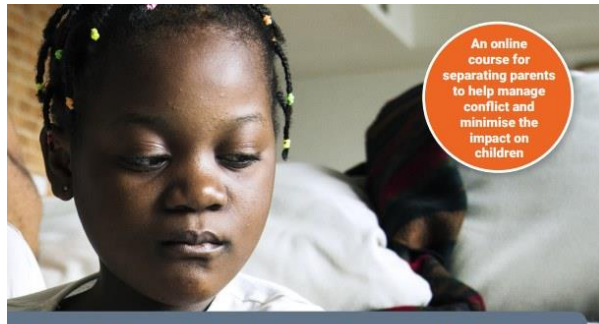
Disagreements are a normal part of life, and most couples argue from time to time. How you deal with disagreements can make a big difference to you, your partner, and your children.

This free online course can help you learn to manage difficult conversations, avoid conflict, and improve things for your whole family.



Create your free account at www.oneplusone.org.uk/parents or scan the QR code
To access the course, you will need a good internet connection and a smartphone, tablet, or computer.

oneplusone 1 / 3



An online course for separating parents to help manage conflict and minimise the impact on children

Getting it right for children

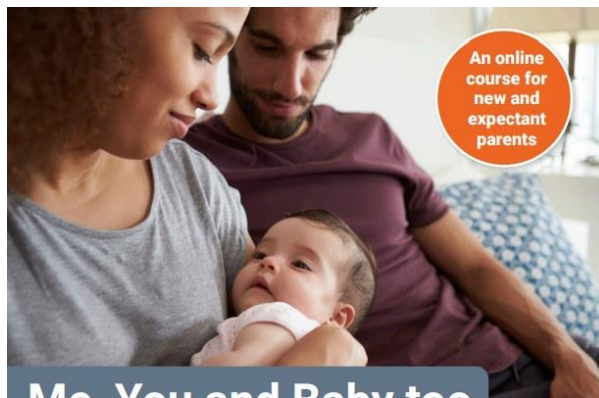
When separated parents argue, it's common for children to feel like they are caught in the middle. This free online course is designed to help separated parents communicate better with each other and parent cooperatively after parting.

You will learn positive communication skills like staying calm, seeing things differently, and speaking for yourself so that you can sort out disagreements with your child's other parent and find solutions together. You can do the course on your own, at your own pace.



Create your free account at www.oneplusone.org.uk/parents or scan the QR code

To access the course, you will need a good internet connection and a smartphone, tablet, or computer.



An online course for new and expectant parents

Me, You and Baby too

Tiredness and stress are common when you're caring for a baby. If parenthood is leading to more arguments between you and your partner, this free online course could help.

With tips and advice on how to talk about difficult topics, share stress, and prevent arguments, this short course will help you and your partner navigate challenging times together.



Create your free account at www.oneplusone.org.uk/parents or scan the QR code

To access the course, you will need a good internet connection and a smartphone, tablet, or computer.

Pharmacy First can help families – a new service available in Shropshire, Telford and Wrekin

Pharmacy First can help families with minor illnesses and seven common conditions. If appropriate, treatment can be offered without a prescription for seven common conditions, and it can be quicker to see a pharmacist than a GP. Normal prescription charges and exemptions (those who do not have to pay, including children) will apply.

A pharmacy is a great place to get healthcare advice and treatment. Pharmacies are easy to reach, usually located within local communities, and often open evenings and weekends. This service may help children and colleagues get well and back to nursery/school/work quicker.

Health Visiting Information

Every family with children under 5 has access to a health visitor.

Families can access advice and support up until the age of 5 years old by calling **The Single Point of Access on 0333 358 3654.**

If parents don't want to talk to someone, they can send a text and one of the team will get back to them on **07520 635212**

This is a Monday to Friday service 09:30am until 4pm where a Health Visitor is on the line to offer the appropriate advice and support and referrals can be made to the appropriate practitioner.

If parents need extra support or support for potty training, behaviour, sleep, eating we have two Healthy Child practitioner who they can be referred to who will come out to their home or to a clinic to support the family with these issues.

This referral can be completed through the single point of access and sent to the appropriate team.

If it is specialised targeted work the family will be seen by a Health visitor for example low mood or complex development issues, safeguarding or specialised referrals.

All children are seen universally at one years and at two years and they are offered a full health growth and development review via a letter with an appointment.

These are now completed at Cleobury Mortimer Health Centre, Ludlow or Bridgnorth depending on where they live.

PARENT CARER COUNCIL
PACC
SHROPSHIRE

Accessing Support

Knowing how to access support and who to speak to can be overwhelming and difficult at times. We have created this information sheet of charities and organisations that can provide help and support. You can also contact PACC for support and information on info@paccshropshire.org.uk

Shropshire IASS
Inclusion Advice & Support Service
We provide information, advice and support to parents and carers of children aged 0 to 25, and young people aged 16 to 25 who have, or may have, special educational needs or disabilities (SEND).

autism west midlands
We are the leading charity in the West Midlands for Autistic adults, children, young people and those who love and care for them. Our passionate, expert staff and volunteers work across a range of age groups and abilities.

contact for families with disabled children
We're here for families wherever they live in the UK, and whenever they need us.

SHROPSHIRE LOCAL OFFER
The SEND local offer is a single place for information, services, and resources for children and young people aged 0-25 with special educational needs and/or disabilities, their families, and the practitioners who support them.

PREPARATION FOR ADULTHOOD
PACC
The PACC Preparation for Adulthood (PFA) Navigator service is available to help SEND families understand the options available for young people with SEND on their preparation for adulthood journey.

IPSEA
IPSEA is a registered charity in England that provides free legal advice and support to families of children with special educational needs and disabilities (SEND).

PACC (Parent Carer Council) have created an information sheet of charities and organisations that can provide help and support.

Please let us know if you would like a copy.

Otherwise please contact PACC for support and information on info@paccshropshire.org.uk

Celebrating Children's Achievements



The children representing all the hard work and positive attitudes in our school this week.



Numbots

Theme: **Renley Philpott**

Rea: **Ophelia Preece**

Corve: **Meghan Moore**



Times Tables Rock Stars

Corve: **Walter Underhill**

Severn: **Ellie Davies**



Spelling Bee

Bronze: **Ella, Leo R, Hugo, Aubrey, Theo, Otilie, Tabitha**



Sports Stars:

Teme: **Esme** for good control when rolling the ball into a space / **Tommy** for fantastic listening skills when putting a different body part onto the ball.

Rea: **Luke** for good progress in our invasion games unit in PE.

Corve: Mrs Stokes's sports star this week is **Ned** for showing great knowledge and understanding of T1 rugby.

Severn: Mrs Stokes's special mention is **Ruby** for great organisational skills and fantastic effort. **Tabitha & Elia** for excellent ball passing skills / **Ruby, Felicity, Spencer** and **Lucas** for great tackle triangles in T1 rugby.



Pride and Presentation: Award for pupil focus on presentation of work across the curriculum.

Teme: **Renley** for his handwriting in our daily sentence work.

Rea: **Freddie** for his letter formation in phonics.

Corve: **Meghan** for her organisation and layout of her multiplication in maths.

Severn: **Teddy** for his handwriting in English.

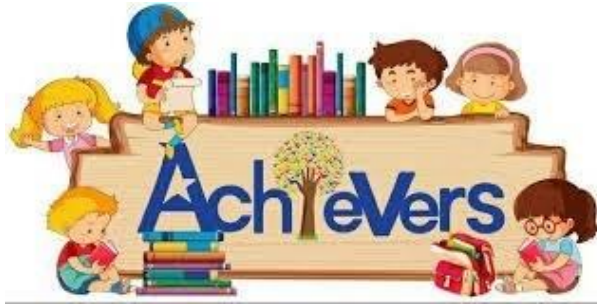


Great Sentence using words of the week:

Rea: Once there was a **penniless** cobbler. **Margot**

Corve: **Unfortunately**, I didn't get to go to the bakery to get a doughnut. **Eva**

Severn: He unwrapped the sky blue **fragile** box to discover a beautifully hand-made toy he had desired - a wooden hobby horse. **Holly**



Class Achievers:

Theme: **Caleb** showed excellent maths thinking and gesturing by holding up three fingers on each hand to show two equal sets. He used mathematical language to explain clearly that 3 and 3 makes 6 and that it's a double.

Rea: **Oliver** for his subtraction understanding / **Tara** for her enthusiasm for two times tables.

Corve: **Libby Grace** and **Meghan** for independently completing work in our dividing by 3 lesson / **Leon** for brilliant sentence work to form a diary based on Charlotte's Web / **Walt** for his computer work on identity.

Severn: **Izzy, Ellie, Jenson, Leo, Spencer** and **Felicity** for their detailed analysis/questioning in RE / **Teddy** for his sentence starter work in English.



Children selected for growing kindness.

Reception: **Halle** for her effort in supporting peers turn taking during the lotto game 'Spotty Cows'.

Year 1: **Luke** for helping look after our early morning activity things.

Year 2: **Boyd** for helping a friend.

Year 3: **Raith** for helping pick up all the fruit and put it back into the fruit bowl.

Year 4: **Lincoln** for holding the door open to let Miss Hall walk through first.

Year 5: **Oliver** for supporting another pupil in class with her maths.

Year 6: **Elia** for picking up Severn Class coats off the floor.