



The Stotty School News 13.2.2026



[Stottesdon CofE Primary School](#)

Part of [The Four Stones Gateway Trust](#)

Tel: 01746 718617

Email: admin@stottesdon-school.co.uk

If viewing on a phone and you can't see all the text just swipe up on the writing.

Diary dates for the week ahead



Diary Dates for next week	
Tuesday 17 th / Thursday 19 th Feb.	SGN Holiday Club Open - 8am to 5.30pm
Tuesday 17 th Feb.	Licensing of the new vicar @ St. Mary's Church, Stottesdon @ 7pm
21 st February	Chorley Chapel Warm Hub 11am to 1pm
Monday 23 rd February	1 st Day of the second half of the Spring Term
Tuesday 24 th February	Rea and Teme Class Trip to Craven Arms Mosque - Packed lunch, water bottle and waterproof coat required Lacon Sports Coach
Wednesday 25 th February	Private Music Lessons with Mrs Leverett Williams
Thursday 26 th February	
Friday 27 th February	Rea and Teme Lacon Sports Festival - water bottle and waterproof coat required
Upcoming Diary Dates	
Monday 2 nd March	Corve Class trip To Craven Arms Mosque
Thursday 5 th March	World Book Day

Wedding Pictures

Miss Robinson would like to share the following pictures of her wedding day in New Zealand with you - I am sure you will all agree she looks absolutely beautiful - we wish Mr and Mrs Perks every happiness for their future together.





Safer Internet Day

Safer
Internet
Day 2026 | Tuesday
10 February

Coordinated by the UK Safer Internet Centre

saferinternetday.org.uk

This week, our school joined others nationwide to celebrate Safer Internet Day 2026, the largest global online safety campaign. This year's theme, 'Smart tech, safe choices – Exploring the safe and responsible use of AI,' focuses on teaching children and young people the skills to use AI technology safely and responsibly, and highlights available support.

From voice assistants, to chatbots, to algorithms, AI technology is playing an increasingly large role in all our lives. It is important that we find time to discuss these tools and the impact they can have on our own and our families' online experiences, including:

- the news and content we see,

- the way we work, including using AI for homework or studies,
- and the risk of misuse of AI, for example to create realistic scams or non-consensual nude images.

We encourage you to join us in celebrating by continuing the conversation about AI technology at home. Here are some helpful resources:

- Read the UK Safer Internet Centre's top tips for parents and carers [here](#).
- You can share the [UK Safer Internet Centre's top tips for children and young people with your child](#).

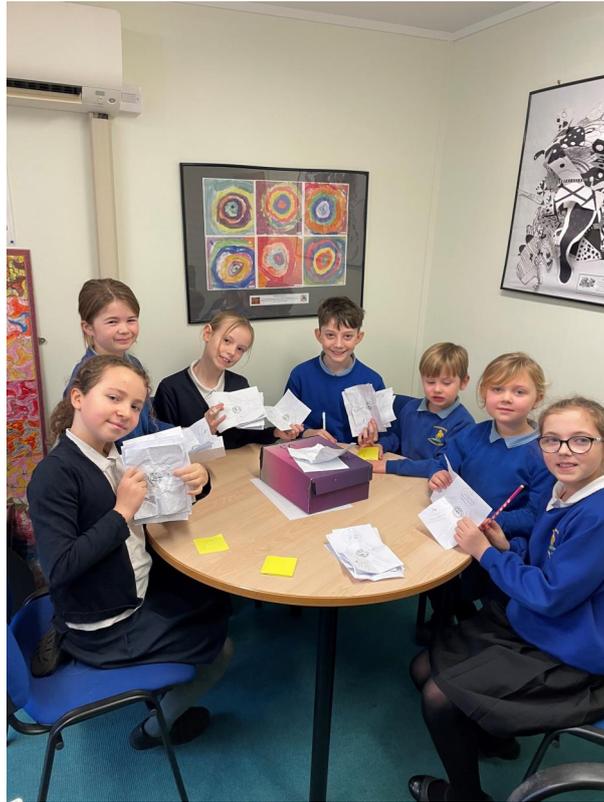
You may also like to use one of these prompts to start a conversation with your child:

- What's your favourite thing to do online?
- Have you ever used an AI tool? How did it make you feel?
- What do you like about AI technology?
- Do you have any worries about AI technology?
- What advice would you give to your friends about using AI?
- Who would you talk to if you saw something worrying online?
- What more can I do to help you feel safe online?

A key part of protecting children and young people from online harms is through preventative education. By talking about this in school and at home, we can all work towards keeping children safe when they are online. Celebrating Safer Internet Day is a great opportunity for you to re-emphasise the online safety messages we deliver throughout the year.

If you have any concerns or questions about keeping your child safe online, please do get in touch with your child's class teacher or Mrs Jones, our Designated Safeguarding Lead.

School Council



Stottesdon School Council counting votes from across the school for the theme of their next 'agents of change' project. The school unanimously voted to look at what they can do to help everyone have a home that is warm and safe.

Please watch out for further details from the School Council.

February Half Term - SGN Holiday Club



February Holiday Club 2026 Booking Form

Children aged 2-11

Mon-Thurs: 8:00am-5:30pm (PLEASE NOTE WE ARE NOT OPEN FRIDAYS AND CLOSE AT 3:15pm WEDNESDAYS)

A range of activities are arranged for different sessions (no extra charge). These may be subject to change.

A packed lunch, including drinks, will be required on each day.

To register for Holiday Club sessions, please complete the registration form and return it to the school office. (admin@stottesdon-school.co.uk). PLEASE NOTE THAT IF THERE IS NOT SUFFICIENT UPTAKE TO MAKE THE SERVICE VIABLE, WE MAY NEED TO REDUCE OPENING. In order to help everyone with plans please make booking requests as soon as possible. You will be invoiced for the sessions you book and so don't need to include payment at this point. If places are limited and will be issued on a first come first served basis. Please also note the extract below from our terms and conditions: To pay fees even if your child/ren does not attend the session they are booked in for, due to holiday, sickness, school clubs or adverse weather conditions. Also, to be aware that we are unable to swap sessions if your child misses any. However additional sessions can be booked on an ad hoc basis, subject to availability. We request that when there is high demand for slots in Nursery / wrap round and holiday club, unneeded ad hoc spaces are cancelled 72 hours before 01/02/26, to allow spaces to be taken by others.

Monday 16th February (8:00-5:30) (HT+SC)	Bike and scooter club
Tuesday 17th February (8:00-5:30) (HT+BT)	Design and make your own pancake
Wednesday 18th February (8:00-5:15) (HT+BT)	Tye Dye Please bring a white t-shirt
Thursday 19th February (8:00-5:30) (HT+SC)	Making Gingerbread Men

SGN Holiday Club will be available on the following dates:

Tuesday 17th February 8am to 5.30pm

Thursday 19th February 8am to 5.30pm

Unfortunately, due to low uptake, we have had to withdraw holiday club on Monday 16th & Wednesday 18th February. PLEASE NOTE THAT BOOKINGS ARE NOW CLOSED.

SGN Holiday club - Advance Notice of reduction in opening hours

Advance Notice: Please be aware that going forward, from Easter 2026, the holiday club will only be open for 2 days a week (Tuesday & Wednesday).

This is due to staffing difficulties and low uptake.

Road Closures / Pot Holes



*We are aware of the **very poor condition of the roads** in the area at the moment. Please rest assured that we have **raised these concerns with both the Parish Council and the County Council**, and we are continuing to press for urgent action.*

*In the meantime, we ask all parents and carers to **drive with extreme care and full attention**, especially during busy drop-off and pick-up times. Your caution helps keep everyone in our community safe.*

Teme / Rea Class Visit to Craven Arms Mosque



On Tuesday 24th February the children in Teme and Rea Class will be visiting the mosque in Craven Arms. This visit will support their RE learning about different faiths, places of worship and how they support the community.

On their return journey the children will stop off at Cleobury Mortimer to study shops found in a high street and to learn about where we get our food from to support our learning about food journeys from farm to shop.

We are asking for a voluntary contribution of £5.75 to cover the cost of this trip (£2.88 for those children who are eligible for benefit related free school meals) - once again thank you to FoSPS for covering half of the cost of the transport.

Children will need a packed lunch, water bottle and waterproof coat.

Pupil Social Action Conference - Hereford Cathedral



On Wednesday 25th March some of the children in Severn Class (all year 5 children plus a couple of year 6 children) will be transported to Hereford Cathedral to attend a 'Pupil Social Action Conference' where they will have the opportunity to explore key social justice issues and opportunities for action.

Children will require a packed lunch, water bottle and waterproof coat.

To cover the cost of this trip we are asking for a voluntary contribution of £8.70 per pupil (we are very thankful to FoSPS for covering half of the cost for the transport) - those pupils eligible for benefit related FSM £4.35. We would be grateful if you would make this contribution via Arbor.

Top Tips for Practising Spelling at Home



We are continuing our amended approach with spellings (regular input with games and retrieval practice - rather than weekly tests). However, we would still welcome parent support in children practising spellings in a short, sharp low stakes way. Teachers are still sending home the range of words so please see below some easy ways to seep in practice without it being cumbersome. Thank you for your support in this.

1. Look, Cover, Write, Check:

- Look at the word
- Cover it
- Write it
- Check and correct. This helps children remember the spelling and spot mistakes independently.

2. Say It, Clap It, Spell It:

Say the word together, clap the syllables, then spell it out loud. This helps children hear the structure of the word before writing it.

3. Notice the Pattern:

Each spelling list usually follows themes or rules. Look for what's the same—such as *ai*, *tion*, *ck*, or silent letters. Sorting words by their shared pattern helps them “stick”.

4. Mini Whiteboard or Scrap Paper Practice:

Using wipe-clean boards or scrap paper keeps practice low-pressure. Children can quickly try again without worrying about mistakes.

5. Use the Words in Sentences:

Encourage your child to say or write a short sentence with each spelling word. This helps them understand the meaning and remember how to use the word.

6. Make It Active:

Try writing the word in the air, on a parent's hand, or with a finger on a table or the carpet. Movement supports memory—and keeps practice fun.

7. Keep It Short:

Five minutes a day is enough! Little and often builds confidence and long-term recall.

8. Play Quick Spelling Games:

Try spelling snap, matching pairs, mini quizzes, or a word hunt around the house (everyone loves a post it!). Games help children stay positive and engaged.

Thank you for supporting spelling at home—small daily practice makes a big difference!

A Message to Families: The Importance of Avoiding Term-Time Holidays and Supporting The Education Of Your Child

So far this year, **20 pupils (a fifth) have taken holidays during term time**, and **14 of those children currently have at least one core area (literacy or numeracy) that is not at age-related expectations**. This is not unique to our school—**national research continues to show a strong link between school attendance and academic attainment**. A Department for Education (DfE) report (2025) found that **higher attendance is consistently associated with higher academic performance across all pupils**. [\[gov.uk\]](https://www.gov.uk):

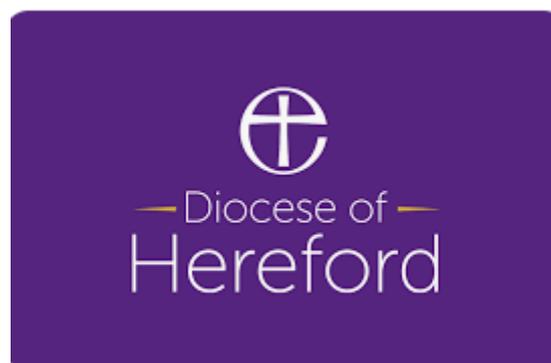
At KS2, pupils who attended school nearly every day in Year 6 (with an attendance rate of 95-100%) were 1.3 times more likely to achieve the expected standard in reading, writing and maths compared to pupils who only attended 90-95% of the time. This means missing just 10 days of year 6 reduced the likelihood of reaching the expected standard by around 25%. Pupils who attended nearly every day were 1.8 times more likely to achieve the standard than persistently absent pupils who only attend 85-90% of the time (relating to 4 -6 weeks more time in school).

There are **extensive school holiday periods across the academic year** when family breaks can be taken without interrupting learning. Of the **365 days in the year, children attend school for 190**, leaving **175 days available for holidays**. We fully understand the financial pressures on families and the temptation to travel during cheaper off-peak periods. However, we also believe strongly that **children's education must remain a priority**. National data is clear: missing learning—even short periods—has a measurable impact on progress, especially in literacy and numeracy. In school, we are also noticing a **clear pattern of disruption linked to term-time holidays**:

- **Before the holiday:** behaviour often becomes unsettled as anticipation builds.
- **During the holiday:** children miss key steps in the learning sequence, meaning crucial parts of the curriculum are lost.
- **After the holiday:** pupils often return out of routine, take longer to re-establish learning behaviours, and can feel less confident because content has moved on in their absence.
- This is sometimes followed shortly afterwards by a **scheduled school holiday**, which can **extend the period of disrupted learning** even further.

Nationally, attendance remains a key concern. Data from the 2025/26 academic year shows that absence continues to disrupt learning at a national level, with persistent absence (less than or close to 90%) linked to **widened knowledge gaps, reduced confidence, and lower engagement**, particularly for disadvantaged pupils. At primary level, these early patterns matter: habits formed now can follow pupils into later schooling. Our staff are working incredibly hard to help every child thrive. However, it can feel disheartening when progress is interrupted or has to be rebuilt after an avoidable absence. **Regular, consistent attendance is essential—not just for academic progress, but also for emotional stability, routine, and social development.** We are asking families to please support us by **avoiding holidays during term time.** Together, we can ensure continuity, protect progress, and give every child the very best chance to succeed.

Licensing of new Vicar - Great news!



The licensing of the new vicar, Reverend Dr. Sally Wallace-Jones, for the benefice of Stottesdon is due to take place on Tuesday 17th February 2026.

The service will be conducted by The Bishop of Hereford and will take place at St. Mary's Church, Stottesdon at 7pm.

Everyone is welcome.

Chorley Chapel Warm Hub



Chorley Chapel will be holding a 'warm hub' on the following date:

Saturday 21st February 2026

The Chapel will be open from 11 till 1pm, serving bacon/sausage sandwiches, toasted teacakes etc.

If there are any children who would like to be helpers (writing menus, taking orders, serving tables, clearing up) please email the office to let us know.

Children would need to arrive at 10.45pm and stay until approx. 1pm. Mrs Jones will be there to supervise and support.

This is a fantastic way to feel part of the community and get involved in multi-generational events.

School Jumpers



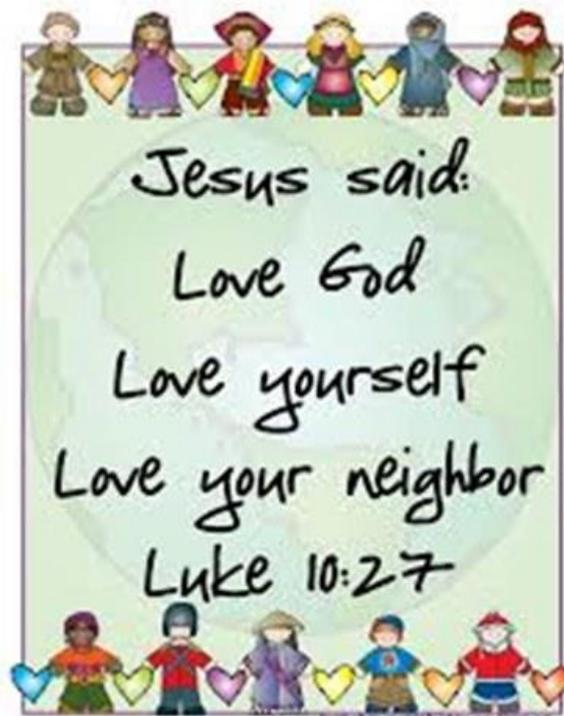
We are finding an increasing number of school uniform items being mislaid without any names in them. This makes it very difficult for us to return belongings to the correct children and often results in items going unclaimed.

Please could we kindly ask that all uniform—including jumpers, cardigans, coats, PE kits, water bottles, and lunchboxes—is clearly labelled with your child’s full name.

A simple name label or even a permanent marker on the tag is absolutely fine.

Your support with this helps us ensure belongings are returned quickly and reduces the amount of lost property in school.

Our Worship / Reflections this week:



Monday: We finished our focus on Justice by thinking about the importance of rules that are there to make things fair and safe. We considered The Highway Code (rules of the road), the 10 commandments and Jesus' answer about the most important commandment. We reflected on our roles in helping places be fair, happy and safe by following rules.

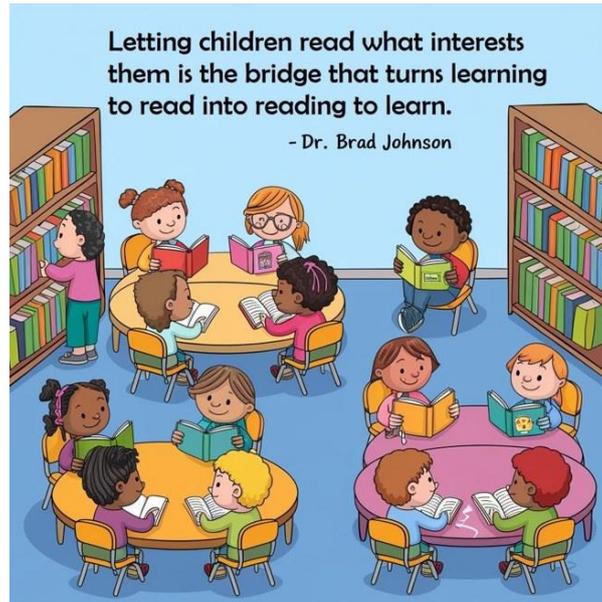


Tuesday, Wednesday, Thursday: For the rest of the week we have been focussing on Safer Internet Week. The focus has been AI - what this is; good and not okay use; what to do if something is not right/worries you.



Celebrating Reading





Reading

Reading with children is one of the most powerful gift parents can give. The development of language, creativity and cultural understanding from reading, discussing and sharing is HUGE so if you are giving this gift thank you for helping to keep this powerful, essential activity 'alive'. Reading is also very powerful as it reduces stress (for the child and the adult!).

Teme: 100%

Rea: 87%

Corve: Yr3= 87% - Yr4=100%

Severn: 100%

Sincere thanks to Mrs Kennett for giving up her time to come into school and listen to the children from Corve Class read.

It is very much appreciated.

EYFS (Nursery and Reception) News

Spring 1: People Who Help Us		
<p>This week in EYFS, we have been learning all about <i>People Who Help Us</i>. Our focus has been on vets and the important work they do to care for animals. The children have enjoyed exploring how vets help keep pets healthy, looking at animal care equipment, role-playing in our vet surgery area, and talking about how we can look after animals at home. It has been a wonderful week full of curiosity, imagination, and lots of caring for our "poorly" soft-toy pets!</p>		
NURSERY		
<p>Little Wandle Text:</p> 	<p>Makaton Sign of the Week: PLAY</p> 	<p>Phonics Sound of the Week:</p> <p>Pronunciation Phrase - e</p> <p>Open your mouth wide and say e e e</p> 
RECEPTION		
<p>Talk for Writing</p> 	<p>Mastering Number: This week, the children practised counting to find out 'how many' and revisited the idea that the last number counted tells the total. They continued to develop their counting skills, including counting out a set from a larger group and remembering when to stop.</p> <p>We also explored the number pattern beyond 20, using a puppet to help children hear the repeating pattern in the '1s'. The aim was simply for them to recognise the pattern, not memorise every number name.</p> <p>A key focus was strengthening their knowledge of the order of numbers to 10, understanding that each number stays in the same place in the sequence and is one more than the previous. We used Numberblocks characters and our fingers to help show '5 and a bit' quantities.</p> 	
<p>This week's phonics:</p> 		
<p>Tricky words: they you by are was</p>		

Vision Screening - Reception children



On Monday 9th March the school Orthoptist will be visiting school to carry out a routine eye test on children in Reception.

Please see attached letter for further details.

If you agree to your child being screened you **DO NOT** need to take any action - should you wish to have your child excluded from the eye test please complete and return the attached 'opt out' form as soon as possible.

Numbots



Please find attached information about the brilliant Numbots resource. Children, of all ages, regularly using this has massive positive impact on their mental maths fluency.

Mrs J Jones will be running a workshop for parents to help them support their children with Numbots on 12th March @ 3.30pm.

Parenting Signposts

You and Me, Mum Group

An 8 week course to help understand how domestic violence impacts on you and your children.

Every Wednesday from 14th January - 11th March

You and Me, Mum Group

This 8-week course will help you understand how domestic violence impacts on you as a parent and how it affects your children. The course objectives are to empower, support and develop further understanding of your role as a mother in addressing the needs of your children and young people.

To book and secure your place on this course please call
01743 250400

Every Wednesday from
Wednesday 14th January 2026 – Wednesday 11th March 2026
09:30-11:30am
Venue: Shrewsbury SY1

Facilitated by
Early Help and Support Team with Shropshire Domestic Abuse
Service





The Best Start in Life campaign, aims to increase awareness of the importance of early years in a child's development and the role of early years education.

Please visit their website (formerly Childcare Choices): <https://www.beststartinlife.gov.uk/>

The website contains a wealth of information from pregnancy through to starting school.



Please find link below to the excellent guide that has been produced to support parents in their decision making and oversight of what children are doing online:

<https://www.childrenscommissioner.gov.uk/resource/what-i-wish-my-parents-or-carers-knew-a-guide-for-parents-and-carers-on-managing-childrens-digital-lives/>

Understanding Your Child Group - January 2026 - Clee Hill Community Academy

Face to face group - Understand your child SEND commencing on Thursday 15th January 2026 @ Clee Hill Community Academy from 9am to 11am - every Thursday for 10 weeks (excluding the school holidays).

Understanding your child From toddler to teen

- Would you like to know more about your child's development?
- Do you need help and support to understand your child's behaviour?
- Would you like a chance to meet with other parents and carers with children of a similar age?

Join us for our free face-to-face group

Understanding Your Child SEND

Thursday 15th January 2026

9.00am to 11.00am

Clee Hill Community Academy

Tenbury Road, Ludlow SY8 3NE

All our groups run for 10 weeks from the start date excluding the School Holidays.

SEND groups are for parents/carers of Children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.

To book a place email
Parentingteam@shropshire.gov.uk
or call 01743 250950

Find more free online courses at
inourplace.co.uk/shropshire



Shropshire Council

Understanding Your Child Groups - Spring 2025

Understanding your child From toddler to teen

- Would you like to know more about your child's development?
- Do you need help and support to understand your child's behaviour?
- Would you like a chance to meet with other parents and carers with children of a similar age?

Join us for one of our free virtual or face to face groups, our next groups start:

Understanding Your Child Group 12th January 2025 from 9.00am to 11.00am St Giles Primary, Shrewsbury

Understanding Your Child Group 13th January 2025 from 6.00am to 7.30pm Utrio Explorers, Ditton Priory

Understanding Your Child SEND Group 14th January 2025 from 10.00am to 11.00pm Tenbury Academy

Understanding Your Child Group 14th January 2025 from 1.00pm to 3.00pm Virtually via MS Teams

Understanding Your Child Group 14th January 2025 from 1.00pm to 3.00pm St Lawrence Primary, Church Stutton

Understanding Your Child SEND Group 15th January 2025 from 9.00am to 11.00am Clee Hill Community Academy

Understanding Your Child SEND Group 15th January 2025 from 1.00pm to 3.00pm Virtually via MS Teams

Understanding Your Child Group 16th January 2025 from 9.00am to 11.00am Highley Primary School

All our groups run for 10 weeks from the start date excluding the School Holidays.

SEND groups are for parents/carers of Children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.

To book a place email
Parentingteam@shropshire.gov.uk
or call 01743 250950

Find more free online courses at
inourplace.co.uk/shropshire



Shropshire Council

Sleep Tight Work Shops - Spring 2025

Does your child struggle with their sleep?

Free Sleep Tight Groups

- Join us on one of our virtual or face-to-face groups and:
- Find out why sleep is important for our health and emotional wellbeing
 - Get support to help improve sleep and bedtime routines
 - Meet other parents/carers to share and discuss experiences

Sleep Tight Group Monday 12th January 2026 from 1.00pm to 3.00pm *Virtual* via MS Teams

Sleep Tight Group Thursday 10th January 2026 from 8.30am to 11.30am *Highley Primary School*

Sleep Tight SEND Group Monday 22nd February 2026 from 1.00pm to 3.00pm *Virtual* via MS Teams

Sleep Tight Group Tuesday 24th February 2026 from 8.30am to 11.30am *Greenock Primary School*

The groups run for 8 weeks excluding the school holidays

SEND groups are for parents/carers of children who might have special educational needs and disabilities, or formal diagnosis is needed to attend the groups

To book a place email Parentingteam@shropshire.gov.uk or call 0145 250950

Find out more here



Send Meet & Chat Family Drop-In

SEND MEET & CHAT FAMILY DROP-IN

SPRING TERM

Hosted by Shropshire Early Help



LUDLOW - HELENA LANE COMMUNITY CENTRE

Tuesday 20th January 2026
12:30pm - 1:30pm

Helena Lane Community Centre, 20
Hartnet Rd, Ludlow,
SY8 2NP

Do you care for a child or young person with Special Educational Needs and Disabilities (SEND)?

These sessions are open to anyone supporting a child with SEND — whether you're a parent carer, family member, or professional.

Come along to ask questions, get practical advice, and connect with professionals who understand your journey

Speak with experts in:

- EHCPs
- School support
- Health and wellbeing
- Social care
- Mental health

SHREWSBURY THE LANTERN

Thursday 19th February 2026
10:00am - 12:00pm

The Lantern,
Meadow Farm drive,
Shrewsbury SY1 4NG



MARKET DRAYTON RAVEN HOUSE

Tuesday 24th March 2026
13:00pm - 15:00pm

Raven House,
123 Cheshire Street,
Market Drayton TF9 3AH



Parenting Help & Support Line

Shropshire Parenting Help and Support Line

01743 250950

Mon - Thurs, 9.30am - 4.30pm

Fri, 9.30am - 3.30pm

No judgment, just support.



Shropshire Public Health Nursing Team

Shropshire Public Health Nursing Service
Family Nurse Partnership
NHS Shropshire Community Health NHS Trust

Follow Us on Facebook

For Our Latest Public Health Information & Updates

@ShropshirePublicHealthNursingService

SHROPSHIRE 0-19 PUBLIC HEALTH NURSING SERVICE

Shropshire Family Information Service



Hello from the **Family Information Service** (FIS for short).
Our job is to give you the info and resources you need to help your family life run a little smoother. We can help with:

- Childcare - finding it and advice on paying for it
- Local baby and toddler groups
- Events, clubs, activities, and fun things to do in the school holidays, for all ages
- Getting parenting and family support
- Finding health and wellbeing support

We cover everything and anything to do with family life, so if you have a question, chances are we'll be able to help, or if we can't, we'll point you in the direction of someone who can.

Follow us on social media for all the latest news and info.

 @ShropshireFamilyInfo
 @ShropshireFamilyInfo
 @ShropFamilyInfo

www.shropshire.gov.uk/fis

What is Shropshire Family Information Service:

The Shropshire Family Information Service (FIS) is a brilliant universal service. The FIS brings together loads of useful, local information for families, to help take the stress out of things like finding:

- Childcare or baby and toddler groups
- Holiday clubs, events and things to do as a family
- Parenting, relationships, and emotional health and wellbeing support
- Cost of Living info and advice

FIS use our social media channels to bring families news, events and handy information, which links through to our [Family Information Directory](#). Families are welcome to contact us directly for help with anything to do with family life. We have created a brand new short video to explain who we are and what we do. You can view it here on YouTube

https://youtu.be/7t1jBqJTI8?si=LeOiNag8_LeSPzX0

What we would love you to do:

1. Follow us on social media. We use social media as a key tool for reaching parents and professionals, so give us a follow and we will follow you back.

[Family Info Service Facebook](#)

[Family Info Service Instagram](#)

[Family Info Service Twitter](#)

2. Subscribe to our newsletter <https://orlo.uk/5RvZN>



From 1 December, a new, free 24/7 mental health text support service is available for people of all ages living in Shropshire, Telford and Wrekin (STW), delivered by qualified mental health professionals. The service is delivered by SHOUT on behalf of Midlands Partnership University NHS Foundation Trust (MPFT) who are commissioned by NHS Shropshire, Telford and Wrekin. Why is it important? The service expands access to immediate mental health support, complementing existing services such as NHS 111 option 2, and supports the national transformation of NHS mental health care by improving responsiveness, inclusivity and accessibility.

How to access?

Text **'STW'** to **85258**, free of charge and at any time, to start a conversation with a trained mental health professional.

Benefits to Patients

- **Easy access.** No need to speak on the phone or wait for an appointment. Text at any time from anywhere.
- **24/7 support.** Available day and night, including weekends and holidays.
- **Mental health-focused.** Tailored to people experiencing mental health difficulties, delivered with compassion and understanding.
- **Discreet and private.** Ideal for those who prefer not to talk on the phone or need support in a public place.
- **Inclusive and equitable.** Helps reduce inequalities by offering support to anyone across STW.
- **Integrated with local services.** If needed, text responders can help you signpost to local services like NHS 111, crisis teams, or other community-based mental health support.

If someone feels unsafe or at immediate risk, they should call 999, as the text service is not intended for urgent emergencies. Individuals already receiving mental health support should contact their named worker first, in accordance with their care plan.

Further information can be found by following this link:

<https://www.shropshiretelfordandwrekin.nhs.uk/news/mental-health-text-service-launch/>

BeeU Emotional Health and Wellbeing



Are you a parent/carer to a child under the age of five?

Are you concerned about meeting their emotional needs or some challenging behaviours that you are seeing?

Would you like to have a better relationship with your baby or child?

Do you worry about your bond or attachment with your baby or child?

Do you worry that you are not able to meet the needs of your baby or child?

Here at BEEU we can help you explore the answers to some of these questions and many more issues that you may be affected by

Our practitioners can offer a listening ear and help you make sense of some of the thoughts and feelings you have around your relationship with your baby/child.

We may also be able to offer a therapeutic intervention if you wish and is appropriate

We have two practitioners who are trained in Video Interaction Guidance (VIG) therapy which is an evidence-based approach to supporting better relationships with parents and their baby/infants in the early years. You can find out more about VIG at [What is VIG? | AVIGuk](#)

If you would like to find out more about our service and if it is right for you or would like to speak to one of our practitioners please contact BeeU via email:

beeearlyyears@mpft.nhs.uk

We welcome contact from parents/carers directly.

Togetherness for better emotional health (previously known as the Solihull Approach):

Togetherness is an online learning environment developed by psychologists and health practitioners providing accessible learning about emotional health and wellbeing, proven to positively impact mental health, behaviour and relationships.

To find out more about the free online courses please visit:

<https://inourplace.co.uk/shropshire/>

For more information on the change from 'Solihull Approach' to 'Togetherness' please visit:

<https://inourplace.co.uk/becoming-togetherness/>



How to sign up:

Residents can access these courses for free by entering the Shropshire and Telford & Wrekin

Access Code:

DARWIN18

at inourplace.co.uk.

inourplace 

Bridgnorth Community Information Drop In Sessions

Family Drop-In

Here to help

Free information, advice and support

You can chat, have a drink and see how we can all help you with:

- Family Life
- Children's health and wellbeing
- Drug and alcohol support
- Housing Support
- Domestic abuse support
- Financial advice
- Home fire safety
- Healthy living advice
- Help with getting back to work

Bridgnorth Youth Centre
45 Innage Lane, Bridgnorth WV16 4HS

Every Tuesday from 1.30pm—4pm



Supporting families with children aged 0-19 years (up to 25 years for young people with special educational needs and disabilities)

We aim to make it easier for you to ask for help and get support when you need it.



www.shropshire.gov.uk



COFFEE & CHAT

Stay & Play

Every Tuesday

1pm until 3pm

**Bridgnorth Library, 67 Listley Street,
Bridgnorth, WV16 4AW**

All families within the local area welcome

Free information, support
& advice around:

- Family Life
- Housing & Finance
- Special Education Needs and/or Disabilities (SEND)
- Parenting Support
- Training & Employment
- Domestic Abuse Support
- And much more...

REFRESHMENTS WILL BE PROVIDED
"PLEASE BRING YOUR OWN SEALED
CUP/TRAVEL MUG"



shropshire.gov.uk/early-help



What's on in October at Bridgnorth Early Help Coffee and Chat

Tuesday 7th October 2025	Who can you talk to today: <ul style="list-style-type: none"> Health visitors DASH family support worker Early Help Family support worker Young Carers Housing support 	Look what's on today... <p>SmileLife with the 0-5 team - Learn how to care for your baby's teeth from the very first tooth! Our friendly staff will come to you on healthy habits for little mouths.</p> <p>Stay and Play Fun A safe and welcoming space for little ones to explore, play, and learn through age-appropriate activities that support early development. Join us for a fun, relaxed, and engaging Stay and Play session.</p>	Shropshire Together Community and Family Hubs
Tuesday 14th October 2025	Who can you talk to today: <ul style="list-style-type: none"> Health visitors DASH family support worker Early Help Family support worker Employment Advisor Housing support SEND professionals 	Look what's on today... <p>SmileLife with the 0-5 team - Learn how to care for your baby's teeth from the very first tooth! Our friendly staff will come to you on healthy habits for little mouths.</p> <p>Stay and Play Fun A safe and welcoming space for little ones to explore, play, and learn through age-appropriate activities that support early development. Join us for a fun, relaxed, and engaging Stay and Play session.</p> <p>SEND Meet and Chat These sessions are open to anyone supporting a child with SEND – whether you're a parent, carer, family member, or professional. Come along to ask questions, get practical advice, and connect with professionals who understand your journey.</p>	Free sessions You do not need a child to attend the session to access family help. Safe, comfortable, confidential and informal space to talk. Early Help Family support workers available to chat to any needs. We look forward to seeing you
Tuesday 21st October 2025	Who can you talk to today: <ul style="list-style-type: none"> Early Help Family support worker Shropshire domestic abuse service Housing support 	Look what's on today... <p>Stay and Play Fun A safe and welcoming space for little ones to explore, play, and learn through age-appropriate activities that support early development. Join us for a fun, relaxed, and engaging Stay and Play session.</p>	
Tuesday 28th October 2025	Who can you talk to today: <ul style="list-style-type: none"> Early Help Family support worker Housing support 	Look what's on today... <p>Come and Celebrate Halloween and Autumn Join us for a super Stay and Play session that will have you and your little ones in the spirit of Halloween and Autumn crafts.</p>	

Bridgnorth Library, 47 Jubilee Street, Bridgnorth, WV16 4AD. 100 until 3.00

Highley Community Drop In Sessions

Community Drop-ins

How can we help you?

Come along to:
Highley Library, Halo Severn Centre, Bridgnorth Road,
Highley, WV16 6JG

The fourth Friday
of each month
9.30am-12.30pm



Free information, advice
and support around;

- Housing support
- Getting older
- Family Life
- Domestic Abuse
- Special Educational Needs and/or Disabilities (SEND) support
- Parenting support
- Finance support
- Healthy living, and much more!

Sponsored by:



Logos for Shropshire Supporting Families Through Early Help, a yellow smiley face, and Shropshire Council.

OneplusOne

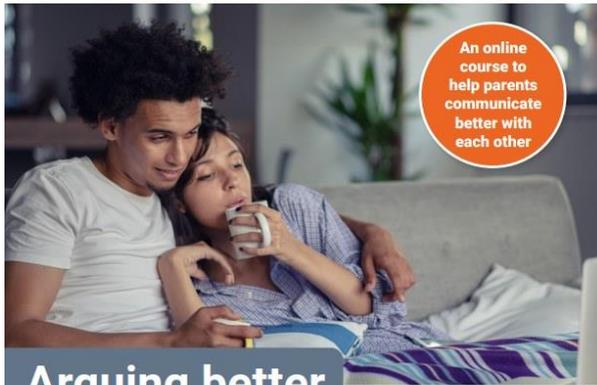


Introducing the Separating better app, a **free** self-guided mobile app for separating parents, designed to facilitate a smoother separation journey and promote positive co-parenting. This app is filled with expert advice, video resources, practical parenting, and budgeting plans, as well as co-parenting tips. It offers an easy-to-follow journey where you can track your progress and unlock app sections as you go.

Find out more and download the mobile app, now:

https://www.oneplusone.org.uk/separating-better?utm_source=referral&utm_medium=social&utm_campaign=sbaffiliate

For face to face support, go to [Getting on better | Shropshire Council](#) and select Free Courses and Workshops.



An online course to help parents communicate better with each other

Arguing better

Disagreements are a normal part of life, and most couples argue from time to time. How you deal with disagreements can make a big difference to you, your partner, and your children.

This free online course can help you learn to manage difficult conversations, avoid conflict, and improve things for your whole family.



Create your free account at www.oneplusone.org.uk/parents or scan the QR code
To access the course, you will need a good internet connection and a smartphone, tablet, or computer.



An online course for separating parents to help manage conflict and minimise the impact on children

Getting it right for children

When separated parents argue, it's common for children to feel like they are caught in the middle. This free online course is designed to help separated parents communicate better with each other and parent co-operatively after parting.

You will learn positive communication skills like staying calm, seeing things differently, and speaking for yourself so that you can sort out disagreements with your child's other parent and find solutions together. You can do the course on your own, at your own pace.



Create your free account at www.oneplusone.org.uk/parents or scan the QR code
To access the course, you will need a good internet connection and a smartphone, tablet, or computer.





An online course for new and expectant parents

Me, You and Baby too

Tiredness and stress are common when you're caring for a baby. If parenthood is leading to more arguments between you and your partner, this free online course could help.

With tips and advice on how to talk about difficult topics, share stress, and prevent arguments, this short course will help you and your partner navigate challenging times together.



Create your free account at www.oneplusone.org.uk/parents or scan the QR code

To access the course, you will need a good internet connection and a smartphone, tablet, or computer.

Pharmacy First can help families – a new service available in Shropshire, Telford and Wrekin

Pharmacy First can help families with minor illnesses and seven common conditions. If appropriate, treatment can be offered without a prescription for seven common conditions, and it can be quicker to see a pharmacist than a GP. Normal prescription charges and exemptions (those who do not have to pay, including children) will apply.

A pharmacy is a great place to get healthcare advice and treatment. Pharmacies are easy to reach, usually located within local communities, and often open evenings and weekends. This service may help children and colleagues get well and back to nursery/school/work quicker.



Integrated Care System
Shropshire, Telford and Wrekin

NHS
Shropshire, Telford and Wrekin

Kiley Alex Chelsie Jayne Jasdeep Karen

**Worried about your child's health?
Think 'Pharmacy First'**

You can now get treatment for a variety of common conditions and minor illnesses from your local community pharmacy.

Your pharmacy can help with:

- Earache (ages 1-17)
- Infected insect bites (from age 1)
- Impetigo (from age 1)
- Sore throat (from age 5)
- Hay fever (all ages)
- Conjunctivitis (all ages)

If you don't know whether a pharmacist can help with what you need, give them a call first or just pop in.

If you get a prescription through your pharmacy, you'll never pay more than if you had seen your GP.

Health Visiting Information

Every family with children under 5 has access to a health visitor.

Families can access advice and support up until the age of 5 years old by calling **The Single Point of Access on 0333 358 3654**.

If parents don't want to talk to someone, they can send a text and one of the team will get back to them on **07520 635212**

This is a Monday to Friday service 09:30am until 4pm where a Health Visitor is on the line to offer the appropriate advice and support and referrals can be made to the appropriate practitioner.

If parents need extra support or support for potty training, behaviour, sleep, eating we have two Healthy Child practitioner who they can be referred to who will come out to their home or to a clinic to support the family with these issues.

This referral can be completed through the single point of access and sent to the appropriate team.

If it is specialised targeted work the family will be seen by a Health visitor for example low mood or complex development issues, safeguarding or specialised referrals.

All children are seen universally at one years and at two years and they are offered a full health growth and development review via a letter with an appointment.

These are now completed at Cleobury Mortimer Health Centre, Ludlow or Bridgnorth depending on where they live.

PARENT CARER COUNCIL
PACC
Supporting your voice
SHROPSHIRE

Accessing Support

Knowing how to access support and who to speak to can be overwhelming and difficult at times. We have created this information sheet of charities and organisations that can provide help and support. You can also contact PACC for support and information on info@paccshropshire.org.uk

Shropshire IASS
Information Advice & Support Service
We provide information, advice and support to parents and carers of children aged 0 to 25, and young people aged 16 to 25 who have, or may have, special educational needs or disabilities (SEND).

autism west midlands
We are the leading charity in the West Midlands for Autistic adults, children, young people and those who love and care for them. Our passionate, expert staff and volunteers work across a range of age groups and abilities.

contact for families with disabled children
We're here for families wherever they live in the UK, and whenever they need us.

SHROPSHIRE LOCAL OFFER
The SEND local offer is a single place for information, services, and resources for children and young people aged 0-25 with special educational needs and/or disabilities, their families, and the practitioners who support them.

PREPARATION FOR ADULTHOOD
PACC
The PACC Preparation for Adulthood (PFA) Navigator service is available to help SEND families understand the options available for young people with SEND on their preparation for adulthood journey.

IPSEA
International Professor of Special Education Advice
IPSEA is a registered charity in England that provides free legal advice and support to families of children with special educational needs and disabilities (SEND).

PACC (Parent Carer Council) have created an information sheet of charities and organisations that can provide help and support.

Please let us know if you would like a copy.

Otherwise please contact PACC for support and information on info@paccshropshire.org.uk

Celebrating Children's Achievements



The children representing all the hard work and positive attitudes in our school this week.



Numbots

Rea: **Boyd Dorrell**

Corve: **Ralph Trenfield**



Times Tables Rock Stars

Corve: **Ralph Trenfield**

Severn: **Isabel Plumb**



Spelling Bee

Bronze:



Sports Stars:

Teme: **Monty & Daisy** for their partnership in dance.

Rea: **Bella W** for her progress throughout the gymnastics unit.

Corve: **Lincoln** for being enthusiastic during PE lessons.

Severn: **Lillie, Ruby, Jenson & Elia** for great focus and coordination when dribbling and striking their hockey ball.

The result of the interhouse hockey matches this term was a draw between **Shetland & Dartmoor**.



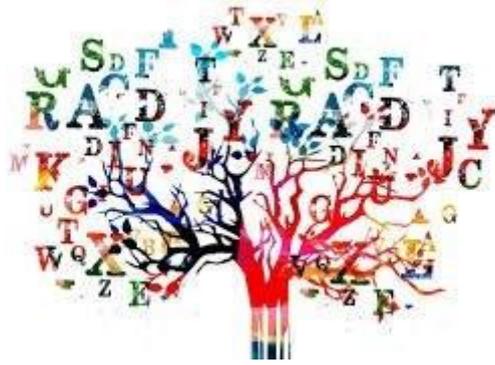
Pride and Presentation: Award for pupil focus on presentation of work across the curriculum.

Teme: **Caleb** for his focus on neat handwriting.

Rea: **Luke** for his letters in his English writing.

Corve: **Raith** for a excellent handwriting and formation.

Severn: **Gabriel** for his handwriting.



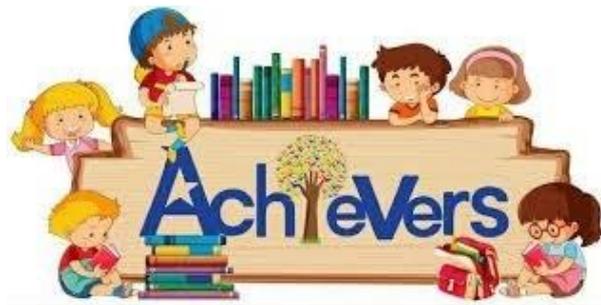
Great Sentence using words of the week:

Teme: My long light is in the **corner** of my bedroom. **Anderson**

Rea: A man was eating a **dreamy** pancake and saw the frogs fly past the **gazebo**. **Halsey**

Corve: **Although** I had all my lunch, I wanted some more. **Grace**

Severn: The prisoner saw a **glimpse** of sunlight once a week. **Tabitha**



Class Achievers:

Teme: **Tommy** for his focus in phonics.

Rea: **Halsey** for her writing / **Freddie** for his fantastic phonics progress / **Poppy** for being ready to learn and always taking part.

Corve: **Meghan, Libby Grace** and **Rosie** brilliant work during times tables in maths.

Severn: **Maxwell** and **Fletcher** for their work in English / **Sofia, Izzy, Isabelle & Lucas** for great progress in their fluency group.



Children selected for growing kindness.

Reception: **River** making drawings to cheer up his friends.

Year 1: **Kitt** for great tidying up and looking after our classroom.

Year 2: **Tara** for caring when a friend was upset and helping them find strategies to stay calm.

Year 3: **Phoebe R** for playing nicely and helping friends.

Year 4: **Reggie** for helping Mrs McNamara by helping her pick resources up off the floor.

Year 5: **Lucas** for helping one of the younger pupils when she was struggling with her laces.

Year 6: **Teddy** for making sure another child had a football after his turn as there was not enough footballs to go around.