



The Stotty School News 9.1.2026 (Website)



[Stottesdon CofE Primary School](#)

Part of [The Four Stones Gateway Trust](#)

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If viewing on a phone and you can't see all the text just swipe up on the writing.

Diary dates for the week ahead



Diary Dates for next week	
Monday 12 th January 2026	Lunchtime Computing Club Kidderminster Harriers - Health Kick for Severn Class Kidderminster Harriers After School Club
Tuesday 13 th January	Private Music Lessons with Mrs Leverett Williams Lego After School Club
Wednesday 14 th January	Lunchtime Choir Club Momentum Gymnastics - Rea Class Momentum Gymnastics After School Club
Thursday 15 th January	Themed Lunch - Wild West Private Music Lessons with Mrs Leverett Williams (usually Wednesday) SATs After School Club Cookery After School Club
Friday 16 th January	Rea & Teme attending Multisport Festival at Lacon Childe School - please ensure children have PE kits (including jogging bottoms for warmth), a waterproof coat and water bottle
Upcoming Diary Dates	
W/C 9 th February	Parents Evenings

2026

Children have come back really well this week.

We would like to thank parents for their understanding of the disruption due to the weather today. We hope everyone is warm and safe and those without power have it restored as soon as possible.

Any home learning will be valued on Monday, but we will be flexible about this due to different peoples circumstances today.

We look forward to welcoming people back on Monday, we will keep you informed Sunday evening / Monday morning if there are any issues we need to communicate (if you do not hear anything, normal services will be resumed including transport, lunches, clubs etc)

Muriel



We are very saddened to inform you that Muriel Tisdale, who worked at our school for many years, passed away yesterday.

Muriel played an hugely important role in shaping our school community and touched the lives of many students, families, and colleagues. She will be remembered fondly and with great appreciation for the care and dedication (and wicked sense of humour!) she showed throughout her time with us.

We extend our heartfelt condolences to her family, friends, and all those who are grieving her loss.

Thank you for supporting our school community during this time.

Lunchtime / After School Clubs January - February 2026

After School Clubs - January / February 2026

In January / February 2026, the following after school clubs are being offered
(3.15 - 4.15pm, unless otherwise stated):

Club	Club Tutor	Start Date	No. Wks.	No. Places	For Year groups:	Cost €
Football	Kidderminster Harriers	Monday 12 th January 2026	5	16	Yr 3/4/5/6	12.50
Lunchtime Computing Club	Mrs Katie Jones	Monday 12 th January 2026	5	15	Yr 1/2	0
Lego	Mrs Tracey Wood	Tuesday 13 th January 2026	5	25	Open to all	12.50
Lunchtime Choir	Mrs Esther Leverett Williams	Wednesday 14 th January 2026	5		Yr 1/2/3/4/5/6	0
Gymnastics	Annie Wain - Momentum	Wednesday 14 th January 2026	5	16	3/4/5/6	12.50
Cookery	Mrs Jackie Walker	Thursday 15 th January 2026	4	12	Yr 1/2	10.00
SATs Club	Mrs Caroline McKay	Thursday 15 th January 2026	4	18	Yr 6	0.00

The following clubs will be offered this half term:

Monday - after school = Football (Kidderminster Harriers) - Yrs 3/4/5/6

Monday - lunchtime = Computing (Mrs Jones) - Yrs 1/2

Tuesday - after school = Lego (Mrs Wood) - Open to all

Wednesday - lunchtime = Choir (Mrs Leverett Williams) - Yrs 1/2/3/4/5/6

Wednesday - after school - Gymnastics (Momentum Gymnastics) - Yrs 3/4/5/6

Thursday - after school - SATs Club (Mrs McKay) - Yr 6 - Club not taking place on 12th February

Thursday - after school - Cookery (Mrs Walker) - Yr 1/2 - Club not taking place on 12th February

If you would like to book your child/ren onto any of the above clubs, please do so via Arbor (under the trips section).

Mini snowmen making from earlier in the week - there will be much larger ones after last night!











What is your child learning this term?

Our website has the curriculum maps for each class: [Curriculum | Stottesdon CofE Primary School](#). We will attach them to a future school news for your convenience (apologies, due to the circumstances, we have not got full access to documents at the moment). The maps share what your child will be learning in the different subject areas. Parents evening (before half term) and reports at Easter will be based on these and how your child is doing in their learning journey. We hope this sharing of information supports in us working together.

Safeguarding



The safety and welfare of our children is at the heart of everything we do. As a result, we are now expanding our use of our reporting system to pupils and members of the community. This comes straight into our Designated Safeguarding Leads (Mrs Jones, Mrs J Jones and Becky Home) who will action and respond as appropriate. Please continue to

remember that we are also happy to have meetings, catch ups, telephone calls etc. – this is just another way of you letting us know.

[Click here if you are a child reporting a concern.](#) Or use this QR code:



[Click here if you are a Volunteer, Parent or member of the Community reporting a concern.](#) Or use this QR code:



Holidays in Term Time

There has been a significant increase in holidays in term time. Whilst we understand the financial pressures, we ask parents to balance this with the impact on children's learning.

Holidays in term time are unauthorised and will lead to penalty notices from Shropshire Council. If these are not paid this will lead to court cases and a significant fines.

We will recall that we have notified you previously that the Government made changes to penalty notice fines for unauthorised non-attendance at school, with effect from 19 August 2024:

- Unauthorised absence may be subject to a penalty notice fine, per parent, per child of £160 if paid within 28 days, reduced to £80 if paid within 21 days for a first-time absence.
- If a second period of unauthorised absence occurs within a 3-year timescale, this is subject to a penalty notice fine, per parent, per child, of £160 to be paid within 28 days.
- When a third period of unauthorised absence is incurred in a 3-year period and where penalty notices have been issued previously, the LA will consider prosecution under S444(1) of the Education Act 1996. Should Magistrates deem a parent guilty of this offence this can result in fines up to £1000 per parent, per child. Additional court costs may also be incurred.
- In the event that a penalty notice is issued but is not paid within 28 days, the local authority will decide whether to proceed to prosecution. The local authority also has separate powers to prosecute parents if their child of compulsory school age fails to attend school regularly.

Social Media Pages For Our School

We now have a couple of social media pages for our school using Twitter/X and Instagram. If you'd like to follow please use details below. Each week we will just share a couple of things that have been in the school news.

Twitter/X: @StottesdonCofE

Instagram: stottesdoncofe

The Trust pages are as follows if you would also like to follow those:

Instagram: 4stonesgateway

Twitter/X: @4StonesGateway

School Council Announcement: School Desktop Calendar For Sale - help us raise funds for environmental charities



**STOTTESDON CofE
PRIMARY SCHOOL**
PART OF FOUR STONES GATEWAY



**ACHIEVING
TOGETHER**

2026

Children were so inspired by the World Nature Photography Competition that the School Council ran their own competition. The winning photographs have been used to create this calendar to help us to raise funds to donate to a wildlife charity that helps look after our world.

ON SALE!!! - School calendar.

It contains all of the nature photography competition winners from last year - one for each month.

The desktop calendar is now on sale at a reduced rate of £3.25 - With sales slower than expected, we would really appreciate your support. Buying a calendar helps raise funds for worthy causes and encourages the great work of the School Council. Please consider supporting this initiative and helping us make a positive impact together.

Parents are able to order via Arbor and then collect at the school office.

Any money raised from the sale of the calendar will be split between 3 different world wide environmental charities:

-
- *WWF which protects animals and habitats*
 - *Coalition for Rainforest Nation who are protecting rainforests*

- *The Clean Air Task Force who are working to keep air clean and reduce pollution.*
-

New Catering Arrangements

Innovate

A very big 'THANK YOU' to everyone for embracing the new catering arrangements.

We hope children have enjoyed the new fresh, healthy, and varied menus.

We hope you are finding meal management easier using the app to:

- View weekly menus
- Pre-order meals
- Manage dietary preferences and allergies
- Make secure online payments

PLEASE REMEMBER:

- The cut off point for ordering is the **Sunday evening** for the following week (if you have not placed an order, your child will not be able to have a meal all week - to provide the service the caterers need advance orders - some parents were able to order during the week this week but THIS WILL NOT BE THE CASE MOVING FORWARD)
- **The school office are unable to add meals manually to the system**
- If you order a meal by mistake parents need to email the primary support team (their email is on the initial invite - primary@impactfood.co.uk)
- If your child is not able to attend school due to illness please inform the primary support team asking for the meal to be cancelled (email: primary@impactfood.co.uk)

You will note from the above that the emphasis is very much on parents to ensure meals are ordered or cancelled.

****** PLEASE NOTE: All meals preordered for today were taken off the system and refunded. *******

Mental Health Text Service Launch



From 1 December, a new, free 24/7 mental health text support service is available for people of all ages living in Shropshire, Telford and Wrekin (STW), delivered by qualified mental health professionals. The service is delivered by SHOUT on behalf of Midlands Partnership University NHS Foundation Trust (MPFT) who are commissioned by NHS Shropshire, Telford and Wrekin. Why is it important? The service expands access to immediate mental health support, complementing existing services such as NHS 111 option 2, and supports the national transformation of NHS mental health care by improving responsiveness, inclusivity and accessibility.

How to access?

Text **'STW'** to **85258**, free of charge and at any time, to start a conversation with a trained mental health professional.

Benefits to Patients

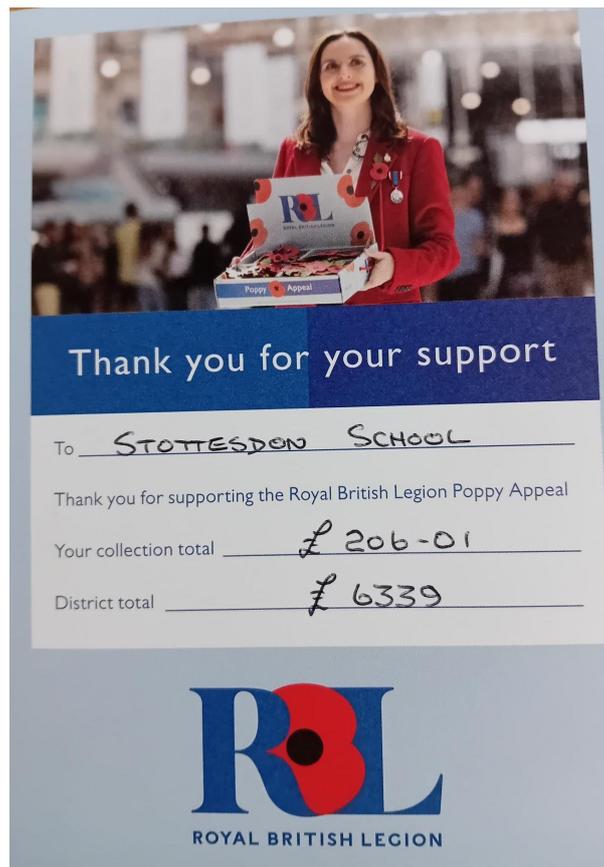
- **Easy access.** No need to speak on the phone or wait for an appointment. Text at any time from anywhere.
- **24/7 support.** Available day and night, including weekends and holidays.
- **Mental health-focused.** Tailored to people experiencing mental health difficulties, delivered with compassion and understanding.
- **Discreet and private.** Ideal for those who prefer not to talk on the phone or need support in a public place.
- **Inclusive and equitable.** Helps reduce inequalities by offering support to anyone across STW.
- **Integrated with local services.** If needed, text responders can help you signpost to local services like NHS 111, crisis teams, or other community-based mental health support.

If someone feels unsafe or at immediate risk, they should call 999, as the text service is not intended for urgent emergencies. Individuals already receiving mental health support should contact their named worker first, in accordance with their care plan.

Further information can be found by following this link:

<https://www.shropshiretelfordandwrekin.nhs.uk/news/mental-health-text-service-launch/>

Poppy Appeal



Thank you to everyone who helped to raise £ 206.01 for the Royal British Legion poppy appeal.

Our Worship / Reflections this week:

Tuesday: We celebrated Epiphany which means a sudden revelation and is the Church festival that celebrates the visit of the Wise Men to see baby Jesus. Children reflected on how God didn't have favourites, he welcomed people from any background to see his son.



Wednesday: We reflected on the New Year 2026. Like the Roman God Janus, we looked back at our memories of 2025 and then forward to what we are looking ahead to in 2026.



Thursday: Children had a Phase Assembly in which they had the launch of the new Jigsaw theme Dreams and Goals.

The "Dreams and Goals" unit in the PSHE Jigsaw program focuses on helping students understand their dreams, goals, and

ambitions, as well as the challenges they may face in achieving them.

The unit will encourage children to reflect on their aspirations and the steps needed to reach them.



Four Stones Gateway Trust Photography Competition



This year marks an exciting new chapter as The Four Stones Multi-Academy Trust and The Shropshire Gateway Trust come together to form Fours Stones Gateway Trust, bringing together seven schools across Worcestershire and Shropshire.

To celebrate this union, we're inviting students, and staff to take part in a Photography Competition that captures the spirit of our new Trust.

The theme is 'Togetherness' we'd love to see photos that show what togetherness means to your child, from friendships, celebrations, to the beautiful landscapes that connect Worcestershire and Shropshire. Do encourage them to take part and represent their Year group, school and community.

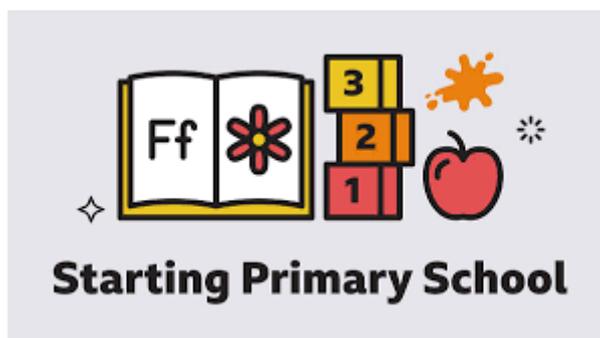
Winning entries will be showcased on our new Trust social media pages and featured in our launch celebrations. Please follow us @fourstonesgateway on Instagram and X.

Let's celebrate our new beginnings, and the power of togetherness.

Students and parents can get further information from the slides sent with the school news.

Please send competition entries to admin@stottesdon-school.co.uk (by 30th January 2026)

Applying for Primary School place for September 2026



Children can start school in reception at the beginning of the academic year following their fourth birthday. Therefore, children born between 1 September 2021 and 31 August 2022 can start primary school from September 2026.

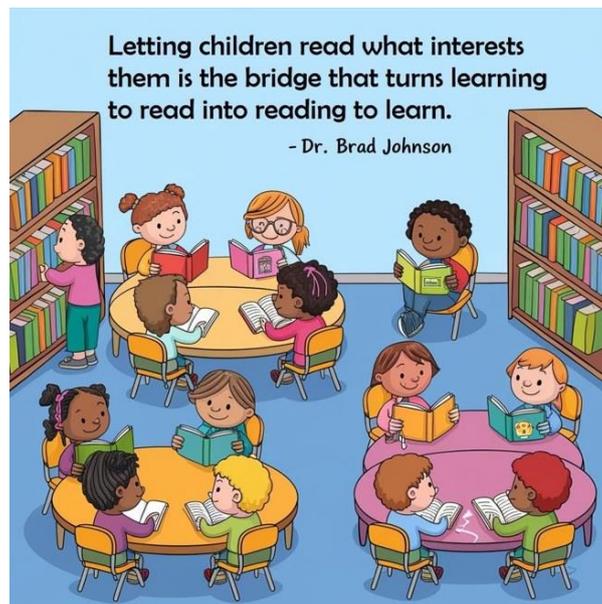
Shropshire residents should make their applications for English state schools using the Shropshire online portal. Local authorities co-ordinate applications. Use our [guidance notes](#) to help you make your application. If you have any queries or encounter any difficulties completing your application, please contact the School Admissions Team by email: school-admissions@shropshire.gov.uk

Please note that the online facility is open from 3 November 2025. **You must apply by 15 January 2026.** If there's a reason why your application is late, eg due to a house move, please email school-admissions@shropshire.gov.uk to advise - there may be exceptional reasons to be considered.

Please see further information in the link below:

[Starting infant or primary school | Shropshire Council](#)

Celebrating Reading



Reading

Reading with children is one of the most powerful gift parents can give. The development of language, creativity and cultural understanding from reading, discussing and sharing is HUGE so if you are giving this gift thank you for helping to keep this powerful, essential activity 'alive'. Reading is also very powerful as it reduces stress (for the child and the adult!).

Rea: 90%

Corve: 100%

Severn: 84%

EYFS (Nursery and Reception) News

Spring 1: Winter & People Who Help Us		
Welcome to spring term 1! This term we are excited to introduce our new topic "People Who Help Us" where we will learn all different types of jobs and our local community. Curriculum maps will be uploaded to ClassDojo next week.		
NURSERY		
Talk for Writing Text 	Makaton Sign of the Week: help 	Phonics Sound of the Week:  Pronunciation Phrase - d Put your tongue to the top and front of your mouth and make a quick d sound d d d
RECEPTION		
Writing activities focused on recounting our Christmas and New Year experiences.	Mastering Number: This week, the children have been recapping number formation using our fun rhymes to help them remember.	
This week's phonics:  ai  ee  igh		
Tricky words Recap: I is the she he we		

SEN Parents Forum Coffee Afternoon



SEND Parents
*No EHCP or diagnosis needed

For our first get together, there will be no agenda. Just an opportunity to meet with the SENDCo and other parents to chat, offer support, tips and suggestions, and plan further co-production opportunities to strengthen our SEND parent/carers

SEND PARENT Forum Coffee Afternoon

 **Wednesday**
21st Jan 2026
2:30pm - 3:10pm
School Hall

Best Start in Life



The Best Start in Life campaign, aims to increase awareness of the importance of early years in a child's development and the role of early years education.

Please visit their website (formerly Childcare Choices): <https://www.beststartinlife.gov.uk/>

The website contains a wealth of information from pregnancy through to starting school.

Parenting Signposts

You and Me, Mum Group

An 8 week course to help understand how domestic violence impacts on you and your children.

Every Wednesday from 14th January - 11th March

You and Me, Mum Group

This 8-week course will help you understand how domestic violence impacts on you as a parent and how it affects your children. The course objectives are to empower, support and develop further understanding of your role as a mother in addressing the needs of your children and young people

To book and secure your place on this course please call 01743 250400

Every Wednesday from
Wednesday 14th January 2026 – Wednesday 11th March 2026
09:30-11:30am
Venue: Shrewsbury SY1

Facilitated by
Early Help and Support Team with Shropshire Domestic Abuse Service

A poster for the 'You and Me, Mum' course. It features a green heart icon at the top right. The title 'YOU AND ME, Mum' is written in a mix of green and orange fonts. Below the title is an illustration of a woman holding a child, with a large orange hand shape behind them. To the right of the illustration, there is a small text box that reads: 'An 8-week course to help understand how domestic violence impacts on you and your children. Aiming to empower, support and develop further understanding of your role as a mother in addressing the needs of your children/young person.'

Understanding Your Child Group - January 2026 - Clee Hill Community Academy

Face to face group - Understand your child SEND commencing on Thursday 15th January 2026 @ Clee Hill Community Academy from 9am to 11am - every Thursday for 10 weeks (excluding the school holidays).

Understanding your child From toddler to teen

- Would you like to know more about your child's development?
- Do you need help and support to understand your child's behaviour?
- Would you like a chance to meet with other parents and carers with children of a similar age?

Join us for our free face-to-face group

Understanding Your Child SEND
Thursday 15th January 2026
9.00am to 11.00am
Clee Hill Community Academy
Tenbury Road, Ludlow SY8 3NE

All our groups run for 10 weeks from the start date excluding the School Holidays.

SEND groups are for parents/carers of Children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.

To book a place email
Parenting.team@shropshire.gov.uk
 or call 01743 250950

Find more free online courses at
inourplace.co.uk/shropshire



Shropshire Council

Understanding Your Child Groups - Spring 2025

Understanding your child From toddler to teen

- Would you like to know more about your child's development?
- Do you need help and support to understand your child's behaviour?
- Would you like a chance to meet with other parents and carers with children of a similar age?

Join us for one of our free virtual or face to face groups, our next groups start:

- Understanding Your Child Group 12th January 2025 from 9.00am to 11.00am St Giles Primary, Shrewsbury
- Understanding Your Child Group 13th January 2025 from 6.00am to 7.30pm Utrio Explorers, Ditton Priory
- Understanding Your Child SEND Group 14th January 2025 from 10.00am to 11.00pm Tenbury Academy
- Understanding Your Child Group 14th January 2025 from 1.00pm to 3.00pm Virtually via MS Teams
- Understanding Your Child Group 14th January 2025 from 1.00pm to 3.00pm St Lawrence Primary, Church Stutton
- Understanding Your Child SEND Group 15th January 2025 from 9.00am to 11.00am Clee Hill Community Academy
- Understanding Your Child SEND Group 15th January 2025 from 1.00pm to 3.00pm Virtually via MS Teams
- Understanding Your Child Group 16th January 2025 from 9.00am to 11.00am Highley Primary School

All our groups run for 10 weeks from the start date excluding the School Holidays.

SEND groups are for parents/carers of Children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.

To book a place email
Parenting.team@shropshire.gov.uk
 or call 01743 250950

Find more free online courses at
inourplace.co.uk/shropshire



Shropshire Council

Sleep Tight Work Shops - Spring 2025

Does your child struggle with their sleep?

Free Sleep Tight Groups

Join us on one of our virtual or face-to-face groups and:

- Find out why sleep is important for our health and emotional wellbeing
- Get support to help improve sleep and bedtime routines
- Meet other parents/carers to share and discuss experiences

Sleep Tight Group Monday 12th January 2026 from 1.00pm to 3.00pm Virtual via MS Teams

Sleep Tight Group Thursday 10th January 2026 from 8.30am to 11.30am Highley Primary School

Sleep Tight SEND Group Monday 22nd February 2026 from 1.00pm to 3.00pm Virtual via MS Teams

Sleep Tight Group Tuesday 24th February 2026 from 8.30am to 11.30am Greenock Primary School

The groups run for 8 weeks excluding the school holidays

SEND groups are for parents/carers of children who might have special educational needs and disabilities, or formal diagnosis is needed to attend the groups

To book a place email Parentingteam@shropshire.gov.uk or call 0145 250950

Find out more here



Send Meet & Chat Family Drop-In

SEND MEET & CHAT FAMILY DROP-IN

SPRING TERM

Hosted by Shropshire Early Help



LUDLOW - HELENA LANE COMMUNITY CENTRE

Tuesday 20th January 2026
12:30pm - 1:30pm

Helena Lane Community Centre, 20
Hartnet Rd, Ludlow,
SY8 2NP

SHREWSBURY THE LANTERN

Thursday 19th February 2026
10:00am - 12:00pm

The Lantern,
Meadow Farm drive,
Shrewsbury SY1 4NG

MARKET DRAYTON RAVEN HOUSE

Tuesday 24th March 2026
13:00pm - 15:00pm

Raven House,
123 Cheshire Street,
Market Drayton TF9 3AH

Do you care for a child or young person with Special Educational Needs and Disabilities (SEND)?

These sessions are open to anyone supporting a child with SEND — whether you're a parent carer, family member, or professional.

Come along to ask questions, get practical advice, and connect with professionals who understand your journey

Speak with experts in:

- EHCPs
- School support
- Health and wellbeing
- Social care
- Mental health





Parenting Help & Support Line

Shropshire Parenting Help and Support Line

01743 250950

Mon - Thurs, 9.30am - 4.30pm

Fri, 9.30am - 3.30pm

No judgment, just support.



Shropshire Public Health Nursing Team

Shropshire Public Health Nursing Service
Family Nurse Partnership
NHS Shropshire Community Health NHS Trust

Follow Us on Facebook

For Our Latest Public Health Information & Updates

@ShropshirePublicHealthNursingService

SHROPSHIRE 0-19 PUBLIC HEALTH NURSING SERVICE

Shropshire Family Information Service



Hello from the **Family Information Service** (FIS for short).
Our job is to give you the info and resources you need to help your family life run a little smoother. We can help with:

- Childcare - finding it and advice on paying for it
- Local baby and toddler groups
- Events, clubs, activities, and fun things to do in the school holidays, for all ages
- Getting parenting and family support
- Finding health and wellbeing support

We cover everything and anything to do with family life, so if you have a question, chances are we'll be able to help, or if we can't, we'll point you in the direction of someone who can.

Follow us on social media for all the latest news and info.

 @ShropshireFamilyInfo
 @ShropshireFamilyInfo
 @ShropFamilyInfo

www.shropshire.gov.uk/fis

What is Shropshire Family Information Service:

The Shropshire Family Information Service (FIS) is a brilliant universal service. The FIS brings together loads of useful, local information for families, to help take the stress out of things like finding:

- Childcare or baby and toddler groups
- Holiday clubs, events and things to do as a family
- Parenting, relationships, and emotional health and wellbeing support
- Cost of Living info and advice

FIS use our social media channels to bring families news, events and handy information, which links through to our [Family Information Directory](#). Families are welcome to contact us directly for help with anything to do with family life. We have created a brand new short video to explain who we are and what we do. You can view it here on YouTube

https://youtu.be/7t1jBqJTI8?si=LeOiNag8_LeSPzX0

What we would love you to do:

1. Follow us on social media. We use social media as a key tool for reaching parents and professionals, so give us a follow and we will follow you back.

[Family Info Service Facebook](#)

[Family Info Service Instagram](#)

[Family Info Service Twitter](#)

2. Subscribe to our newsletter <https://orlo.uk/5RvZN>

BeeU Emotional Health and Wellbeing



Are you a parent/carer to a child under the age of five?

Are you concerned about meeting their emotional needs or some challenging behaviours that you are seeing?

Would you like to have a better relationship with your baby or child?

Do you worry about your bond or attachment with your baby or child?

Do you worry that you are not able to meet the needs of your baby or child?

Here at BEEU we can help you explore the answers to some of these questions and many more issues that you may be affected by

Our practitioners can offer a listening ear and help you make sense of some of the thoughts and feelings you have around your relationship with your baby/child.

We may also be able to offer a therapeutic intervention if you wish and is appropriate

We have two practitioners who are trained in Video Interaction Guidance (VIG) therapy which is an evidence-based approach to supporting better relationships with parents and their baby/infants in the early years. You can find out more about VIG at [What is VIG? | AVIGuk](#)

If you would like to find out more about our service and if it is right for you or would like to speak to one of our practitioners please contact BeeU via email:

beeuearlyyears@mpft.nhs.uk

We welcome contact from parents/carers directly.

Togetherness for better emotional health (previously known as the Solihull Approach):

Togetherness is an online learning environment developed by psychologists and health practitioners providing accessible learning about emotional health and wellbeing, proven to positively impact mental health, behaviour and relationships.

To find out more about the free online courses please visit:

<https://inourplace.co.uk/shropshire/>

For more information on the change from 'Solihull Approach' to 'Togetherness' please visit:
<https://inourplace.co.uk/becoming-togetherness/>



How to sign up:

Residents can access these courses for free by entering the Shropshire and Telford & Wrekin

Access Code:

DARWIN18

at inourplace.co.uk.

inourplace 

Bridgnorth Community Information Drop In Sessions

Family Drop-In

Here to help

Free information, advice and support

You can chat, have a drink and see how we can all help you with:

- Family Life
- Children's health and wellbeing
- Drug and alcohol support
- Housing Support
- Domestic abuse support
- Financial advice
- Home fire safety
- Healthy living advice
- Help with getting back to work

Bridgnorth Youth Centre
45 Innage Lane, Bridgnorth WV16 4HS

Every Tuesday from 1.30pm—4pm



Supporting families with children aged 0-19 years (up to 25 years for young people with special educational needs and disabilities)

We aim to make it easier for you to ask for help and get support when you need it.



www.shropshire.gov.uk



COFFEE & CHAT

Stay & Play

Every Tuesday

1pm until 3pm

**Bridgnorth Library, 67 Listley Street,
Bridgnorth, WV16 4AW**

All families within the local area welcome

Free information, support
& advice around:

- Family Life
- Housing & Finance
- Special Education Needs and/or Disabilities (SEND)
- Parenting Support
- Training & Employment
- Domestic Abuse Support
- And much more...

REFRESHMENTS WILL BE PROVIDED
"PLEASE BRING YOUR OWN SEALED
CUP/TRAVEL MUG"



shropshire.gov.uk/early-help



What's on in October at Bridgnorth Early Help Coffee and Chat

Tuesday 7th October 2025	Who can you talk to today: <ul style="list-style-type: none"> Health visitors DASH family support worker Early Help family support worker Young Carers Housing support 	Look what's on today... <p>SmileLife with the 0-5 team - Learn how to care for your baby's teeth from the very first tooth! Our friendly staff will come to you on healthy habits for little mouths.</p> <p>Stay and Play Fun A safe and welcoming space for little ones to explore, play, and learn through age-appropriate activities that support early development. Join us for a fun, relaxed, and engaging Stay and Play session.</p>
Tuesday 14th October 2025	Who can you talk to today: <ul style="list-style-type: none"> Health visitors DASH family support worker Early Help family support worker Domestic Abuse Housing support SEND professionals 	Look what's on today... <p>SmileLife with the 0-5 team - Learn how to care for your baby's teeth from the very first tooth! Our friendly staff will come to you on healthy habits for little mouths.</p> <p>Stay and Play Fun A safe and welcoming space for little ones to explore, play, and learn through age-appropriate activities that support early development. Join us for a fun, relaxed, and engaging Stay and Play session.</p> <p>SEND Meet and Chat These sessions are open to anyone supporting a child with SEND – whether you're a parent, carer, family member, or professional. Come along to ask questions, get practical advice, and connect with professionals who understand your journey.</p>
Tuesday 21st October 2025	Who can you talk to today: <ul style="list-style-type: none"> Early Help family support worker Shropshire domestic abuse service Housing support 	Look what's on today... <p>Stay and Play Fun A safe and welcoming space for little ones to explore, play, and learn through age-appropriate activities that support early development. Join us for a fun, relaxed, and engaging Stay and Play session.</p>
Tuesday 28th October 2025	Who can you talk to today: <ul style="list-style-type: none"> Early Help family support worker Housing support 	Look what's on today... <p>Come and Celebrate Halloween and Autumn Join us for a super Stay and Play session that will have you and your little ones in the spirit of Halloween and Autumn crafts.</p>

Bridgnorth Library, 47 Jubilee Street, Bridgnorth, WV16 4AB. 100 until 3.00

Highley Community Drop In Sessions

Community Drop-ins

How can we help you?

Come along to:
Highley Library, Halo Severn Centre, Bridgnorth Road,
Highley, WV16 6JG

The fourth Friday
of each month
9.30am-12.30pm



Free information, advice
and support around;

- Housing support
- Getting older
- Family Life
- Domestic Abuse
- Special Educational Needs and/or Disabilities (SEND) support
- Parenting support
- Finance support
- Healthy living, and much more!

Sponsored by:



Logos for Shropshire Supporting Families Through Early Help, a yellow smiley face, and Shropshire Council.

OneplusOne

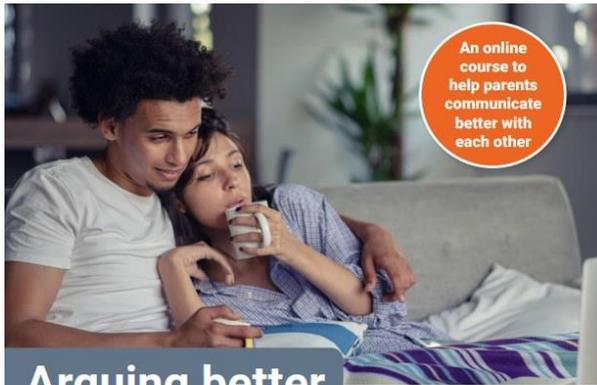


Introducing the Separating better app, a **free** self-guided mobile app for separating parents, designed to facilitate a smoother separation journey and promote positive co-parenting. This app is filled with expert advice, video resources, practical parenting, and budgeting plans, as well as co-parenting tips. It offers an easy-to-follow journey where you can track your progress and unlock app sections as you go.

Find out more and download the mobile app, now:

https://www.oneplusone.org.uk/separating-better?utm_source=referral&utm_medium=social&utm_campaign=sbaffiliate

For face to face support, go to [Getting on better | Shropshire Council](#) and select Free Courses and Workshops.



An online course to help parents communicate better with each other

Arguing better

Disagreements are a normal part of life, and most couples argue from time to time. How you deal with disagreements can make a big difference to you, your partner, and your children.

This free online course can help you learn to manage difficult conversations, avoid conflict, and improve things for your whole family.



Create your free account at www.oneplusone.org.uk/parents or scan the QR code
To access the course, you will need a good internet connection and a smartphone, tablet, or computer.



An online course for separating parents to help manage conflict and minimise the impact on children

Getting it right for children

When separated parents argue, it's common for children to feel like they are caught in the middle. This free online course is designed to help separated parents communicate better with each other and parent co-operatively after parting.

You will learn positive communication skills like staying calm, seeing things differently, and speaking for yourself so that you can sort out disagreements with your child's other parent and find solutions together. You can do the course on your own, at your own pace.



Create your free account at www.oneplusone.org.uk/parents or scan the QR code
To access the course, you will need a good internet connection and a smartphone, tablet, or computer.





An online course for new and expectant parents

Me, You and Baby too

Tiredness and stress are common when you're caring for a baby. If parenthood is leading to more arguments between you and your partner, this free online course could help.

With tips and advice on how to talk about difficult topics, share stress, and prevent arguments, this short course will help you and your partner navigate challenging times together.



Create your free account at www.oneplusone.org.uk/parents or scan the QR code
To access the course, you will need a good internet connection and a smartphone, tablet, or computer.

Pharmacy First can help families – a new service available in Shropshire, Telford and Wrekin

Pharmacy First can help families with minor illnesses and seven common conditions. If appropriate, treatment can be offered without a prescription for seven common conditions, and it can be quicker to see a pharmacist than a GP. Normal prescription charges and exemptions (those who do not have to pay, including children) will apply.

A pharmacy is a great place to get healthcare advice and treatment. Pharmacies are easy to reach, usually located within local communities, and often open evenings and weekends. This service may help children and colleagues get well and back to nursery/school/work quicker.



Integrated Care System
Shropshire, Telford and Wrekin

NHS
Shropshire, Telford and Wrekin

Kiley Alex Chelsie Jayne Jasdeep Karen

Worried about your child's health?
Think 'Pharmacy First'

You can now get treatment for a variety of common conditions and minor illnesses from your local community pharmacy.

Your pharmacy can help with:

- Earache (ages 1-17)
- Infected insect bites (from age 1)
- Impetigo (from age 1)
- Sore throat (from age 5)
- Hay fever (all ages)
- Conjunctivitis (all ages)

If you don't know whether a pharmacist can help with what you need, give them a call first or just pop in.

If you get a prescription through your pharmacy, you'll never pay more than if you had seen your GP.

Health Visiting Information

Every family with children under 5 has access to a health visitor.

Families can access advice and support up until the age of 5 years old by calling **The Single Point of Access on 0333 358 3654**.

If parents don't want to talk to someone, they can send a text and one of the team will get back to them on **07520 635212**

This is a Monday to Friday service 09:30am until 4pm where a Health Visitor is on the line to offer the appropriate advice and support and referrals can be made to the appropriate practitioner.

If parents need extra support or support for potty training, behaviour, sleep, eating we have two Healthy Child practitioner who they can be referred to who will come out to their home or to a clinic to support the family with these issues.

This referral can be completed through the single point of access and sent to the appropriate team.

If it is specialised targeted work the family will be seen by a Health visitor for example low mood or complex development issues, safeguarding or specialised referrals.

All children are seen universally at one years and at two years and they are offered a full health growth and development review via a letter with an appointment.

These are now completed at Cleobury Mortimer Health Centre, Ludlow or Bridgnorth depending on where they live.

PARENT CARER COUNCIL
PACC
Supporting your voice
SHROPSHIRE

Accessing Support

Knowing how to access support and who to speak to can be overwhelming and difficult at times. We have created this information sheet of charities and organisations that can provide help and support. You can also contact PACC for support and information on info@paccshropshire.org.uk

Shropshire IASS
Specialist Advice & Support Service

We provide information, advice and support to parents and carers of children aged 0 to 25, and young people aged 16 to 25 who have, or may have, special educational needs or disabilities (SEND).



autism west midlands

We are the leading charity in the West Midlands for Autistic adults, children, young people and those who love and care for them. Our passionate, expert staff and volunteers work across a range of age groups and abilities.



contact for families with disabled children

We're here for families wherever they live in the UK, and whenever they need us.



SHROPSHIRE LOCAL OFFER

The SEND local offer is a single place for information, services, and resources for children and young people aged 0-25 with special educational needs and/or disabilities, their families, and the practitioners who support them.



PREPARATION FOR ADULTHOOD
PACC

The PACC Preparation for Adulthood (PFA) Navigator service is available to help SEND families understand the options available for young people with SEND on their preparation for adulthood journey.



IPSEA
Independent Provider of Special Education Advice

IPSEA is a registered charity in England that provides free legal advice and support to families of children with special educational needs and disabilities (SEND).



PACC (Parent Carer Council) have created an information sheet of charities and organisations that can provide help and support.

Please let us know if you would like a copy.

Otherwise please contact PACC for support and information on info@paccshropshire.org.uk