



The Stotty School News 26.9.2025



[Stottesdon CofE Primary School](#)

Part of [The Shropshire Gateway Educational Trust](#)

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If viewing on a phone and you can't see all the text just swipe up on the writing.

Diary dates for the week ahead



Diary Dates for next week	
Monday 29 th September	Severn Class Gymnastics with Momentum Gymnastics Teme Class Forest Fun Gymnastics After School Club
Tuesday 30 th September	ELW Private Music Lessons Lunchtime Choir Club Netball After School Club
Wednesday 1 st October	NCMP - Height & Weight Screening - Reception & Year 6 ELW Private Music Lessons Lunchtime Gardening Club T1 After School Rugby Club
Thursday 2 nd October	Year 6 Taster Day @ Lacon Childe School - children to be transported to and from Lacon within the school day
Friday 3 rd October	Harvest Festival @ St. Mary's Church @ 9.15am
Upcoming Diary Dates	
Thurs 16 th October	Youth Awareness Day - Theme: 'Blue for Youth' - Wear something blue to show unity and support for young people - each student is asked to bring a small donation to contribute to the Youth Awareness Day fund. Proceeds will go toward supporting youth initiatives and local charities in Shropshire.
Tues 21 st / Thurs 23 rd October	Parent / Pupil / Teacher Consultations
Wednesday 22 nd October	FoSPS AGM - to take place in the School Hall @ 6.30pm
Mon.27 th - Fri. 31 st Oct	Half Term
Monday 3 rd November	PD Day
Wed. 17 th December	Nursery Christmas 'Stay & Play' @ 1.30pm
Thurs. 18 th December	KS1/Reception Christmas Celebration in Church @ 1.30pm
Fri. 19 th December	KS2 Christmas Celebration in Church @ 1.30pm
Friday 19 th December	Last Day of Term

Before and After School Pick Up

To support everyone's safety and a calm start to the day, can we please ask that at drop off and pick up children stay with parents or are calmly chatting until doors are opened or until off site. It is a busy time (lots of different ages) and we have explained to children that it is not a playtime (equipment should be in boxes). Many thanks for your support in this.

Harvest Festival



The children will be celebrating the Harvest Festival in church on Friday 3rd October.

Parents are welcome to attend the service, which will take place at St. Mary's Church, Stottesdon @ 9.15am. *FOSPS will be serving teas and coffee so feel free to go straight from drop off and we will join you as soon as possible. PLEASE REMEMBER TO PARK RESPECTFULLY WE WILL OPEN THE BOTTOM PLAYGROUND ONCE TAXIS HAVE DEPARTED TO SUPPORT.*

During the festival, we will celebrate the season and give thanks for our food and fruits of the season.

It would be lovely if children could bring in a donation for Cleobury Mortimer Food Bank - the food bank is open on a Friday morning from 9.30am to 11.30am. Any donations will be taken directly to the food bank on Friday ready for them to distribute when they open at 9.30am.

Any donations of the following items are welcomed for Cleobury Mortimer Food Bank:
Tinned meals; tinned fish; tinned tomatoes and tinned vegetables; soup (tins or packet) and baked beans; pasta and cook in sauces; spaghetti; pasta and rice; tins of fruit / rice pudding / sponge pudding; tea bags; coffee; sugar; long life milk; squash; fruit juice (concentrate not fresh); jars of jam / honey; boxes of cereals (or selection boxes); biscuits / snack bars; toiletries (e.g. soap or handwash; shampoo; deodorant; toothpaste and brushes; razors; **toilet rolls**) Cleaning items (e.g. washing up liquid and washing powder / laundry liquid); baby items - baby food; wipes; nappies.

Individual School Photographs



To enable the free delivery of your school photographs back to school, the closing date for ordering is Monday 6th October 2025.

Order through the Tempest website using your unique link or visit www.tempest-orders.co.uk

If you need any assistance in ordering your photos, please contact Tempest on 01736 751555.

Lacon Driving Team Needs Your Help!



Lacon Childe School are hiring casual drivers – full training provided!

Are you looking for a flexible and rewarding way to support your local school community?

We are currently recruiting casual drivers to help continue our vital transport service for students who live in areas not covered by County Transport. We are looking for drivers who can do am, pm or both or some daytime driving.

*Main hours of work are 7.45 – 8.45am and 3.15-4.15p.m. Salary NJC point 4 £25,185
fulltime equivalent, £13.05 per hour*

*Help us keep this vital service running – and be part of something that matters . If you are
interested or just want to know more please contact viv.hulme@laconchilleschoool.co.uk*

FoSPS - AGM



Packed Lunches and Hot Dinners



Across schools we need to adhere by school food standards for food throughout the school day. During the summer some changes came in to the early years standards and this has led

to some amendments in the hot meal menu that you might have noticed (e.g. baked beans being available once a week rather than every day).

Schools are also expected to encourage parents and carers to provide children with packed lunches that complement the nutritional standards. As a result we promote healthy balanced packed lunch options using the principles of the Eatwell Guide and our Packed Lunch Guidelines. Packed lunches should include:

- starchy foods – these are bread, rice, potatoes, pasta and others * Reception and Nursery aged children nutrition guidance states to avoid flavoured dried rice, pasta and noodle products e.g. packets and pots of instant flavoured noodles, pasta and rice
- protein foods – including meat, fish, eggs, beans and others
- a dairy item – this could be cheese or a yoghurt
- vegetables or salad and a portion of fruit
- a healthy drink such as water, milk or 100% fruit juice (no fizzy drinks) *Reception and nursery aged children nutrition guidance states to avoid sugary drinks (including fruit juices, squash and smoothies).

Packed lunches should include only **one small chocolate bar, one small snack or crisps and should not include sweets**. * Reception and Nursery aged children nutrition guidance **states to avoid** foods high in saturated fat, salt, and/or sugars like cakes, sweet and savoury pastries, biscuits, crisps, chocolate and other confectionary.

We may contact parents if packed lunches are not suitable (e.g. has more than one item high in fat, salt or sugar) for additional support with providing a nutritious lunch. Parents may find the following websites helpful: <https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>

Please label lunch boxes clearly with the child's name to avoid cross contamination.

Reception and nursery aged children nutrition guidance states all food must be prepared in a way to prevent choking. The Food Standards Agency poster may help with this: https://www.foundationyears.org.uk/files/2021/09/Early-Years-Choking-Hazards-Table_FINAL_21-Sept-2021.pdf

Parents are also encouraged to pack an ice pack inside their child's lunchbox.

Following food safety guidance, we will not reheat food brought in from home.

Cauliflower Cards



We are once again participating in the 'Christmas Design Project' run by Cauliflower Cards. This project aims to encourage pupil's creativity and design skills whilst raising funds for our school.

Not only would it be very exciting for your child to see his/her work as a finished printed product, but the cards themselves are also great for sending a more personal greeting to friends and family at Christmas.

The artwork must be either A5 or A4 in size, either landscape or portrait. Siblings may want to complete a collaborative piece of artwork together. Once completed, please attach the artwork to the A3 order form which was sent home with the children earlier this week. Please do not use staples, paperclips or Sellotape as it may spoil the artwork.

How to order:

Please visit <https://www.cauliflowercards.co.uk/christmas-project> for ideas.

Using your unique code at the top of your order form. Payments must be made online. Please refer to your order form for further instructions or the website.

*All artwork for placed orders must be handed into school by **Monday 6th October 2025.***

Each order form is unique, so please do not photocopy the form for other members of your family to use, you can however get extra copies from the school office.

Free School Meal Entitlements



Who qualifies for government free school meals?

Free school meals are available to pupils in receipt of, or whose parents are in receipt of, **one** or more of the benefits below. **Please note that eligibility is confidential but schools do receive additional funding in budgets to support and target education as necessary (e.g. this leads to 50% reduction in trips and activities). Please apply if you are eligible as it means we get more funding to support your children:**

- Universal credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
- Income support
- Income-based jobseeker's allowance
- Income-related employment and support allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guarantee element of pension credit
- Child tax credit (provided you're not also entitled to working tax credit and have an annual gross income of no more than £16,190)
- Working tax credit run-on – paid for four weeks after you stop qualifying for working tax credit

Free school meal transitional protections

Transitional protections apply from 1 April 2018, until the end of the 2025/26 school year. Pupils becoming eligible for free school meals under the benefits-based criteria in this time, will continue to receive free meals until the end of the 2025/26 school year.

This applies, regardless of any change in household circumstances, including an increase in earnings above the eligibility threshold.

From the start of the 2026/27 school year, the Department for Education will introduce new eligibility criteria meaning that all children from households in receipt of Universal Credit will be entitled to receive a free meal. It is their intention to end transitional protections alongside this change in threshold, with eligibility for all pupils reverting to whether they meet the eligibility criteria regardless of whether they were previously protected. They will issue further guidance ahead of September 2026.

To apply please follow the instructions on the page in the link below:

[Apply for free school meals | Shropshire Council](#)

London Residential



As recognised by Ofsted, children in Severn class will have the fantastic opportunity to take part in our biannual residential trip to London.

The trip is due to take place from Tuesday 9th June 2026 to Friday 12th June 2026.

Thank you to those of you that paid the deposit earlier this year to enable us to secure accommodation.

We have now opened up the trip on Arbor to enable you to pay the remaining balance of £314 via instalments (please note this is an approximate figure, as we are not in a position to finalise costs at present).

Lacon Childe School Open Events

**Lacon Childe School**
Open Evening
Thursday 2nd October 2025
5.30pm - 7.30pm
Presentations will be at 5.30pm and 6.45pm.

**LACON CHILDE SCHOOL**
... more than just a school



Prospective students and their families are warmly invited to these open events to tour our school and meet our staff and students, to see why we are so proud of our school.

**Open Morning**
Tuesday 7th October 2025
9.30am - 11.00am
30-minute tours of the school - booking is essential, please email admin@laconchildeschool.co.uk or 01299 270312 by 30/09/24.

**Taster Day**
Thursday 2nd October 2025
9.45am - 2.15pm
Year 6 students will experience a fun-packed day and have the opportunity to take part in a variety of different curriculum activities. Booking information will be sent to primary schools.

Sports Partnership Offer



As part of our sports offer we aim to give children a range of opportunities to children in classes, across classes, outside of school hours, and across schools. These opportunities offer festival and competition style events to support children in their enjoyment and achievement of sport. Activities will have a range of intent which can be seen on the overview which we will include in next week's school news.

Shropshire Music Service Ensemble 'Stompers'



Shropshire Music Service run a number of groups across Shropshire. These give students of all levels the chance to learn and play together, and perform regularly.

'Stompers' is a beginner instrumental group which takes place on a Tuesday at Cleobury Mortimer Primary School from 4pm - 5pm.

It is free of charge, you will require your own instrument.

Children are welcome of any ability, aged from four to 18 inclusive.

Please click on the 'register now' button in the link below: [Ensembles | Shropshire Music Service](#)

Great Athletes



On Thursday children enjoyed a visit from Nekoda Smythe Davis, who won the British Judo Championships in 2013 and 2014 and represented Great Britain at the Olympic Games in 2016.

All pupils took part in a sponsored fitness circuit, then they enjoyed a motivational assembly and Q&A session. Nakoda imparted some powerful messages including:

- resilience
- not giving up
- taking the attitude 'if at first you don't succeed, try, try again'
- succeeding with the help of a supportive team

There's still 6 days to collect any sponsorship money for yesterday's visit from Nakoda, here's a reminder of the great prizes you'll get for your fundraising efforts in this short video: <https://vimeo.com/1000798545>

Remember that the money raised will go towards new sports equipment to improve levels of physical activity in our school! If you've not sponsored your child yet, now is a great time to reward them for their hard work. You can sponsor them online here: <https://portal.greatathletes.org/events/landing>, or bring the cash in with your sponsorship form.

Please ensure that the sponsorship form and money are returned to the school office by next Thursday (2nd October 2025).

Thank you in anticipation of your support.





CANCELLED - SGET Music Celebration



Unfortunately, due to low uptake, we have had to cancel the SGET music celebration, which was due to take place on Thursday 9th October.

Apologies for any inconvenience / disappointment.

NCMP Height and Weight Screening



On Wednesday 1st October 2025 the School Nursing Team will be coming into school as part of the National Child Measurement Programme to carry out height and weight checks of children in Reception and Year 6.

An email was sent out regarding this on Wednesday. If you are happy for your child to be measured you do not need to do anything, however if you do not want your child to be measured please complete the 'opt out' form in the letter that was emailed to you and return it to the school office as soon as possible. A paper copy of this form is available from the office should you need it.

Acceptable Use Agreement



Thank you for those of you who have completed the form acknowledging the Acceptable Use Agreement, if you have not already done so would you please complete the form as requested as soon as possible.

Link: <https://forms.office.com/e/Qu0S4fq8mU>

Secondary Transfer 2026



The online application facility for parents of year 6 students who are eligible to transfer to secondary school in September 2026 is now open as detailed in the letter sent out to parents of year 6 children earlier this week.

Below is the message from The School Admissions Team:

This is the link - [Apply to start or transfer school | Shropshire Council](#) which takes you to the Shropshire Council Admissions website. Details about secondary school open evenings can be found in the Parents' Guide to Education in Shropshire booklet, on the same website.

Closing date for applications is 31st October 2025.

Applications received by Shropshire Council after the closing date will be classed as late, which may result in your child being disadvantaged, so please ensure you make your application on-time. Late applications will not be processed until all on-time applications have been offered.

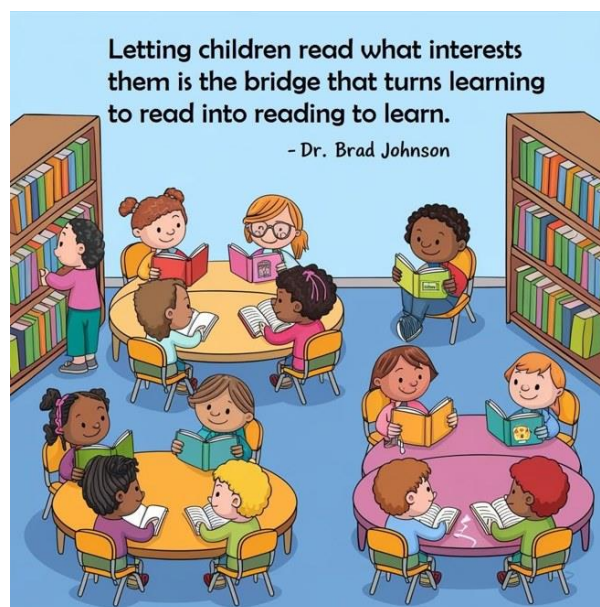
Please note your child's cohort is larger than in previous years. You can name up to four schools on your application - we encourage parents to make full use of these preferences. If only one preference is named, and we cannot offer this, we will have no choice on National Offer Day but to offer a place at the next nearest school with a vacancy, which could be a considerable distance from your home address.

Kind Regards

The School Admissions Team

Only those children who reside in Shropshire should apply via the Shropshire Council website. If any non-Shropshire resident applies via the Shropshire Council website, it will be discarded. Failure to apply to the correct Local Authority may cause an application to be late.

Celebrating Reading



Reading

Reading with children is one of the most powerful gift parents can give. The development of language, creativity and cultural understanding from reading, discussing and sharing is HUGE so if you are giving this gift thank you for helping to keep this powerful, essential

activity 'alive'. Reading is also very powerful as it reduces stress (for the child and the adult!).

Teme: 100%

Rea: Yr1=92% - Yr2 = 100%

Corve: 91%

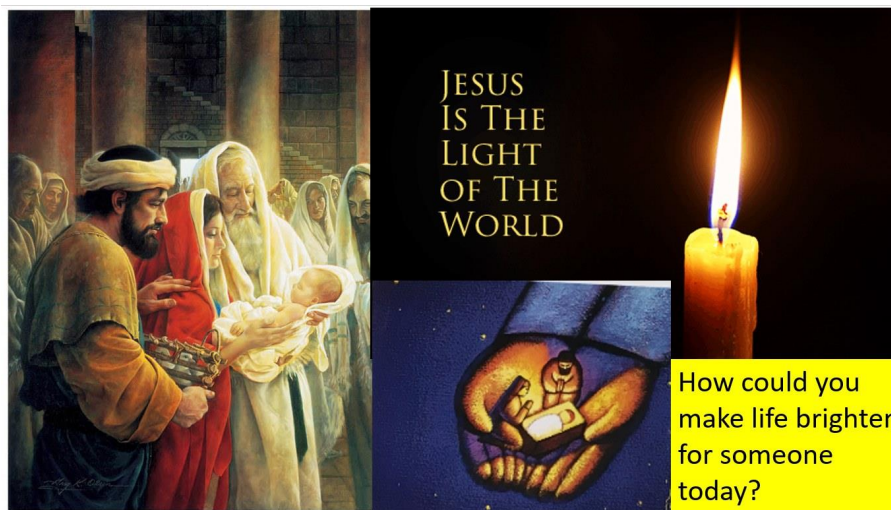
Severn: 93%

Our Worship / Reflections this week:

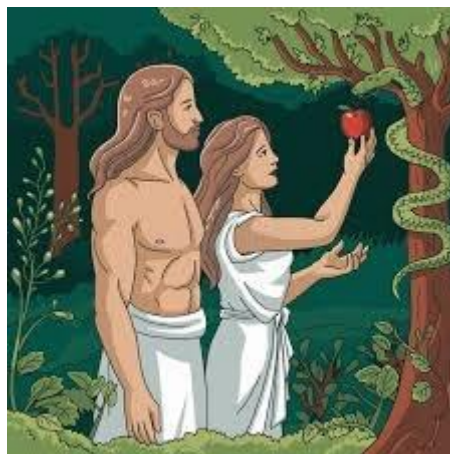
Monday: We continued thinking about hope and that, sometimes, something very small can make a HUGE difference. We reflected on the parable Jesus told about a small seed growing into a great shrub which many different animals made their home and many different creatures used for shelter.



Tuesday: We reflected on how light is a symbol of hope (something good that comes after darkness). We considered how Christians consider Jesus to be the 'light of the world'. Children reflected on how they could make life brighter for someone else.



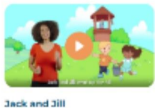
Wednesday: Open the book bought us the story of 'The Fall' where Adam and Eve damaged their relationship with God when they were tempted, by the snake, to eat the fruit from the tree that they had been asked not to. We reflected that sometimes we make mistakes and let people who are special to us (friends, family) down. Children thought about having the courage to make our own decisions, know right from wrong and choose the right thing.



Thursday: We had an assembly from our visiting athlete.

EYFS (Nursery and Reception) News

Nursery News 26.09.2025

Autumn 1 Term Thank you to everyone who has taken the time to read, reflect on, and come to speak with me this week regarding the recent changes to lunchboxes and water bottles, in line with the Early Years Food and Nutrition document. It's been wonderful to see such positive engagement — working in partnership with you truly makes all the difference! We understand that some children are adjusting to drinking water, and we're here to support them through this transition. The nursery team is gently educating the children about the benefits of water for both their bodies and brains. If your child brings in weak-diluted squash to nursery, please continue to dilute their squash a little more each nursery session to support a gradual transition to water. Once their bottles are empty, we can only top up with water. Please be assured that we are closely monitoring hydration throughout the day, with regular drink stops and gentle reminders to take sips.	
Focus Text: Amazing! 	Makaton Sign of the Week: 
Concept of the Week: FAST	Nursery Rhyme of the Week:  https://www.littlewandlelettersandsounds.org.uk/resources/for-parents/^[1]

1 - [1] <https://www.littlewandlelettersandsounds.org.uk/resources/for-parents/>

Reception News 26.09.2025

Autumn 1 Term - Marvellous Me Thank you to everyone who has taken the time to read, reflect on, and come to speak with me this week regarding the recent changes to lunchboxes and water bottles, in line with the Early Years Food and Nutrition document. It's been wonderful to see such positive engagement — working in partnership with you truly makes all the difference!	
This week's text:  The Enormous Turnip	This week in Reception, we've been diving into the fascinating world of our five senses : sight, hearing, taste, smell, and touch! Through hands-on activities, stories, and sensory play, the children have been discovering how each sense helps us understand and explore the world around us.
This week, we took a short pause from introducing new sounds and focused on blending using the first eight sounds we've learned so far. This gave the children a chance to build confidence and strengthen their early reading skills. You can support this at home by using your child's flashcards to make simple words. Encourage them to show you how they read each word by: • Pointing to each letter • Saying the sound • Swiping underneath the word to blend the sounds together s - a - t t - a - p s - a - p p - i - t m - a - t d - i - p p - a - t a - t d - a - d s - a - d n - a - p m - a - p m - a - n p - a - n	

Rea Class

Rea Phonics	
Year 1	- Recap of our phase four words with consonant blends: - Tricky word recap – was, they, some, come, were, there, sure, pure
Year 2	- Phase 5 review: - or a aw au ore oor aloar our augh and aur (all making the or sound). - si su (zh) - ch, tch ture (making ch) - sh ti ch ssi ci si (making sh) - Tricky words: thought and sure
Spellings	
If you wish to support your child with spelling at home:	
Year 2 have been practising:	
- Continuing words with the j sound: edge, ledge, cage, page, germ, giraffe, bridge. - Tricky word – poor.	
Year 1 have been practising:	
- Decodable words – wait, nail, soil, coil - Tricky word – evening, do.	
Homework	
- Reading Homework is to listen to your child read at least four times over the week. Please remember to write it in reading records. - Spellings – optional practise of words above.	
Maths	
- Mastering number continuing - Year 1 – Five and a bit structure. - Year 2 – Greater than and less than - Number counting	
Year 1	more than, fewer than, one more.
Year 2 only	- addition of multiples of ten using related facts. - eg $2 + 3 = 5$, - so I know 2 tens plus 3 tens is equal to 5 tens, - so I know $20 + 30 = 50$

Forces in STEM @ RAF Cosford



On Wednesday 24th September children from Severn Class enjoyed a 'Forces in STEM day' at RAF Cosford. They explored and investigated science, technology, engineering and maths and attended a science show.







Computer Workshop

Coding Workshops with RoarTech Educational and Harper Adams University

Join us for an immersive STEAM learning experience at The Quad, Harper Adams University's innovative digital skills hub in Telford. These workshops combine hands-on LEGO robotics with coding to develop crucial digital skills in a collaborative environment.

9:30-9:40am	1	
Welcome from RoarTech Educational and Harper Adams University		
	2	9:40-10:40am
		Structured build and coding session with LEGO Education resources
10:40-10:50am	3	
Refreshment break		
	4	10:50-11:50am
		Creative build and coding focused on innovation and problem-solving
11:50-12:00pm	5	
Pack away and closing remarks		

Workshop Focus

- Develop computational thinking with LEGO robotics
- Led by RoarTech Educational
- Build creativity, teamwork and future-ready skills

Location Details

The Quad, Station Quarter
Ironmasters Way, Overdale
Telford TF3 4NT

Centrally located with excellent transport links and state-of-the-art collaborative learning facilities.

Please contact Paul at paul.gerrie@roartech.co.uk with any questions/queries.




On Wednesday 8th October children in Severn Class will be attending a morning computer coding workshop at Telford in association with Harper Adams University and RoarTech Education. Children will have the opportunity to combine hands on LEGO robotics with computing programming.

The workshop is fully funded, however we are asking for a voluntary contribution towards the cost of the transport of £4.40 per child (those children eligible for benefit related FSM £2.20). Again we are very grateful to FoSPS for subsidising the cost of the transport.

Severn Class trip to Cadbury's World

On Thursday 4th December children in Severn Class will be visiting Cadbury World in Birmingham.

The trip will take place within the school day, children will be having an educational tour plus a talk on the Maya theory of creation, experiencing the opportunity to dress up in traditional Maya clothes.

We are asking for a voluntary contribution of £16.35 per child (those children eligible for benefit related free school meals £8.18).

Thank you to FoSPS for subsidising the cost of the transport.

Parenting Signposts

SEND Meet and Chat Drop-in Sessions:

Tuesday 14th October 2025 - Bridgnorth Library

Thursday 13th November - The Lantern, Shrewsbury

Thursday 4th December - Oswestry Library

AUTUMN TERM
SEND MEET & CHAT
FAMILY DROP-IN
 Hosted by Shropshire Early Help



Do you care for a child or young person with Special Educational Needs and Disabilities (SEND)?

These sessions are open to anyone supporting a child with SEND – whether you're a parent carer, family member, or professional.

Come along to ask questions, get practical advice, and connect with professionals who understand your journey

Speak with experts in:

- EHCPs
- School support
- Health and wellbeing
- Social care
- Mental health
- Navigating SEND challenges

Each session will have different professionals available, so come along, have a chat, and find the help you need.

RAVEN HOUSE
 Tuesday 23rd September 2025
 2:00pm-4:00pm
 Raven House,
 125 Chelsea Street,
 Market Drayton, TF9 3AH

BRIDGNORTH LIBRARY
 Tuesday 14th October 2025
 1:00pm-3:00pm
 Bridgnorth Library,
 Litley Street, Town Centre,
 Bridgnorth, WV16 4AW

THE LANTERN
 Thursday 13th November 2025
 10:00am-12:00pm
 The Lantern,
 Meadow Farm drive,
 Shrewsbury, SY1 4NG

OSWESTRY LIBRARY
 Thursday 4th December 2025
 1:00pm-3:00pm
 Oswestry Library,
 Arthur Street,
 Oswestry, SY11 1JN

HAVE YOUR SAY!
 Scan the QR code to suggest topics and activities for future drop-in sessions.



NHS
 Shropshire, Telford
 and Wrekin

Shropshire Supporting Families
 Through Early Help

PACC
 Parent Carer Advisory Committee

Understanding Your Child Groups - Autumn 2025

Understanding your child From toddler to teen

- Would you like to know more about your child's development?
- Do you need help and support to understand your child's behaviour?
- Would you like a chance to meet with other parents and carers with children of a similar age?

Join us for one of our free virtual or face-to-face groups, our next groups start:

Understanding Your Child Group 29th September 2025 from 9.30am to 11.30am Virtually Via MS Teams
 Understanding Your Child Group 29th September 2025 from 1.00pm to 3.00pm at Ludlow Primary School
 Understanding Your Child Group 1st October 2025 from 12.45pm to 2.45pm at Whitchurch CofE Infants School
 Understanding Your Child SEND Group 2nd October 2025 from 9.00am to 11.00am at Woodlands School Wem
 Understanding Your Child Group 2nd October 2025 from 9.30am to 11.30am at Sunflower House Shrewsbury
 Understanding Your Child Group 2nd October 2025 from 1.00pm to 3.00pm at Whittington Primary School
 Understanding Your Child SEND Group 3rd October 2025 from 9.30am to 11.30am Virtually Via MS Teams

All our groups run for 10 weeks from the start date excluding the School Holidays.

SEND groups are for parents/carers of Children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.

To book a place email
Parenting.team@shropshire.gov.uk
 or call 01743 250950

Find more free online courses at:
inourplace.co.uk/shropshire



Sleep Tight Work Shops - Autumn 2025

Does your child struggle with their sleep?

Free Sleep Tight Groups

Join us on one of our virtual or face-to-face groups and

- Find out why sleep is important for our health and emotional wellbeing
- Get support to help improve sleep and bedtime routines
- Meet other parents/carers to share and discuss experiences

SEND Group Tuesday 23rd September 2025 from 1.00pm to 3.00pm Virtually Via MS Teams
or

Group Wednesday 24th September 2025 from 9.30am to 11.30am Virtually via MS Teams

SEND groups are for parents/carers of children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.

To book a place email Parenting.team@shropshire.gov.uk or call 01743 250950

Find out
more here



Parenting Help & Support Line

Shropshire Parenting Help and Support Line

01743 250950

Mon - Thurs, 9.30am - 4.30pm

Fri, 9.30am - 3.30pm

No judgment, just support.



Shropshire Public Health Nursing Team



Shropshire Family Information Service

Hello from the **Family Information Service** (FIS for short).
Our job is to give you the info and resources you need to help your family life run a little smoother. We can help with:

- Childcare - finding it and advice on paying for it
- Local baby and toddler groups
- Events, clubs, activities, and fun things to do in the school holidays, for all ages
- Getting parenting and family support
- Finding health and wellbeing support

We cover everything and anything to do with family life, so if you have a question, chances are we'll be able to help, or if we can't, we'll point you in the direction of someone who can.

Follow us on social media for all the latest news and info.

@ShropshireFamilyInfo
 @ShropshireFamilyInfo
 @ShropFamilyInfo

www.shropshire.gov.uk/fis

What is Shropshire Family Information Service:

The Shropshire Family Information Service (FIS) is a brilliant universal service. The FIS brings together loads of useful, local information for families, to help take the stress out of things like finding:

- Childcare or baby and toddler groups
- Holiday clubs, events and things to do as a family
- Parenting, relationships, and emotional health and wellbeing support
- Cost of Living info and advice

FIS use our social media channels to bring families news, events and handy information, which links through to our [Family Information Directory](#). Families are welcome to contact us directly for help with anything to do with family life. We have created a brand new short video to explain who we are and what we do. You can view it here on YouTube https://youtu.be/7t1jBqJJI8?si=LeOiNag8_LeSPzX0

What we would love you to do:

1. Follow us on social media. We use social media as a key tool for reaching parents and professionals, so give us a follow and we will follow you back.

[Family Info Service Facebook](#)

[Family Info Service Instagram](#)

[Family Info Service Twitter](#)

2. Subscribe to our newsletter <https://orlo.uk/5RvZN>

Solihull Approach - Understanding Your Child

Please watch the video in the link below - it explains brilliantly how good the parenting courses are:

[lotdef s02 O6b Full ugc2b \(youtube.com\)](https://www.youtube.com/watch?v=s02O6bUgc2b)

NHS

ONLINE COURSES FOR PARENTS, GRANDPARENTS, CARERS AND TEENS

Discover the Solihull Approach series

Understanding...

English more languages available powered by Google Translate

Enjoy a fresh new look on mobiles

optional voice-over where available

...pregnancy, labour, birth and your baby

...your baby

...your child

...your child with additional needs

...your teenager's brain

...your feelings (for teenagers only)

...your relationships

and much more!

Do you live in the Shropshire or Telford & Wrekin area? Locally funded

1. Scan QR or visit www.inourplace.co.uk

2. Enter the Access Code*

3. Begin learning

*Sign in or registration required

Access Code: **DARWIN18**

PREPAID

Bridgnorth Community Information Drop In Sessions

Family Drop-In

Here to help

Free information, advice and support

You can chat, have a drink and see how we can all help you with:

• Family Life	• Housing Support	• Home fire safety
• Children's health and wellbeing	• Domestic abuse support	• Healthy living advice
• Drug and alcohol support	• Financial advice	• Help with getting back to work

Bridgnorth Youth Centre
45 Innage Lane, Bridgnorth WV16 4HS

Every Tuesday from 1.30pm—4pm



Supporting families with children aged 0-19 years (up to 25 years for young people with special educational needs and disabilities)

We aim to make it easier for you to ask for help and get support when you need it.

 www.shropshire.gov.uk





stay and play

FAMILY INFORMATION DROP IN

Every Tuesday
1pm until 3pm
starting 3rd December 2024

Bridgnorth Library,
67 Listley St, Bridgnorth WV16 4AW



shropshire.gov.uk/early-help



Highley Community Drop In Sessions

Community Drop-ins

How can we help you?

Come along to:
Highley Library, Halo Severn Centre, Bridgnorth Road,
Highley, WV16 6JG

The fourth Friday
of each month
9.30am-12.30pm



Free information, advice
and support around;

- Housing support
- Getting older
- Family Life
- Domestic Abuse
- Special Educational Needs and/or Disabilities (SEND) support
- Parenting support
- Finance support
- Healthy living, and much more!

Sponsored by:



halo



OneplusOne



Introducing the Separating better app, a **free** self-guided mobile app for separating parents, designed to facilitate a smoother separation journey and promote positive co-parenting. This app is filled with expert advice, video resources, practical parenting, and budgeting plans, as well as co-parenting tips. It offers an easy-to-follow journey where you can track your progress and unlock app sections as you go.

Find out more and download the mobile app, now:

https://www.oneplusone.org.uk/separating-better?utm_source=referral&utm_medium=social&utm_campaign=sbaffiliate

For face to face support, go to [Getting on better | Shropshire Council](#) and select Free Courses and Workshops.



An online course to help parents communicate better with each other

Arguing better

Disagreements are a normal part of life, and most couples argue from time to time. How you deal with disagreements can make a big difference to you, your partner, and your children.

This free online course can help you learn to manage difficult conversations, avoid conflict, and improve things for your whole family.



Create your free account at www.oneplusone.org.uk/parents or scan the QR code
To access the course, you will need a good internet connection and a smartphone, tablet, or computer.

oneplusone 1 / 3



An online course for separating parents to help manage conflict and minimise the impact on children

Getting it right for children

When separated parents argue, it's common for children to feel like they are caught in the middle. This free online course is designed to help separated parents communicate better with each other and parent co-operatively after parting.

You will learn positive communication skills like staying calm, seeing things differently, and speaking for yourself so that you can sort out disagreements with your child's other parent and find solutions together. You can do the course on your own, at your own pace.



Create your free account at www.oneplusone.org.uk/parents or scan the QR code

To access the course, you will need a good internet connection and a smartphone, tablet, or computer.




An online course for new and expectant parents

Me, You and Baby too

Tiredness and stress are common when you're caring for a baby. If parenthood is leading to more arguments between you and your partner, this free online course could help.

With tips and advice on how to talk about difficult topics, share stress, and prevent arguments, this short course will help you and your partner navigate challenging times together.



Create your free account at www.oneplusone.org.uk/parents or scan the QR code

To access the course, you will need a good internet connection and a smartphone, tablet, or computer.

Pharmacy First can help families – a new service available in Shropshire, Telford and Wrekin

Pharmacy First can help families with minor illnesses and seven common conditions. If appropriate, treatment can be offered without a prescription for seven common conditions, and it can be quicker to see a pharmacist than a GP. Normal prescription charges and exemptions (those who do not have to pay, including children) will apply.

A pharmacy is a great place to get healthcare advice and treatment. Pharmacies are easy to reach, usually located within local communities, and often open evenings and weekends. This service may help children and colleagues get well and back to nursery/school/work quicker.



The poster features a group of six healthcare professionals (Kiley, Alex, Chelsie, Jayne, Jasdeep, and Karen) in NHS uniforms. The background is green and blue. The text on the poster is as follows:

Integrated Care System
Shropshire, Telford and Wrekin

NHS
Shropshire, Telford and Wrekin

Worried about your child's health?

Think 'Pharmacy First'

You can now get treatment for a variety of common conditions and minor illnesses from your local community pharmacy.

Your pharmacy can help with:

- Earache (ages 1-17)
- Infected insect bites (from age 1)
- Impetigo (from age 1)
- Sore throat (from age 5)
- Hay fever (all ages)
- Conjunctivitis (all ages)

If you don't know whether a pharmacist can help with what you need, give them a call first or just pop in.

If you get a prescription through your pharmacy, you'll never pay more than if you had seen your GP.

Health Visiting Information

Every family with children under 5 has access to a health visitor.

Families can access advice and support up until the age of 5 years old by calling **The Single Point of Access on 0333 358 3654**.

If parents don't want to talk to someone, they can send a text and one of the team will get back to them on **07520 635212**

This is a Monday to Friday service 09:30am until 4pm where a Health Visitor is on the line to offer the appropriate advice and support and referrals can be made to the appropriate practitioner.

If parents need extra support or support for potty training, behaviour, sleep, eating we have two Healthy Child practitioner who they can be referred to who will come out to their home or to a clinic to support the family with these issues.

This referral can be completed through the single point of access and sent to the appropriate team.

If it is specialised targeted work the family will be seen by a Health visitor for example low mood or complex development issues, safeguarding or specialised referrals.

All children are seen universally at one years and at two years and they are offered a full health growth and development review via a letter with an appointment.

These are now completed at Cleobury Mortimer Health Centre, Ludlow or Bridgnorth depending on where they live.

PARENT CARER COUNCIL PACC SHROPSHIRE

Accessing Support

Knowing how to access support and who to speak to can be overwhelming and difficult at times. We have created this information sheet of charities and organisations that can provide help and support. You can also contact PACC for support and information on info@paccshropshire.org.uk

Shropshire IASS
Inclusion Advice & Support Service
We provide information, advice and support to parents and carers of children aged 0 to 25, and young people aged 16 to 25 who have, or may have, special educational needs or disabilities (SEND).

autism west midlands
We are the leading charity in the West Midlands for Autistic adults, children, young people and those who love and care for them. Our passionate, expert staff and volunteers work across a range of age groups and abilities.

contact for families with disabled children
We're here for families wherever they live in the UK, and whenever they need us.

SHROPSHIRE LOCAL OFFER
The SEND local offer is a single place for information, services, and resources for children and young people aged 0-25 with special educational needs and/or disabilities, their families, and the practitioners who support them.

PREPARATION PACC FOR ADULTHOOD
The PACC Preparation for Adulthood (PFA) Navigator service is available to help SEND families understand the options available for young people with SEND on their preparation for adulthood journey.

IPSEA
IPSEA is a registered charity in England that provides free legal advice and support to families of children with special educational needs and disabilities (SEND).

PACC (Parent Carer Council) have created an information sheet of charities and organisations that can provide help and support.

Please let us know if you would like a copy.

Otherwise please contact PACC for support and information on info@paccshropshire.org.uk

Celebrating Children's Achievements



The children representing all the hard work and positive attitudes in our school this week.



Numbots

Rea: **Victoria Frost**

Corve: **Ella Dorrell**



Times Tables Rock Stars

Corve: **Leo Robertson**



Sports Stars:

Teme: **Caleb** for his participation and enthusiasm in the golf at the Lacon Festival today.

Rea: **Oliver** for fantastic catching skills.

Corve: **Hugo** for participating enthusiastically during our circuits session with our Olympic athlete.

Severn: **Ottillie, Jenson & Lucas** for their determination, participation and focus during the football festival at Lacon / **Charlie** for his fantastic focus when performing various gymnastic rolls.

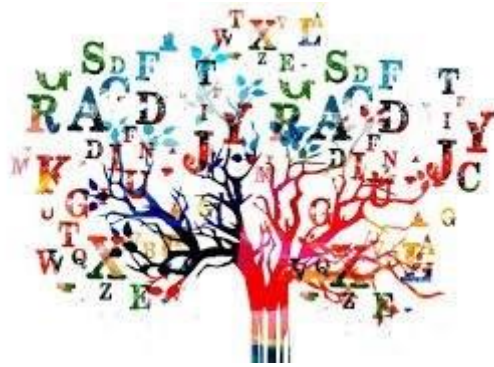


Pride and Presentation: Award for pupil focus on presentation of work across the curriculum.

Rea: **Wilfred** for the presentation of his collage of a person dressed for Autumn in Geography.

Corve: **Leon** for an accurate and neat diagram of a series circuit in science.

Severn: **Gabriel** for his creative art work in RE.

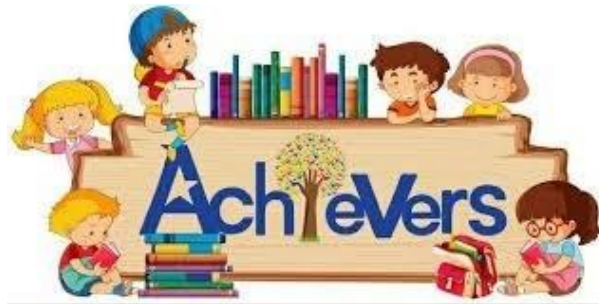


Great Sentence using words of the week:

Rea: He felt tired, wet and very **exhausted**. **Chloe**

Corve: James took a **glimpse** at the peach, before his eyes watered. **Aubrey**

Severn: My Dad went **ballistic** because his favourite food was out of stock. **Leo D**



Class Achievers:

Teme: **ALL OF TEME CLASS** for settling so well into their new routines.

Rea: **Poppy** for her participation in phonics - always tries every word and sound / **Ophelia** for her focus, determination and progress in her reading.

Corve: **Ada, Esther, Eva, Frankie, Grace, Hugo, James, Leo P, Meghan** for great coding to control a magician using timers.

Severn: **Felicity** and **Esme** for their work in science.



Children selected for growing kindness.

Reception: **Esme** for always sharing her toys with her friends.

Year 1: **Kitt** for noticing a friend's good work and praising it.

Year 2: **Kai** for playing fairly with everybody.

Year 3: **Harriet** for helping and being a good friend to another pupil when they were hurt.

Year 4: **Reggie** for helping another pupil when working on the laptops in history.

Year 5: **Sofia** for volunteering her seat on the mini bus when someone was feeling unwell.

Year 6: **Bella** for continually supporting a friend during the mile run.