

<b>Week one</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main meal</b>	Chicken and vegetable Korma	Toad in the hole (pork sausages) with gravy	Ham and cheese pasta carbonara	Roast chicken with stuffing dinner	Fish burger in a 50/50 bun with lettuce and tomato
<b>Main vegetarian/vegan meal</b>	Vegetable curry	Toad in the hole (vegetarian sausage) In vegetarian gravy	Mac and cheese pasta	Baked cauliflower cheese	Veggie burger
<b>Light bite</b>	Jacket potato with choice of cheese, tuna mayo or baked beans	Jacket potato with choice of cheese, tuna mayo or baked beans	Jacket potato with choice of cheese, tuna mayo or baked beans	Jacket potato with choice of cheese, tuna mayo or baked beans	Jacket potato with choice of cheese, tuna mayo or baked beans
<b>Salad option</b>	Ham salad	Cajun chicken salad in a wholemeal wrap	Tomato pasta salad	Tuna mayonnaise and sweetcorn wholemeal wrap	Mixed cheese Salad with optional mayonnaise
<b>Vegetables</b>	Rice and naan	Creamy mashed potato, green beans	Sweetcorn	Roast potatoes, carrots and broccoli	Sweetcorn and peas
<b>Dessert</b>	Chocolate angel delight	Yoghurt	Sponge and custard	Yoghurt	Toffee sponge

Please speak to the Catering team if you have any concerns or questions about the contents of our dishes [zoe.corry@laconchilideschool.co.uk](mailto:zoe.corry@laconchilideschool.co.uk)

<b>Week two</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main meal</b>	Sweet and sour chicken	Roast beef dinner with Yorkshire pudding	Meatballs in tomato sauce	Pork Dinner with stuffing	Fish cake
<b>Main vegetarian/vegan meal</b>	Stir fry vegetable sweet and sour	Quorn dinner with Yorkshire pudding	Meatless balls in tomato sauce	Broccoli and cheese bake	Veggie fingers
<b>Light bite</b>	Jacket potato with choice of cheese, tuna mayo or baked beans	Jacket potato with choice of cheese, tuna mayo or baked beans	Jacket potato with choice of cheese, tuna mayo or baked beans	Jacket potato with choice of cheese, tuna mayo or baked beans	Jacket potato with choice of cheese, tuna mayo or baked beans
<b>Salad option</b>	Herby tomato pasta salad	BBQ chicken wrap	Tuna and sweetcorn salad	Egg and cress salad wholemeal wrap	Cheese and coleslaw Salad
<b>Vegetables</b>	Fluffy rice and naan bread	Roast potatoes, broad beans, carrots, gravy	Pasta	Roast potatoes and mix veg and gravy	Mashed potato and baked beans
<b>Dessert</b>	Strawberry angel delight	Yoghurt	Chocolate sponge and custard	Yoghurt	Iced sponge cake

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