

# The Stotty School News 17.01.2025



#### Stottesdon CofE Primary School

Part of <u>The Shropshire Gateway Educational Trust</u>

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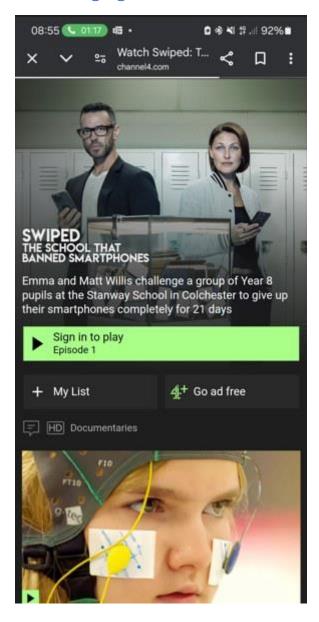
### Diary dates for the week ahead



# Dairy Dates 17.1.2025

Diary Dates for next week		
Monday 20 <sup>th</sup> January 2025	NO - Private Music Lessons with Mrs Leverett Williams - Thursday this week instead Corve - Egyptian Workshop / Severn - Viking Workshop Craft After School Club SATs After School Club - 4pm finish	
Tuesday 21 <sup>st</sup> January	Private Music Lessons with Mrs Leverett Williams Lunchtime Choir Club Tag Rugby After School Club	
Wednesday 22 <sup>nd</sup> January	Private Music Lessons with Mrs Leverett Williams Cookery After School Club	
Thursday 23 <sup>rd</sup> January	Private Music Lessons with Mrs Leverett Williams for those pupils who usually have lessons on a Monday SATs After School Club - 4pm finish	
Friday 24 <sup>th</sup> January	Lunchtime Computing Club	
Upcoming Diary Dates		
Tuesday 11 <sup>th</sup> February	Parents Evening	
Thursday 13 <sup>th</sup> February	Parents Evening	

### Online Safety: Adults managing children's access



If you have watched the above it is certainly a thought provoking watch. Each week we are going to pull through some advice and questions for parents to consider within this agenda.

This week's online safety thoughts:

- Social Media Apps ARE NOT APPROPRIATE for primary school children (and the programme above puts into question whether they are appropriate until age 14). Age restrictions for most social media apps are 13 and above. Evidence is now showing that children are not ready for the unregulated content, contact and conduct that social media exposes them to. In fact material is potentially damaging our children's mental health and ability to apply attention in other areas. Many apps by nature are addictive and it is concerning the number of hours some children are spending on devices (and often far too late at night). It is replacing much more impactful and purposeful activities where children

are more **present** in daily lives e.g. reading, socialising, engaging in family routines, discussions and activities. So.... some questions to consider:

- Is it time to consider whether, as adults, we are really giving them a gift when we buy these devices (particularly smart phones) at such young ages? The evidence is suggesting it is a damaging gift. We strongly recommend not giving smart phones to primary children stand up to the peer pressure we don't have to do the same as everyone else.
- Do you have a control on what your children are doing on devices? E.g. monitor their usage, put controls on what apps they can download.
- Do you have control on how long your children are on their devices and at what times? (device free time a couple of hours before bed and at dinner times the same for adults!)
- Do you have control of where devices are used in public spaces (so not in bedrooms) so it can be openly monitored and discussed?
- Do you have an open relationship with your children about what they are doing online doing it with them building their confidence and trust to talk openly with you about it?

We know that the agenda is not an easy one but if you want to discuss or seek advice please do not hesitate to be in touch. Remember, we are the adults who make the best decisions for our children to support their safety and their development as young people.

### **Online Safety Blog by Severn Class**



Severn Class have been learning about blogs and continue to build on their understanding of online safety. There is some great information and advice - just click <u>here</u>.

### **Contact information on Arbor**



We would be grateful if everyone would check their contact details on Arbor please.

Would you please ensure you notify us if there are any changes to the information we currently hold i.e. email address / telephone number / home address.

It is vitally important that we hold the correct information. Many thanks.

### **Parking**



Another plea with regard to respectful parking at school drop off / collection time:

Would parents please consider other road users and residents when picking up and dropping off the children for school.

We do realise there is a bottle neck at these times but blocking driveways / pavements and parking on the verges is not acceptable.

We would really appreciate your support with this to ensure the safety of all concerned.

### FoSPS



#### Late arrivals and Attendance



Unfortunately, towards the end of last term we noticed a big increase in the number of children frequently arriving late into school.

It may only be a matter of minutes but, it has been proven to have a negative impact on learning.

We do realise that circumstances can happen outside your control but, we would be grateful if you would start the New Year with doing your utmost to ensure children arrive at 8.40am when the school opens, ready for registration at 8.45am and our first lesson at 8.50am.

Reports have attendance and lateness figures and the graphic below is useful to give a prospective.

There has also been an increase in holidays in term time, please be advised that these are not authorised and may lead to fines from Shropshire Education Access Service.



### **Developing Interoception**

# Interoception & Communication



Following on from staff training as part of our PINS project (Partnerships for Inclusion of Neurodiversity in Schools) we have started doing exercises that help children learn to identify internal changes in their own body linked to emotion, temperature, toileting, feelings of hunger/thirst/sickness necessary for self-regulation. This 'reading of our internal signs' is crucial for everyone. Take a look at the exercises below. We are doing 4 a week - can your children tell you about them? Have a go at them at home and develop a language to talk about 'body sensing'. A link to the activities is here (scroll down): <a href="Interoception Activities">Interoception Activities</a> twice a day (just 30 seconds of doing and talking)



# **Celebrating Reading**





#### Reading

Reading with children is one of the most powerful gift parents can give. The development of language, creativity and cultural understanding from reading, discussing and sharing is HUGE so if you are giving this gift thank you for helping to keep this powerful, essential activity 'alive'. Reading is also very powerful as it reduces stress (for the child and the adult!).

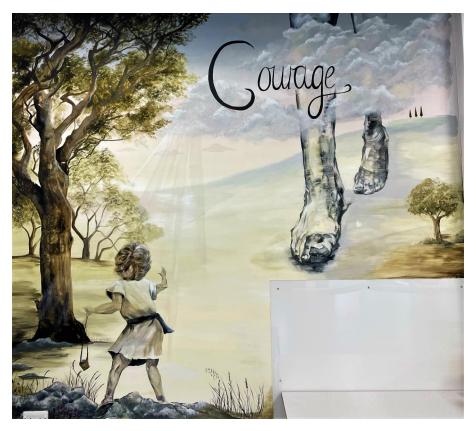
Teme: 85%

Rea: 82%

*Corve: 83%* 

Severn: 90%

# Our Worship / Reflections this week:



Monday: We launched our new theme on courage through thinking about what the word means and reflecting on what we think is important about courage.

# Courage is...

Carrying on when things are difficult

Overcoming fear

**U**nderstanding and facing a challenge

Risking being our of your comfort zone

Always believing in God's promises

**G**oing for a goal

**E**mpowered by encouragement

Tuesday: Older children acted out a conversation between two children on courage and children reflected on how, sometimes, when we face our fears we end up doing something really amazing.



Wednesday: Open the book bought us the story of star watchers (kings) and how they didn't return to tell Herod where the baby Jesus was. We reflected on having the courage to do the right thing.



Thursday: Phase assemblies focused on launching our new theme of Goals and Dreams in our PSHE sessions. Children reflected on that sometimes getting to our dreams and goals means overcoming challenges. We related this to a rollercoaster - ups and downs, twists and turns, uncomfortable and exciting feelings.



### **EYFS (Nursery and Reception) News**

### Nursery News 17.01.2025

#### Spring 1 Term: Healthy Me!



This week the children have been learning about the importance of eating a healthy balanced diet. If your child brings a packed lunch to nursery, it can be tricky to think of new ideas, you will find some healthy recipes and tips here:

https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/<sup>[1]</sup> We ask that your child's lunchbox does not contain large amounts of chocolate, or any sweets or fizzy drinks. If your child brings these to school, we will ask them to save them until they get home.

This week, we introduced listening for and saying the sound 'd'.



#### Pronunciation Phrase - d

Put your tongue to the top and front of your mouth and make a quick **d** sound **d d d** 

#### Talk 4 Writing Text:



The Little Red Hen

#### Nursery Rhyme of the Week:



Miss Molly Had a Dolly

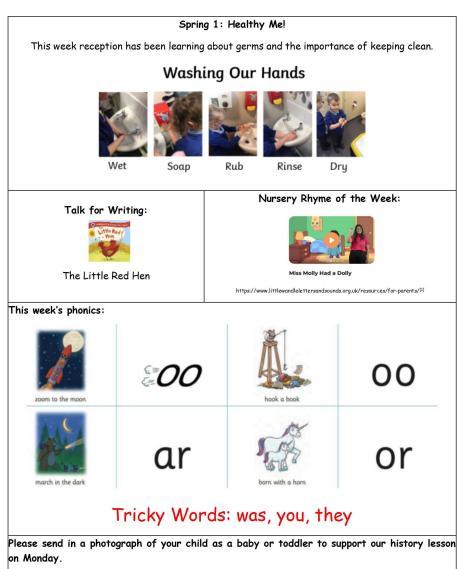
https://www.littlewandlelettersandsounds.org.uk/resources/for-parents/[2]



On Wednesday Nursery helped with stirring, mixing and kneading ingredients to make bread.

1 - [1] https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/ [2] https://www.littlewandlelettersandsounds.org.uk/resources/for-parents/

# Reception News 17.01.2025



2 - [1] https://www.littlewandlelettersandsounds.org.uk/resources/for-parents/

#### Rea Class News

#### **Rea Phonics**

#### Year 1 - This week, we have been growing the code for:

- y making the igh sound (eg fly, reply, why)
- ow making oa (eg snow and below)
- g making j (eg magic, giant and huge)
- ph making f (eg photo, dolphin and elephant).

Phonics cards will be sent home on Monday.

#### Year 2 have began spelling words with silent letters eg

Kn (n) as in knock, gn (n) as in gnat and wr (r) as in wrap.

Adding the rules double the last letter to protect the short vowel sound before adding the suffixes er, ed or ing, except when the word ends in a digraph.

- wrap wrapper
- knock knocked
- · knit knitting

#### Homework

- Reading Homework is to listen to your child read at least four times over the week. Please remember to write it in reading records.
- Year 2 spelling lists will come home today, for a test next Friday.
- Numbots or times tables rock stars for 15 minutes throughout the week.

#### **Maths**

In maths this week, we have been:

Year one - Mastering Number

• Splitting numbers systematically eg 4 is made of 4 and 0, 4 is made of 3 and 1, 4 is made of 2 and 2, 4 is made of 1 and 3, 4 is made of 0 and 4.

Year two – Mastering number

• Near doubles eg 5 + 6 is double 6 minus 1. Near doubles are always adjacent.

# Main maths lesson. Shape and measuring

Year 1	Year 2	
Sorting polygons in a variety of different ways.		
Eg Sort the 2d shapes into 3 sides and not 3 sides.		
Measuring length and mass using rulers, cubes and scales.		

### **Parenting Signposts**

Understanding Your Child Groups - Spring 2025

# Understanding your child

#### From toddler to teen

- Would you like to know more about your child's development?
- Do you need help and support to understand your child's behaviour?
- Would you like a chance to meet with other parents and carers with children of a similar age?

Join us for one of our free virtual or face-to-face groups, our next groups start:
Understanding Your Child SEND Group Monday 27th January 2025 from 9.15am to 11.15am
at Wilfred Owen School, Shrewsbury, SY2 5SH

Understanding Your Child SEND Group Monday 27th January 2025 from 12.30pm to 2.30pm Virtually Via MS Teams

Understanding Your Child Group Wednesday 29th January 2025 from 9.30am to 11.30am at Meole Brace Primary School, Shrewsbury, SY39HG

Understanding Your Child Group Friday 31st January 2025 from 9.15am to 11.15am
Virtually Via MS Teams

Understanding Your Child Group Friday 31st January 2025 from 1.15pm to 3.15pm at Christ Church Primary School, Cressage, SY5 6DHH



Sleep Tight Work Shops - Spring 2025

### Does your child struggle with their Sleep?

#### **Free Sleep Tight Groups**

Join us on one of our virtual or face-to-face groups which run for 5 weeks and:

- Find out why sleep is important for our health and emotional wellbeing
- Get support to help improve sleep and bedtime routines
- Meet other parents/carers to share and discuss experiences

Our next groups start:

Sleep Tight SEND Thursday 16<sup>th</sup> January 2025 from 9.30am to 11.30am at Keystone Academy, Shrewsbury, SY3 8XQ Sleep Tight Wednesday 22<sup>nd</sup> January 2025 from 12.45pm to 2.45pm

at Crowmoor Primary School, Shrewsbury, SY2 5JJ
Sleep Tight SEND Wednesday 5<sup>th</sup> March 2025 from 12.45pm to 2.45pm

Virtually Via MS Teams Sleep Tight Thursday 6<sup>th</sup> March 2025 from 9.15am to 11.15am Virtually via MS Teams

SEND groups are for parents/carers of children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.

To book a place email Parenting.team@shropshire.gov.uk or call 01743 250950



# Shropshire Parenting Help and Support Line 01743 250950

Mon - Thurs, 9.30am - 4.30pm Fri, 9.30am - 3.30pm

No judgment, just support.



#### **Shropshire Family Information Service**



#### What is Shropshire Family Information Service:

The Shropshire Family Information Service (FIS) is a brilliant universal service. The FIS brings together loads of useful, local information for families, to help take the stress out of things like finding:

- Childcare or baby and toddler groups
- Holiday clubs, events and things to do as a family
- Parenting, relationships, and emotional health and wellbeing support
- Cost of Living info and advice

FIS use our social media channels to bring families news, events and handy information, which links through to our <u>Family Information Directory</u>. Families are welcome to contact us directly for help with anything to do with family life. We have created a brand new short video to explain who we are and what we do. You can view it here on YouTube <a href="https://youtu.be/7t1jBqJJTl8?si=LeOiNag8">https://youtu.be/7t1jBqJJTl8?si=LeOiNag8</a> <u>LeSPzXO</u>

#### What we would love you to do:

1. Follow us on social media. We use social media as a key tool for reaching parents and professionals, so give us a follow and we will follow you back.

Family Info Service Facebook

Family Info Service Instagram

**Family Info Service Twitter** 

2. Subscribe to our newsletter https://orlo.uk/5RvZN

Solihull Approach - Understanding Your Child

Please watch the video in the link below - it explains brilliantly how good the parenting courses are:

lotdef s02 O6b Full ugc2b (youtube.com)



#### **Bridgnorth Community Information Drop In Sessions**



**Highley Community Drop In Sessions** 



#### OneplusOne



Introducing the Separating better app, a **free** self-guided mobile app for separating parents, designed to facilitate a smoother separation journey and promote positive co-parenting. This app is filled with expert advice, video resources, practical parenting, and budgeting plans, as well as co-parenting tips. It offers an easy-to-follow journey where you can track your progress and unlock app sections as you go.

Find out more and download the mobile app, now:

https://www.oneplusone.org.uk/separating-

better?utm source=referral&utm medium=social&utm campaign=sbaffiliate

For face to face support, go to <u>Getting on better | Shropshire Council</u> and select Free Courses and Workshops.



Disagreements are a normal part of life, and most couples argue from time to time. How you deal with disagreements can make a big difference to you, your partner, and your children.

This free online course can help you learn to manage difficult conversations, avoid conflict, and improve things for your whole family.



Create your free account at www.oneplusone.org.uk/parents or scan the QR code To access the course, you will need a good internet connection and a smartphone, tablet, or computer.





# Getting it right for children

When separated parents argue, it's common for children to feel like they are caught in the middle. This free online course is designed to help separated parents communicate better with each other and parent cooperatively after parting.

You will learn positive communication skills like staying calm, seeing things differently, and speaking for yourself so that you can sort out disagreements with your child's other parent and find solutions together. You can do the course on your own, at your own pace.



Create your free account at www.oneplusone.org.uk/parents or scan the QR code To access the course, you will need a good internet





#### **Health Visiting Information**

Every family with children under 5 has access to a health visitor.

Families can access advice and support up until the age of 5 years old by calling **The Single Point of Access on 0333 358 3654.** 

If parents don't want to talk to someone, they can send a text and one of the team will get back to them on **07520 635212** 

This is a Monday to Friday service 09:30am until 4pm where a Health Visitor is on the line to offer the appropriate advice and support and referrals can be made to the appropriate practitioner.

If parents need extra support or support for potty training, behaviour, sleep, eating we have two Healthy Child practitioner who they can be referred to who will come out to their home or to a clinic to support the family with these issues.

This referral can be completed through the single point of access and sent to the appropriate team.

If it is specialised targeted work the family will be seen by a Health visitor for example low mood or complex development issues, safeguarding or specialised referrals.

All children are seen universally at one years and at two years and they are offered a full health growth and development review via a letter with an appointment.

These are now completed at Cleobury Mortimer Health Centre, Ludlow or Bridgnorth depending on where they live.

# **Celebrating Children's Achievements**



The children representing all the hard work and positive attitudes in our school this week.



#### Numbots:

Rea: Ella Dorrell



**Time Tables Rock Stars:** 

Rea: Florence Andrews

Corve: Cash Donnelly

Severn: Bella Lewis



#### **Spelling Bee:**

Bronze: Libby Grace, Calvin, Ella, Cash, Ruby B and Aslan.



#### **Sports Stars:**

Teme: **Poppy** for her listening skills and graceful bird flying movements in dance.

Rea: Boyd & Halsey partner work in our dance motif.

Corve: **Frankie, Isabelle & Spencer** for their teamwork when taking part in our hockey drills, when push passing & stopping the ball, reminding their group of the different teaching points.

Severn: Lillie for engaging so well in her PE lesson / Harriet for her dance in PE.



**Pride and Presentation**: Award for pupil focus on presentation of work across the curriculum.

Teme: **Poppy** for her clear number formation.

Rea: Grace for her English.

Corve: Esther for her accuracy and effort in her writing.

Severn: **Harrison** for his handwriting in English.



Great Sentence using words of the week:

Teme: Wilfred is standing in front of me. Kitt

Rea: CJ climbed and stumbled up the bus. Boyd

Corve: A chauffeur drove me to a building site, where they would need a chute to send

refuse to the skip. Lincoln

Severn: I went on an expedition in the woods. Ellie



#### **Class Achievers:**

**Teme: Cordelia** for her independent attempt at write a sentence about her weekend.

**Rea: Victoria** for recall of facts from mastering number / **Libby Grace** and **Leo** for great progress in reading fluency.

**Corve: Monty** and **Joey** for their effort and ambition in their writing / **Phoebe** and **Ottilie** for their work on equivalent fractions.

**Severn: Noah** and **Bea** for their progress in maths.



#### **Growing Acts of Kindness**

Children will be selected each week (up to one per year group) for acts of kindness.



Reception: Finley for taking the time to look after someone else's property.

Year 1: **Boyd** for helping a friend in the classroom.

Year 2: Raith for valuing our no outsiders rules and making sure that people are not left out.

Year 3: Lincoln for being helpful.

Year 4: Oliver for sharing.

Year 5: **Bea** for helping one of the younger children with all of their bags when coming into school off the bus.

Year 6: **Harriet** for ensuring Lana didn't walk into the netball post.